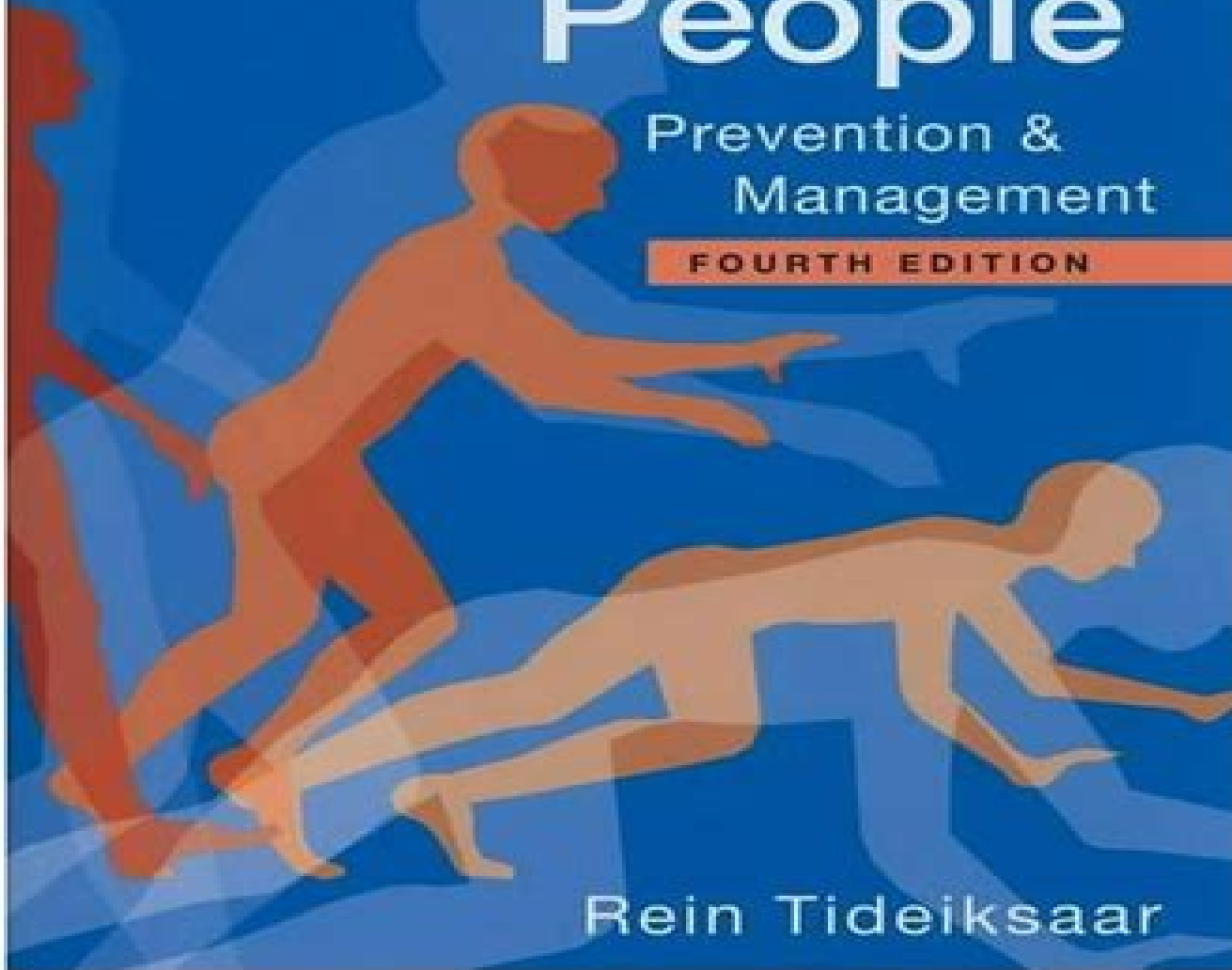


# Falls in Older People

Prevention &  
Management

FOURTH EDITION



Rein Tideiksaar

# Falls In Older People Prevention And Management

**Ying-Ying Zheng**



## **Falls In Older People Prevention And Management:**

Falls in Older Persons Rein Tideiksaar,1998 In both hospitals and long term care facilities it s the older patients and residents who are most prone to falling and most vulnerable to serious injury from a fall Staff must constantly be on the alert for hazardous situations and know how to deal with falls This easy to read guide provides just the right amount of information needed by health care staff to prevent and manage this common problem among older adults This book presents a wealth of practical recommendations modifications equipment and resources that will improve the health and safety of older adult patients and long term care residents BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved

Falls in Older People Rein Tideiksaar,2002 This book provides the practical recommendations modifications types of equipment and resources that will improve the safety health and quality of life of older patients and residents of long term care facilities It also includes photocopiable forms and discharge checklists BOOK JACKET Falls in Older People Rein Tideiksaar,2010 Falls in older people is a comprehensive guide to preventing and managing falls in hospitals and long term care settings Jam packed with practical strategies assessment tools and management practices Falls in Older People includes all the medical rehabilitative and environmental strategies needed in any care setting to protect the safety and health of at risk older adults

**Medication-Related Falls in Older People** Allen R. Huang,Louise Mallet,2016-07-25 Comprising a single repository of knowledge and scientific evidence in the field this book provides strategies to mitigate fall risk by providing information on the complex interactions between aging processes co morbid conditions and prescribed medications in older patients Geriatric health is becoming a more prominent issue as the population ages and balancing the beneficial effects of medication against the potential and real side effects in these patients involves a deliberate and thoughtful task physiologic aging the accumulation of co morbidities and the use of drugs to manage various conditions and symptoms generates a unique set of problems for each patient Falls are a dreaded event in older people The event can affect a person in a physical and psychological manner resulting in soft tissue and bony injury fear of falling and depression The identification of and reduction in fall risks in older people is a worldwide concern and reducing the incidence of falls is a ubiquitous quality measure of health care delivery Heterogeneity amongst older people precludes a single solution However physicians and others involved in the care of geriatric patients will benefit from the presented insights into how medication use can be modified to limit its impact as a contributing factor *WHO Global Report on Falls Prevention in Older Age* ,2008 The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country territory city or area or of its authorities or concerning the delimitation of its frontiers or boundaries ALC would like to thank three institutions for their financial and technical support the Division of Aging and Seniors Public Health Agency of Canada the Department of Healthy Children Women and Seniors British Columbia Ministry of Health and the British Columbia injury

Prevention and Research Unit For example older people tend to for people at the age of 60 and older in describe a fall as a loss of balance whereas Australia Canada and the United Kingdom health care professionals generally refer to of Great Britain and Northern Ireland UK events leading to injuries and ill health 1 For example Environmental factors encapsulate the the loss of muscle strength leads to a loss interplay of individuals physical conditions of function and to a higher level of frailty and the surrounding environment includ which intensifies the risk of falling due to ing home hazards and hazardous features some environmental hazards see Chapter 3 in public environment Health economic status of individuals as well as care impacts and costs of falls in older age the capacity of the community to challenge are significantly increasing all over the them Evidence-Based Practices to Reduce Falls and Fall-Related Injuries Among Older Adults Cassandra W. Frieson,Maw Pin Tan,Marcia G. Ory,Matthew Lee Smith,2018-09-20 Falls and fall related injuries among older adults have emerged as serious global health concerns which place a burden on individuals their families and greater society As fall incidence rates increase alongside our globally aging population fall related mortality hospitalizations and costs are reaching never seen before heights Because falls occur in clinical and community settings additional efforts are needed to understand the intrinsic and extrinsic factors that cause falls among older adults effective strategies to reduce fall related risk and the role of various professionals in interventions and efforts to prevent falls e g nurses physicians physical therapists occupational therapists health educators social workers economists policy makers As such this Research Topic sought articles that described interventions at the clinical community and or policy level to prevent falls and related risk factors Preference was given to articles related to multi factorial evidence based interventions in clinical e g hospitals long term care facilities skilled nursing facilities residential facilities and community e g senior centers recreation facilities faith based organizations settings However articles related to public health indicators and social determinants related to falls were also included based on their direct implications for evidence based interventions and best practices Nursing Care of Older People Andrew Hindle,Alison Coates,2011-02-10 Nursing care of older people provides a new contemporary evidence based and practical guide to meeting the holistic health needs of older patients With a clear and engaging style the authors outline a rigorous and robust account of underlying principles and evidence with tools and tips for best nursing practice This comprehensive textbook examines the changes brought about by the ageing process to both physical and mental health as well as learning disabilities Providing essential insights necessary to deliver high quality nursing in primary and hospital care this text covers a wide range of issues and clinical topics Learning is aided by case studies nursing insights activities and reflection enabling readers to apply theory to practice This text is particularly useful for pre and post registration student nurses qualified nursing staff and other healthcare professionals working alongside nurses to deliver care to older people The online resource centre to accompany Nursing care of older people features For students and lecturers Additional interactive case studies National policy links Website links to national older people organizations charities and support groups and links

to journals on older patients in health care Audio podcasts on the nursing care of older people      **A Comprehensive Guide to Safety and Aging** Barry S. Eckert, Robert Wolf, Amy R. Ehrlich, 2023-06-16 This book is a comprehensive survey on safety for older adults It contains contributions by experts from over a dozen disciplines including physicians audiologists optometrists mental health professionals lawyers occupational therapists and policy makers This multi disciplinary approach provides a new and expansive conceptual framework for health care professionals students policymakers and others who care for older adults and promotes an understanding of the many challenges that adults face as they age This book describes the complex range of issues that need to be considered when safeguarding older adults We hope that this book will be of benefit to anyone currently working or training to work with older adults helping them to fully appreciate the many safety issues that can arise The book will be also be useful for both older adults and their caregivers helping them to identify and address areas of concern Our goal is to mitigate injury or other harm through an increased understanding of the risks encountered by older adults This text will also appeal to professionals and graduate students in the fields of human factors and ergonomics occupational health and safety      Nursing for Wellness in Older Adults Carol A. Miller, 2009 Now in its Fifth Edition this text provides a comprehensive and wellness oriented approach to the theory and practice of gerontologic nursing Organized around the author s unique functional consequences theory of gerontologic nursing the book explores normal age related changes and risk factors that often interfere with optimal health and functioning to effectively identify and teach health promotion interventions The author provides research based background information and a variety of practical assessment and intervention strategies for use in every clinical setting Highlights of this edition include expanded coverage of evidence based practice more first person stories new chapters and clinical tools such as assessment tools recommended by the Hartford Institute of Geriatric Nursing      Physical Management for Neurological Conditions E-Book Maria Stokes, Emma Stack, 2011-04-19 The third edition of this popular textbook formerly Physical Management in Neurological Rehabilitation and now renamed Physical Management for Neurological Conditions maintains its scientific and research base with extensive use of references and case studies It is the only book for physiotherapists that offers a comprehensive overview of the basic principles of neurological rehabilitation specific neurological neuromuscular conditions and the related physiotherapy treatment approaches used Important areas which feature throughout are discussed in relation to the different neurological conditions and include a non prescriptive multidisciplinary problem solving approach to patient management involvement of the patient and carer in goal setting and decision making client centred practice use of outcome measures to evaluate the effects of treatment in everyday practice use of case studies to illustrate clinical practice scientific evidence of treatment effectiveness Additional specialist editor Dr Emma Stack Refined content but with the inclusion of 4 brand new chapters an introductory chapter on rehabilitation in practice one on respiratory management and two covering self management and falls under the section entitled Skill Acquisition and Learning 11 new expert contributors join the reduced

contributor team of 31      *Handbook of Geriatric Care Management* Cathy Cress, 2011-03-30 A comprehensive guide for Geriatric Care Managers GCMs to help define duties and procedures while providing guidelines for setting up a geriatric care practice from publisher description      *Falls in Older People* Stephen R. Lord, Catherine Sherrington, Hylton B. Menz, Jacqueline C. T. Close, 2007-03-01 Since the first edition of this very successful book was written to synthesise and review the enormous body of work covering falls in older people there has been an even greater wealth of informative and promising studies designed to increase our understanding of risk factors and prevention strategies This second edition first published in 2007 is written in three parts epidemiology strategies for prevention and future research directions New material includes recent studies covering balance studies using tripping slipping and stepping paradigms sensitivity and depth perception visual risk factors neurophysiological research on automatic or reflex balance activities and the roles of syncope vitamin D cataract surgery health and safety education and exercise programs This edition will be an invaluable update for clinicians physiotherapists occupational therapists nurses researchers and all those working in community hospital and residential or rehabilitation aged care settings      **Care for the Older Adult in the Emergency Department, An Issue of Clinics in Geriatric Medicine** Michael Malone, Kevin Biese, 2018-07-28 This issue of Clinics in Geriatric Medicine guest edited by Drs Michael Malone and Kevin Biese is devoted to Care for the Older Adult in the Emergency Department Articles in this outstanding issue include Approach to the Older Patient in the Emergency Department Ten Best Practices for Older Adults in the Emergency Department Delirium and Dementia Falls and Geriatric Trauma Older Adults in the Emergency Department with Frailty Communication Strategies to Better Care for Older Individuals in the Emergency Department Systems based Practice to Improve Care Within and Beyond the Emergency Department Common Medication Management Approaches for Older Adults in the Emergency Department Elder Abuse and Neglect Care of those with end of life needs Advanced illnesses in the Emergency Department Behavioral Health Needs of Older Adults in the Emergency Department and Pain Management Strategies for Older Adults      **Porth's Pathophysiology** Sheila Grossman, 2013-08-13 Featuring brilliant art engaging new case studies and dynamic new teaching and learning resources this 9th edition of Porth's Pathophysiology Concepts of Altered Health States is captivating accessible and student friendly while retaining the comprehensive nursing focused coverage that has made it a market leader The book's unique emphasis on concepts of altered health states as opposed to factual descriptions of diseases and disorders helps students grasp both the physical and psychological aspects of altered health Drawing on the expertise of new co author Sheila Grossman the Ninth Edition maintains its comprehensive depth while paring down content where appropriate and replacing descriptive content with striking art Approximately 600 illustrations are new or have been re-rendered in a consistent modern style Also new to this edition are advanced 3D narrated animations that address the most clinically relevant and difficult to understand disorders engaging unit opening case studies that reinforce critical thinking and set the tone for the content to come and a wide range

of built in study tools Now for the first time Porth's Pathophysiology is supported by PrepU an adaptive learning system that help students learn more while giving instructors the data they need to monitor each student's progress strengths and weaknesses

**Falls in Older People** Stephen R. Lord, Catherine Sherrington, Hylton B. Menz, 2001 Covering epidemiology evidence based risk assessment and falls prevention strategies this book will be invaluable to all involved with health care of the elderly

Falls in Older People Stephen R. Lord, Catherine Sherrington, Vasi Naganathan, 2021-11-04 A concise up to date guide to the understanding prevention and treatment of falls in older adults covering recent advances in research

**Falls in Older Persons** Rein Tideiksaar, 1993

**Challenges of Latino Aging in the Americas** William A. Vega, Kyriakos S. Markides, Jacqueline L. Angel, Fernando M. Torres-Gil, 2015-03-18 This book examines one of the most important demographic changes facing the United States an overall aging population and the increasing influence of Latinos It also looks at the changing demographics in Mexico and its impact on the health and financial well being of aging Mexicans and Mexican Americans The book provides a conceptual and accessible framework that will educate and inform readers about the interconnectedness of the demographic trends facing these two countries It also explores the ultimate personal social and political impact they will have on all Americans in the U S as well as Mexico Challenges of Latino Aging in the Americas features papers presented at the 2013 International Conference on Aging in the Americas held at the University of Texas at Austin September 2013 It brings together the work of many leading scholars from the fields of sociology demography psychology anthropology geography social work geriatric medicine epidemiology and public affairs Coverage in this edited collection includes working with diverse populations culturally compatible interventions for diverse elderly the health mental health and social needs and concerns of aging Latinos and the policy political and bilateral implications of aging and diversity in the U S and Mexico The book provides a rich blend of empirical evidence with insightful cutting edge analysis that will serve as an insightful resource for researchers and policy makers professors and graduate students in a wide range of fields from sociology and demography to economics and political science

**Neurotrauma and Critical Care of the Brain** Jack Jallo, Christopher M. Loftus, 2011-01-01 In Neurotrauma and Critical Care of the Brain leading clinicians present widely accepted guidelines and evidence based practices for the management of patients with traumatic brain injury Divided into five main sections the book guides the clinician through the science management critical care outcomes and important socioeconomic issues relevant to patient care Special Features Offers the valuable team approach and recommendations of renowned surgeons clinicians rehabilitation specialists and researchers Includes guidelines for injuries ranging from mild to moderate severe and penetrating and for treating brain injury in children Covers the related intensive care issues of neurologic pulmonary cardiovascular and infection management and nutrition and fluid control Reviews fundamental science concepts including pathophysiology monitoring and imaging biomarkers and classification systems for brain injury Provides hundreds of concise summary tables and illustrations to help digest complex information Discusses

ethics and important end of life issues With an integrated management approach to injury and rehabilitation that goes well beyond initial surgery Neurotrauma and Critical Care of the Brain will enable neurosurgeons neurologists physicians in trauma critical care and rehabilitation medicine and residents in these specialties to optimize patient care and outcomes It is also useful as a guide for board exam preparation The companion volume to this book is Neurotrauma and Critical Care of the Spine     Physical Management for Neurological Conditions E-Book Sheila Lennon,Gita Ramdharry,Geert

Verheyden,2018-07-28 The second edition of the Neurological Physiotherapy Pocketbook is the only book for physiotherapists that provides essential evidence based information in a unique and easy to use format applicable to clinical settings Written by new international editors and contributors this pocketbook provides quick and easy access to essential clinical information Comprehensive and handy reference on physical management and movement limitations suitable to any health care context and environment Use of eclectic approach which focuses on selecting the appropriate evidence based tools to assess and treat neurological conditions without subscribing to any specific treatment approaches International case studies are presented to provide worldwide scientific evidence Fully revised by international contributors with the inclusion of 8 new chapters covering Common impairments Inherited neurological disorders Complex case management Virtual reality and interactive gaming technologies



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