



Helping Chemically Dependent Partake in Treatment

Help At Last A Complete Guide To Coping With Chemically Dependent Men

**Charles B. Inlander, People's Medical
Society (U.S.)**



Help At Last A Complete Guide To Coping With Chemically Dependent Men:

Addiction and Pregnancy Laura M. Sanders, Barry R. Sherman, Chau Trinh, 1998-08-27 Pioneering evidence is presented in this book to support the effectiveness of peer counseling for substance abuse treatment of pregnant women and their families The introduction by Barry R Sherman describes his personal experience as a behavioral scientist doing work in a culture other than his own A comprehensive overview of the crack epidemic and its impact on women is followed by an up to date account of acupuncture in addiction treatment The authors use the theory and principles of social learning to justify the peer counselor model known as SISTERS Chapters include discussions of conducting culturally competent research development and validation of the Abstinence Self Efficacy Scale ASES and the Traumatic Life Events TLE Inventory as well as the social support systems of drug dependent women Both quantitative and qualitative methods are used to evaluate program impact A urine toxicology index of sobriety as well as empirical measures of psychosocial functioning and client satisfaction demonstrate sufficient success and cost effectiveness of the program to warrant serious support by health care providers and insurance companies

Psychotherapy of Addicted Persons Edward Kaufman, 1994-08-05 For many practitioners sifting through the diverse and complex methods available for treating substance abusers can be just as daunting as working with the addict Drawing on over 30 years of experience Edward Kaufman has developed a pragmatic approach to treatment that systematically integrates techniques from a variety of influences from object relations and cognitive behavioral therapy to structural family therapy and the Twelve Step movement Covering the myriad problems encountered with alcoholics and addicts he presents a workable approach that can be utilized by a broad audience of therapists at varying levels of training in psychotherapy and or substance abuse Each of the chapters provides the details necessary for understanding and treating the substance abuser with psychodynamic therapy The book outlines the personality and psychopathology of addicted persons taking into account psychodynamic theory codependent patterns and risk factors that may predispose individuals to substance abuse Recognizing the gender specificity of certain issues the book then describes topics relevant to addicted women with discussion of personality traits gender specific considerations for psychotherapy feminist therapy and how women fare in Twelve Step groups A chapter on defense mechanisms focuses on denial projection and rationalization and another chapter describes the three most common personality disorders among addicted persons antisocial narcissistic and borderline Illustrating the approach with case histories the author describes his three phase psychotherapeutic method The first phase assessment to abstinence involves evaluation motivation detoxification incorporating the family and social network developing a method for abstinence and delineating a workable treatment contract The second phase early recovery sobriety focuses on methods for helping an abuser remain drug and alcohol free Relapse prevention strategies and a variety of coping methods are outlined and methods are presented for teaching abusers to recognize situations that may provoke their use of drugs the reasons for relapse and the psychodynamics of their

addictions Finally the third phase advanced recovery intimacy and autonomy addresses such issues as the ability to love in an intimate way self sufficiency in work and creativity and the development of relaxing pleasurable leisure skills The therapist s role in transference and countertransference and the substantial value of interactional methods to create change particularly in clients with personality disorders are examined The book s final chapters focus on the integration of group and family therapy with the proposed individual therapy model A phase related model of group therapy is presented and multiple family and couples groups are discussed with a synthesis of several family therapy approaches that emphasize structural and psychodynamic family techniques Valuable to a wide audience of mental health professionals working with substance abusers this book will help the addiction therapist to utilize psychodynamic constructs more effectively and the psychotherapist to incorporate the tools of such programs as Alcoholics Anonymous It is also ideal as a primary text or supplemental reading for courses dealing with the treatment of substance abuse *Educating Yourself About Alcohol and Drugs* Marc Alan

Schuckit,2013-11-21 Dr Schuckit one of the world s leading authorities in the field of drug and alcohol abuse empowers us to confront the myths anxieties and ignorance standing in the way of squarely assessing whether or not a problem exists Drawing on a wealth of the most up to date research available Dr Schuckit provides the solid facts needed to answer the pressing questions an abuser must face How do the various drugs of abuse work on the body and what dangers do they pose What are the warning signs of a growing addiction Where can help be found for devising the right strategy for recovery

Dual Diagnosis Joel Solomon,Sheldon Zimberg,Edward Shollar,1993-12-31 This book grew out of a project to improve evaluation and treatment of dual diagnosis patients at St Luke s Roosevelt Hospital Center in New York City Based on such practical experience the clinical information and case studies presented here will enable clinicians teachers and researchers to enhance services for this grossly underserved population *Help at Last* Edward Kaufman,1991 **Men's Health and Wellness Encyclopedia** Charles B. Inlander,People's Medical Society (U.S.),1998 Designed to be the first place men can turn to when any question about their health arises this comprehensive reference covers a wealth of men s health topics from conditions to tests from treatments to medicine addressing the most relevant topics in a straightforward candid and thorough way 15 line drawings **Bibliographic Index** ,1991 *The Men's Bibliography* Michael Flood,1995 *Publishers Weekly* ,1990 Subject Guide to Children's Books in Print 1997 Bowker Editorial Staff,R R Bowker Publishing,1996-09

Families in Society ,2001 **Readings** ,1986 International Journal of Biosocial and Medical Research ,1991

American Book Publishing Record ,2001 *American Medical Association Complete Guide to Men's Health* Angela Perry, M.D.,2008-04-21 Men are often reluctant to discuss issues that are important to their general health and well being This one of a kind guide provides helpful information in an easy to read format on major health concerns including diet and nutrition exercise sexuality and emotional health This guide should help men make better decisions about their health Jeffrey P Koplan M D M P H Director Centers for Disease Control and Prevention CDC Guidelines for staying healthy at any age

Overviews of the body's systems and organs heart and lungs reproductive system brain and nervous system urinary system bones and joints and the immune system Explanations of the major diseases and their treatments including heart disease diabetes high blood pressure cancer drug abuse and depression Sensitive discussions of sexuality and reproduction including sexual dysfunction prostate health stds birth control and age related changes to sex and sexuality Diet and exercise guidelines Dozens of tables boxes and charts on key topics Quick reference format for finding the answers you need

Subject Guide to Books in Print, 1997 Medical and Health Care Books and Serials in Print, 1997 **Canadian Journal of Psychiatry**, 1991 **Substance Use Among Women** Ann M. Pagliaro, Louis A. Pagliaro, 2000 First published in 2000 Routledge is an imprint of Taylor Francis an informa company Substance Use Among Women Louis A. Pagliaro, Anne Marie Pagliaro, 2013-01-11 There is increasing concern among all health and social care professionals about substance use among women Of particular concern is the consequence of substance use on the physical mental and social well being of women and also the repercussive effect on their children families and communities **Substance Abuse Among Women** speaks directly to the helping professionals and students trying to understand the various aspects of substance use among women and the crisis that it has become This comprehensive text is a compilation of theoretical empirical and clinical knowledge concerning key topics associated with substance use among women The early chapters provide an overview of the issues with attention to the nature and extent of substance use among women The text features a new empirically based assessment model developed by the authors as well as a variety of modern theories and treatment interventions Critical developmental issues including the toxic effects effects of substance use during and after pregnancy and the effects of substance use on healthy aging are included Many important issues are also explored including major depression and other mental disorders dual diagnosis sexual abuse and high risk lifestyles This useful and informative resource concludes with chapters devoted to strategies used in clinical practice These chapters rich in detail will enable readers to select and apply these strategies to their own clinical practice

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