Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS)

Symptoms include:













Joint pain.

Headaches.

Muscle aches.

Less common symptoms include:







Chills.



Night sweats.



Swollen lymph nodes.



Dizzines and fainting.



Tingling or numbness.



Mood swings, irritability and anxiety.



Ending Fatigue And Depression A Patients Manual

Puja Mehta

Ending Fatigue And Depression A Patients Manual:

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