

# ECG INTERPRETATION CHEAT SHEET

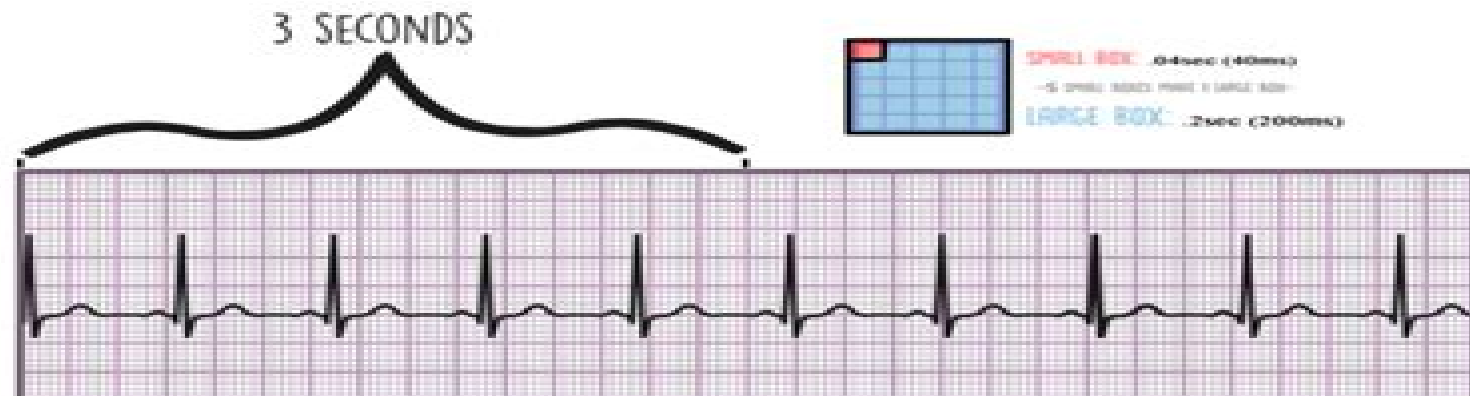
## WHAT EXACTLY IS AN ECG?

An ECG (or *EKG*) – which stands for **ELECTROCARDIOGRAM** – looks at an **electrical tracing** of the cardiac activity within your heart. Changes can indicate structural, mechanical, or electrical issues. The electrical tracing is referred to as a **RHYTHM STRIP**. Depending on the number of electrodes, this gives **various different leads** or views of the heart.

The most common ECG is a 12-lead ECG, which utilizes 10 electrodes to get 12 different views of the heart. However, continuous telemetry monitoring usually utilizes 3-5 electrodes, **viewing only a few important leads**, with a primary lead (*usually Lead II*) being continuously monitored.

Interpreting a 12-lead ECG is advanced – primarily falling on the responsibility of the physician or advanced practice provider (APP). However, **interpreting rhythm strips (in a single lead)** is **super important** for every inpatient nurse to know – especially those working in the ED, ICU, Telemetry, or Cardiac units.

## THE RHYTHM STRIP



# Ekgcard Electrocardiography

**N Noddings**



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