# The End of Over-consumption Marius de Geus

Towards a Lifestyle of Moderation and Self-restraint

**Lucie Middlemiss** 

**Promoting Sustainable Living** Justyna Karakiewicz, Audrey Yue, Angela Paladino, 2015-05-01 Current images of sustainability are often designed to instil fear and force change not because we believe in it but because we fear the consequences of inaction Moving away from negative portrayals of sustainability this book identifies the factors that motivate people to aspire towards sustainable living It introduces the notion of sustainability as an object of desire that will allow people not to be scared of the future but rather to dream about it and look forward to a better quality of life Tracing the history of major changes in our society that have dramatically altered our perceptions beliefs and attitudes about sustainability the book analyses the role of communications in persuading people of the benefits of sustainable living It describes our current desires and dreams and explains why we need to change Finally the book suggests what could be done to not only make sustainability an object of desire but also introduce hopes and dreams for a better future into our everyday lives This inspiring and interdisciplinary book provides innovative insights for researchers students and professionals in a range of disciplines in particular environment and sustainability sustainable marketing and advertising and psychology

Global Issues in Contemporary Hispanic Women's Writing Estrella Cibreiro, Francisca López, 2013 Carolyn Tuttle led a group that interviewed 620 women maguila workers in Nogales Sonora Mexico The responses from this representative sample refute many of the hopeful predictions made by scholars before NAFTA and reveal instead that little has improved for maquila workers The women's stories make it plain that free trade has created more low paying jobs in sweatshops where workers are exploited Families of maguila workers live in one or two room houses with no running water no drainage and no heat The multinational companies who operate the maguilas consistently break Mexican labor laws by requiring women to work more than nine hours a day six days a week without medical benefits while the minimum wage they pay workers is insufficient to feed their families These findings will make a crucial contribution to debates over free trade CAFTA DR and the impact of globalization The book visits continuities and discontinuities among Spanish and Latin American women with regards to the ways in which they approach writing as a political weapon to express ecological concerns to denounce social injustice to re articulate existing paradigms such as local versus global violence versus pacifism immigrant versus citizen and to raise consciousness about racist sexist and other discriminatory practices Such use of writing as an instrument of ethical and political exploration is underlined throughout the different articles in the volume as the authors emphasize pluralism social justice gender equality tolerance and political representation This book offers readers a broad perspective on the multiple ways in which Hispanic women writers are explicitly exploring the social political and economic realities of our era and integrating global perspectives and gender concerns into their writing highlighting the unprecedented level of sociopolitical engagement practiced by 20th and 21st century Hispanic women writers The ^AOxford Handbook of Consumption Dr. Frederick F. Wherry, Dr. Ian Woodward, 2019-09-09 The Oxford Handbook of Consumption examines the

most pressing questions addressed by consumption studies scholars today The volume counteracts the tendency towards disciplinary myopia as it engages scholars from around the world drawing on sociology anthropology psychology history and consumption studies The volume s thirty one chapters are organized around six themes facilitating cross disciplinary The Politics of Actually Existing Unsustainability John Barry, 2012-02-23 At the level of developing a progressive and critical theoretical understanding of unsustainability it argues for the importance of integrating vulnerability which has been largely neglected by both mainstream western political theory and analyses of the current global ecological crisis It suggests that valuable insights into the causes of and alternatives to unsustainability can be found in a critical embracing of human vulnerability and dependency as both constitutive and ineliminable aspects of what it means to be human Rather than seeing invulnerability as the appropriate response the book defends resilience and the ability to cope with rather than solve vulnerability as more productive The Transition to Sustainable Living and Practice Liam Leonard, John Barry, 2009-12-21 Offers a series of insights into real alternatives to the economic malaise with an examination of key themes such as transition towns traditional villages new green financial concepts the sustainable utopia sustainability and activism ecofeminism green protectionism intentional communities and a green philosophy of money Handbook of Environmental Political Theory Teena Gabrielson, Cheryl Hall, John M. Meyer, David Schlosberg, 2016-01-07 Set at the intersection of political theory and environmental politics yet with broad engagement across the environmental social sciences and humanities The Oxford Handbook of Environmental Political Theory defines illustrates and challenges the field of environmental political theory EPT Featuring contributions from distinguished political scientists working in this field this volume addresses canonical theorists and contemporary environmental problems with a diversity of theoretical approaches The initial volume focuses on EPT as a field of inquiry engaging both traditions of political thought and the academy In the second section the handbook explores conceptualizations of nature and the environment as well as the nature of political subjects communities and boundaries within our environments A third section addresses the values that motivate environmental theorists including justice responsibility rights limits and flourishing and the potential conflicts that can emerge within between and against these ideals The final section examines the primary structures that constrain or enable the achievement of environmental ends as well as theorizations of environmental movements citizenship and the potential for Too Many People? Ian Angus, Simon Butler, 2011 Too Many People provides a on going environmental action and change clear well documented and popularly written refutation of the idea that overpopulation is a major cause of environmental destruction arguing that a focus on human numbers not only misunderstands the causes of the crisis it dangerously weakens the movement for real solutions No other book challenges modern overpopulation theory so clearly and comprehensively providing invaluable insights for the layperson and environmental scholars alike Ian Angus is editor of the ecosocialist journal Climate and Capitalism and Simon Butler is co editor of Green Left Weekly Bioregionalism and Global Ethics

Richard Evanoff, 2010-09-13 While a number of schools of environmental thought including social ecology ecofeminism ecological Marxism ecoanarchism and bioregionalism have attempted to link social issues to a concern for the environment environmental ethics as an academic discipline has tended to focus more narrowly on ethics related either to changes in personal values or behavior or to the various ways in which nature might be valued What is lacking is a framework in which individual social and environmental concerns can be looked at not in isolation from each other but rather in terms of their interrelationships In this book Evanoff aims to develop just such a philosophical framework one in which ethical questions related to interactions between self society and nature can be discussed across disciplines and from a variety of different perspectives The central problem his study investigates is the extent to which a dichotomized view of the relationship between nature and culture perpetuated in ongoing debates over anthropocentric vs ecocentric approaches to environmental ethics might be overcome through the adoption of a transactional perspective which offers a more dynamic and coevolutionary understanding of how humans interact with their natural environments Unlike anthropocentric approaches to environmental ethics which often privilege human concerns over ecological preservation and some ecocentric approaches which place more emphasis on preserving natural environments than on meeting human needs a transactional approach attempts to create more symbiotic and less conflictual modes of interaction between human cultures and natural environments which allow for the flourishing of both Moral Theory and Climate Change Dale E. Miller, Ben Eggleston, 2020-04-02 Climate change has become the most pressing moral and political problem of our time Ethical theories help us think clearly and more fully about important moral and political issues And yet to date there have been no books that have brought together a broad range of ethical theories to apply them systematically to the problems of climate change This volume fills that deep need Two preliminary chapters an up to date synopsis of climate science and an overview of the ethical issues raised by climate change set the stage After this ten leading ethicists in ten separate chapters each present a major ethical theory or more broadly perspective and discuss the implications of that view for how we decide to respond to a rapidly warming planet Each chapter first provides a brief exposition of the view before working out what that theory has to say about climate change and our response to the problems it poses Key features Up to date synopsis of climate science Clear overviews of a wide range of ethical theories and perspectives by leading experts Insightful discussions of the implications of these theories and perspectives for our response to climate change A unique opportunity to assess the relative strengths and weaknesses of various ethical viewpoints Sustainable Consumption and the Good Life Karen Lykke Syse, Martin Lee Mueller, 2014-11-20 What does it mean to live a good life in a time when the planet is overheating the human population continues to steadily reach new peaks oceans are turning more acidic and fertile soils the world over are eroding at unprecedented rates These and other simultaneous harms and threats demand creative responses at several levels of consideration and action Written by an international team of contributors this book examines in depth the relationship

between sustainability and the good life Drawing on wealth of theories from social practice theory to architecture and design theory and disciplines such as anthropology and environmental philosophy this volume promotes participatory action research based approaches to encourage sustainability and wellbeing at local levels It covers topical issues such the politics of prosperity globalization and indigenous notions of the good life and happiness Finally it places a strong emphasis on food at the heart of the sustainability and good life debate for instance binding the global south to the north through import and exports or linking everyday lives to ideals within the dream of the good life with cookbooks and shows This interdisciplinary book provides invaluable insights for researchers and postgraduate students interested in the contribution of the environmental humanities to the sustainability debate Handbook of Environmental Political Theory in the Anthropocene Amanda Machin, Marcel Wissenburg, 2025-03-12 This Handbook provides a comprehensive overview of the transforming landscape of environmental political theory Embracing both classical and marginalised approaches in the field it demonstrates the central role of political theory in rethinking the strategies discourses and imaginaries of the Anthropocene epoch This title contains one or more Open Access chapters **Utopias, Ecotopias and Green Communities** Liam Leonard, 2007-01-01 Advances in Ecopolitics includes a range of publications which each discuss a significant element in the environmental theory which now represent an important aspect of sustainable living This series has now got a new title Advances in Sustainability and Environmental Justice Editorial Objectives This series provides a series of insights into real alternatives to the current economic malaise with an examination of key themes such as transition towns sustainable utopias co operative farming sustainability and activism ecofeminism green protectionism intentional communities environmental justice environmental movements green philosophies politics and green economics Topicality The series provides a series of environmental alternatives which require our fullest consideration in light of the ongoing economic downturn which has accompanied the latest incarnation of unsustainable practices It provides a forum for debate about a positive set of sustainable alternatives which set out an understanding that another world is possible Key Benefits This book series is essential reading for all academics researchers and practioners who are involved in the areas of environmentalism and it Acts as a forum for debate and enables the publication of papers which establish understanding of environmentalism and sustainability Provides a unique opportunity for the exchange of peer reviewed knowledge on the widest extent of environmental and ecological issues Allows for the establishment of working networks of environmental academics from across the globe Key Audiences This series particularly encourages academics researchers and practitioners from Europe North America and from developing nations to share their experience knowledge and practices with an international audience Contributors from across the globe that focus on issues and research which will affect and inform ecopolitical studies are welcome to submit work for consideration in the series Coverage The series encourages well written articles with the focus on interdisciplinary international and comparative standpoints on contemporary management issues

Coverage includes but is not restricted to Ecological politics Sustainable development Environmental philosophy Green party politics Environmental economics Environmental movements Ecofeminism Sustainable living practices The Green Light Bernard Charbonneau, 2018-06-14 The Green Light Le Feu Vert offers an original and profound exploration of the roots of environmental philosophy and the Anthropocene Bernard Charbonneau situates the wellspring of the ecological movement in the dialectics of Nature and Freedom and their needful but uneasy joining against the totalizing system of technological society that threatens them both Using this paradoxical tension as a vardstick he probes the ways in which concepts of Nature have developed as industrialization became second nature and jeopardized the original taken for granted until its advent This allows Charbonneau to explain how movements and policies claiming to deal with this issue have gone wrong A spirited critique of how the environmental movement has taken shape in relation to philosophy politics theology and contemporary culture this book written in 1980 is representative of an oft overlooked strand of French environmentalist thought as a look back on its first decade in the public eye by a man who had originated political ecology half a century earlier Charbonneau can be said to have prepared the way for many current concerns within environmental thought the tension between liberalism and ecologism in green political theory the wider question of the compatibility of ecological imperatives with supposedly foundational freedoms under capitalism the discussions over how to balance existing democratic structures with environmental goals the tensions between radical and reformist strategies within green movements the controversy over the core values of ecological politics in a world transformed by climate change and peak everything and the proper attitude of environmental movements to institutional science This ground breaking work should be front and centre of the debates that he anticipated while giving a timely perspective on the interconnected questions of nature and human freedom This first English translation of a work by Bernard Charbonneau provides not only a vivid account of environmental philosophy but an introduction to this important author s thought Environmental Philosophy Liam Leonard, John Barry, Marius De Geus, 2013-10-24 What impact are we having on the environment around us How can we limit the effect of human life on the natural world These questions and more are considered in Advances in Sustainability and Environmental Justice volume 13 which looks at environmental philosophy humanity s place in the world and how we can live in harmony Excess Kim Humphery, 2013-04-23 Over consumption is one of the key issues of our time especially in the with our planet Western world Over the past decade in the face of historically unprecedented levels of consumer spending in the West and the more recent impact of recession a vigorous politics of anti consumerism has emerged in a range of wealthy nations This timely and original new book provides a comprehensive overview and analysis of what has come to be called the new politics of consumption a politics embodied in movements such as culture jamming simple living slow food and fair trade The book offers an examination of anti consumerism at a time when the idea of consumer excess is being re framed by a global economic downturn and crucially explores what this means for the future of political debate Drawing on interviews with

activists across three continents and offering a refreshingly accessible discussion of contemporary commentary and theory Kim Humphery sympathetically explores anti consumerism as cultural interpretation lifestyle change and collective action Whilst analysing the positive advances of the anti consumerist movement Excess also challenges contemporary critical thinking on consumption taking issue with the return to theories of mass culture in contemporary anti consumerist polemic Alternatively Humphery begins to forge a politics of anti consumerism that addresses the complexity of material acquisition and which avoids treating consumers as mere dupes in the logic of capitalism viewing them instead as active participants in a culture which is capable of transformation **Utopianism for a Dying Planet** Gregory Claeys, 2024-12-10 How the utopian tradition offers answers to today s environmental crises In the face of Earth s environmental breakdown it is clear that technological innovation alone won t save our planet A more radical approach is required one that involves profound changes in individual and collective behavior Utopianism for a Dying Planet examines the ways the expansive history of utopian thought from its origins in ancient Sparta and ideas of the Golden Age through to today s thinkers can offer moral and imaginative guidance in the face of catastrophe The utopian tradition which has been critical of conspicuous consumption and luxurious indulgence might light a path to a society that emphasizes equality sociability and sustainability Gregory Claeys unfolds his argument through a wide ranging consideration of utopian literature social theory and intentional communities He defends a realist definition of utopia focusing on ideas of sociability and belonging as central to utopian narratives He surveys the development of these themes during the eighteenth and nineteenth centuries before examining twentieth and twenty first century debates about alternatives to consumerism Claeys contends that the current global warming limit of 1 5C 2 7F will result in cataclysm if there is no further reduction in the cap In response he offers a radical Green New Deal program which combines ideas from the theory of sociability with proposals to withdraw from fossil fuels and cease reliance on unsustainable commodities An urgent and comprehensive search for antidotes to our planet s destruction Utopianism for a Dying Planet asks for a revival of utopian ideas not as an escape from reality but as a powerful means of changing it Future as Fairness Anne K. Haugestad, J. D. Wulfhorst, 2004 Twenty years after the establishment of the World Commission on Environment and Development the 13 contributions in this interdisciplinary volume offer a broad spectrum of perspectives and research based recommendations on environmental sustainability social justice and the human enterprise The cases explored cover global citizenly rights and obligations environmental health ecological building practices tradable fuel permits forestry and illegal logging local waste management employment and risk assessments the genetic modification debate nuclear and toxic waste global environmental governance and 500 years of globalization Liberal Democracy and Environmentalism Yoram Levy, Marcel Wissenburg, 2004-07-31 In recent decades environmental issues have increasingly been incorporated into liberal democratic thought and political practice Environmentalism and ecologism have become fashionable even respectable schools of political thought This apparently successful integration of environmental

movements issues and ideas in mainstream politics raises the question of whether there is a future for what once was a counter movement and counter ideology Liberal Democracy and Environmentalism provides a reflective assessment of recent developments social relevance and future of environmental political theory concluding that although the alleged pacification of environmentalism is more than skin deep it is not yet quite deep enough This book will appeal to students and researchers of social science and philosophers with an interest in environmental issues Sustainable Consumption Lucie Middlemiss, 2018-06-04 Sustainable Consumption Key Issues provides a concise introduction to the field of sustainable consumption outlining the contribution of the key disciplines in this multi disciplinary area and detailing the way in which both the problem and the potential for solutions are understood Divided into three parts the book begins by introducing the concept of sustainable consumption outlining the environmental impacts of current consumption trends and placing these impacts in social context The central section looks at six contrasting explanations of sustainable consumption in the public domain detailing the stories that are told about why people act in the way they do This section also explores the theory and evidence around each of these stories linking them to a range of disciplines and approaches in the social sciences The final section takes a broader look at the solutions proposed by sustainable consumption scholars and practitioners outlining the visions of the future that are put forward to counteract damage to environment and society Each chapter highlights key authors and real world examples to encourage students to broaden their understanding of the topic and to think critically about how their daily lives intersect with environmental and ethical issues Exploring the ways in which critical thinking and an understanding of sustainable consumption can be used in daily life as well as in professional practice this book is essential reading for students academics professionals and policy makers with an interest in this growing field A brief history of thrift Alison Hulme, 2019-07-04 This book surveys thrift through its moral religious ethical political spiritual and philosophical expressions focussing in on key moments such as the early Puritans and Post war rationing and key characters such as Benjamin Franklin Samuel Smiles and Henry Thoreau The relationships between thrift and frugality mindfulness sustainability and alternative consumption practices are explained and connections made between myriad conceptions of thrift and contemporary concerns for how consumer cultures impact scarce resources wealth distribution and the Anthropocene Ultimately the book returns the reader to an understanding of thrift as it was originally used to thrive and attempts to re cast thrift in more collective economically egalitarian terms reclaiming it as a genuinely resistant practice

Unveiling the Magic of Words: A Report on "End Of Overconsumption Towards A Lifestyle Of Moderation And Selfrestraint"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is actually aweinspiring. Enter the realm of "End Of Overconsumption Towards A Lifestyle Of Moderation And Selfrestraint," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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## **End Of Overconsumption Towards A Lifestyle Of Moderation And Selfrestraint Introduction**

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