Fam Proc 21:483-503, 1982.

#### BOOKS

The Family's Construction of Reality, by David Reiss, Cambridge, Mass., Harvard University Press, 1981, 426 pp. 526.00 cloth.

The main objective of Reiss's book is "to develop a theory of family process focusing on the transactions of the family with its social world" (p. 373). He has succeeded admirably. The Family's Construction of Reality is a seminal work with a remarkable mix of depth and range. Reiss presents not only the ideas he has evolved but also how he arrived at them. Thus, methodological "trivia" and the sweep of new theory receive the same poinstakingly thoughtful regard.

Reiss's theory—the result of a fifteen-year research effort—centers on the concept of paradigm, a concept borrowed from Kahin's (3) analysis of scientific process. Paradigms function both as framing assumptions and as patterns of family action. As framing assumptions, they specify for family members certain fundamental properties of the perceptual world: how the perceptual world is to be investigated; what conclusions can be drawn from those investigations; and how such conclusions shape a range of family action. As organizing patterns of daily living, paradigms shape the family's relationship with its social environment, synchronize each member's action and planning with others in the family, and maintain the family's continuity with its past.

The book is divided into three major sections. In Part I, Reiss evolves his basic argument: that the transactions that individuals in a family have with the outside world are coordinated by a shared concept of the fundamental nature or structure of that world. Critical to Reiss's presentation has been the transformation of his concepts into sets of variables and operational measures of these variables. He decided to study family problem-solving in the laboratory, where the keystone of his method—analysis of the way in which families solved abstract pazzles—could be tested under controlled conditions. He ingeniously extended the use of these common procedures for studying family process.

From a number of these laboratory-based studies examining the relationship of family assumptions and family performance, Reiss has evolved a "typology of shared constructs." Different assumptions, he proposes, lead to radically different orientations of experience, both within the family and between the family and the environment.

Reiss describes three types of family orientation: (a) environment-sensitive families, which are open to experience and develop strategies for accommodating their shared assumptions and beliefs with their environments; (b) consenses sensitive families, which are more guarded about the environment and develop strategies for controlling and coordinating assumptions and beliefs among their members; (c) distance-sensitive families, which view the demands of the environment simply as a means by which individual members can demonstrate to the others their independence from the family and their own decisiveness and mastery. 

I

Here then is the heart of the book: the proposition that shared constructs act as control factors within the family and between the family and its environment. This is the rudiment of a truly explanatory theory of family process. It need not be confined to the laboratory but may be used to understand a variety of problems in everyday life such as moving into a new neighborhood; dealing with schools, churches, welfare programs; and so forth. In other words, Reiss's typology of shared construct becomes a typology of families.

The remainder of Part I is devoted to refinement of the specific dimensions that underlie problem-solving behaviors of different family types. Researchers will feast on the author's densely detailed attempts, here and in later sections, to establish empirical proof of the predictive power of his theory. He succeeds not perfectly, but to an inspiring degree. He describes developing the predictions; the reasoning behind them; how these led to further statistical manipulations and the design of new studies; revisions in his reasoning; and the refinement and extension of the model. The integrity of his account points the way toward investigative dialogues whose result should make their mark in the family literature for years to come.

In Part II, Reiss explains how a family elaborates and maintains its construction of reality, that is, how the family's developmental history shapes its shared assumptions about the world. Here the conceptual cornerstone is periods of crisis. Like many family therapists, he believes that crisis can be a source of change. But he goes further, conceptualizing the nature of that change. He argues that the fundamental process by which a family recovers from crisis is by means of collaborative (re)construction of reality. This reconstruction is first in the definition of the crisis itself, which forms the nucleus of the family's recovery, and then in processes of "abstraction" and "generalization," through which the shared construct of the crisis becomes elaborated and refined into a new system of assumptions, expectations, and fantasies; this he calls the new family paradigm.

If Part I is the researcher's feast, Part II is the theorist's delight. Reiss describes how paradigms arise, develop, and change within families and how they regulate the family's relationship with its community. This is, he claims, "a new model." In my opinion, it is an exciting one that passes empirical tests beyond the reasonable expectation that we usually

# **Family Therapy Major Contributions**

**Florence Whiteman Kaslow** 

#### **Family Therapy Major Contributions:**

**Family Therapy** Robert Jay Green, James L. Framo, 1983 Family Therapy Janice M. Rasheed, Mikal Nazir Rasheed, Mikal N. Rasheed, James A. Marley, 2011 This text offers a straightforward comprehensive overview of both traditional and evolving theoretical models of family therapy and intervention techniques as well as a discussion of clinical issues unique to family therapy practice Aiming to prepare students to develop beginning proficiency in family therapy the authors outline major family therapy models in detail including a step by step description of concepts theories skills and techniques as well as a history of each model and its conceptual and theoretical underpinnings The text also provides extensive case illustrations of family interviews that identify the specific stages clinical issues concepts theories and techniques associated with each model This core text is designed for graduate level courses such as Family Therapy Marriage and Family Therapy Marriage and Family Counseling Family Systems Theory and Family Counseling in departments of social work psychology nursing education or human services The Practice of Family Therapy Suzanne Midori Hanna, 2018-10-15 Now in its fifth edition The Practice of Family Therapy comes at a time when traditional approaches to psychotherapy have given way to multidimensional strategies that best serve the needs of diverse groups who are grappling with the many challenges unique to family therapy practice With expanded coverage of different models along with new developments in evidence based and postmodern practices this integrative textbook bridges the gap between science and systemic relational approaches as it guides the reader through each stage of family therapy Part I lays the groundwork by introducing the first second and third generation models of family therapy teaching the reader to integrate different elements from these models into a systemic structure of practice Part II explores the practical application of these models including scripts for specific interventions and rich case examples that highlight how to effectively work with diverse client populations Students will learn how to make connections between individual symptoms and cutting edge family practices to respond successfully to cases of substance abuse trauma grief depression suicide risk violence LGBTQ families and severely mentally ill clients and their families Also included are study guides for each model and a glossary to review main concepts Aligned with the Association of Marital and Family Therapy Regulatory Boards AMFTRB knowledge and content statements this textbook will be key reading for graduate students who are preparing for the national licensing exam Systems of Family Therapy Robert Sherman, Don Dinkmeyer, 2014-01-09 First published in in marriage and family therapy 1987 This book connects Adlerian theory defined as a human systems approach with the other systems theories of family therapy By comparison and contrast with five other popular family therapy theories the authors suggest that Adlerian family therapy can well serve as a much needed integrative model a need often stressed in the literature and in many conference presentations Adlerian psychology is described as an open system theory that provides the theoretical base for synthesizing the multitude of concepts and techniques now extant in the burgeoning field of family therapy Systems of Family Therapy

fulfills the need for integration and synthesis and enables clinicians to make use of the broad range of ideas and methods generated in contemporary family therapy theories within an internally consistent framework Chapters describe the history of the theory basic principles and con cepts structure of the therapy the behavior change model and specific techniques for conducting the therapy Many case examples are used throughout The volume is enhanced by five distinguished contributing authors who are skilled in both Adlerian theory and another major theory. They each make a detailed comparison of the two theories with respect to history major concepts definitions of well and dysfunctional families diagnoses change models and techniques and a summary of their findings The theories analyzed are Satir's model the MR I Interactional View Strategic therapy Structural therapy and Rational Emotive therapy The Family Life of Psychotherapists Florence Whiteman Kaslow.1987 ll mental health professionals will want to read this exciting book to better understand the reciprocal impact of their professional and family lives Psychotherapists who frequently work with family clients may find difficulty in making the transition from work to their own family life and back again Contributors examine the transpositions of personal family life and objective task oriented work life that occur with suggestions of how to recognize and cope with the changes Experts also explore the extraordinary challenges psychotherapists face when treating fellow therapists with family related problems or when they themselves need those services Theories of Counseling and Psychotherapy Elsie Jones-Smith, 2019-12-18 Theories of Counseling and Psychotherapy An Integrative Approach is a core textbook for the theories of counseling and psychotherapy course at both the undergraduate and graduate level It offers an extensive array of theories that includes all the mainstream theories as well as such contemporary approaches as narrative feminist LGBT and post modern It offers students an integrative framework with which to assess the various theories with respect to possible clinical application In addition to listing and describing theories this text takes it a step further by comparing and contrasting them showing strengths and weaknesses in a way to help students to apply them flexibly Students will be challenged to understand what it is about their own personalities that will lead them to accept or reject various theoretical perspectives **Family Therapies** Mark A. Yarhouse, James N. Sells, 2017-08-04 Mark A Yarhouse and James N Sells survey the major approaches to family therapy and treat significant psychotherapeutic issues within a Christian framework offering timely wisdom for therapeutic practice Fully updated and revised this second edition is an indispensable resource for those in the mental health professions including counselors psychologists family therapists social workers and pastors A Clinician's Guide to Systemic Sex **Therapy** Nancy Gambescia, Gerald R. Weeks, Katherine M. Hertlein, 2020-12-21 This new edition of A Clinician's Guide to Systemic Sex Therapy integrates the latest empirical research from the field of sex therapy and demonstrates how clinicians can optimize their treatment for a wide range of clients Grounded in the Intersystem Approach the book incorporates the multifaceted perspectives of the individual client couple or family It considers every domain of assessment and treatment biology psychology the intimate relationship family of origin and larger contextual factors contributing to any sexual

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steps to help avoid common problems and pitfalls with such insightful tips as recognizing the dangers of a family triangle to avoid any problems before they become detrimental to the company realizing the difference between being asked to respond as a family member parent daughter uncle or son and when the problem relates to business developing strategies to keep the family firm accountable by developing a group of advisors that may include the corporate attorney accountant or CEOs of noncompeting industries making business decisions for the right reasons and building consensus in the family to support the decisions creating criteria for future leadership in advance by recognizing the direction the industry is taking the needs of the company and the values of the family From Your Family Inc you will discover how healthy families and healthy family firms develop practical decision making processes which will endure for generations to come This essential book provides you with practical information to help your family business improve family relations and to positively impact business now and for future generations The Evolution and Application of Clinical Theory Judith Marks Mishne, 1993 There has always been a gap between theory and practice in psychotherapeutic work Beginning and experienced practitioners alike must struggle to integrate a variety of models and concepts that approach the practice of psychotherapy in vastly different ways In The Evolution and Application of Clinical Theory Judith Mishne offers a comprehensive yet accessible introduction to four influential models of personality development and organization traditional psychoanalytic drive theory ego psychology object relations theory and self psychology systematically exploring their implications for clinical practice Included is a history of the psychoanalytic movement from Freud to the present with special attention paid to the professionals politics and personalities that have contributed to its growth and modification In developing this history the author shows the interrelationship of theoretical concepts explaining why theories change and how clinical social personal and political factors dictate the timing of those changes Mishne then goes on to clearly and effectively demonstrate the application of these psychoanalytic theories to individual family and marital treatment Drawing on an extensive case study which includes individual treatment of an adolescent along with parent guidance marital treatment and family therapy she applies the four psychologies illustrating how each can be used and how they differ Finally she addresses the issue of conflicting paradigms and suggests ways in which clinicians can benefit from an understanding of all four models in assessment and treatment The Evolution and Application of Clinical Theory with its unique application of different theoretical models to a specific case is an invaluable reference for the novice and experienced practitioner alike It can also be used in courses in clinical theory and clinical practice Family Observational Coding Systems Patricia K. Kerig, Kristin M. Lindahl, 2000-08-01 CODING MANUAL INFORMATION IS AVAILABLE FROM THE CHAPTER AUTHORS AND THEIR E MAIL ADDRESSES CAN BE FOUND ON PAGE XV OF THE BOOK Family studies is an area that has enjoyed the benefits of conceptual and methodological advances in recent years including the widespread adoption of observational research techniques The selection of an appropriate coding system is critical to achieving a better understanding of the complex family processes

related to normative and pathological development This book presents 14 examples of family observational coding systems chosen for the wide range of constructs and phenomena they capture Each system is described in detail and excerpts from the coding manual are presented links to the full coding manuals are available to purchasers of the book at LEA's Web site www erlbaum com Each chapter follows a consistent outline so that the different coding systems can be more easily compared to one another They include the theoretical underpinnings of the measure its reliability and validity the coding process strategies for coder training and examples of studies in which it has been used This volume will prove invaluable to students and researchers in family studies clinicians and other practitioners who need to interpret data from family Revitalizing Relationships Catherine Ducommun-Nagy, Hanneke Meulink-Korf, Greteke De Vries, 2023-06-22 This book about revitalizing family and social relationships in an increasingly diverse and polarized world should become a resource for a vast array of professionals in the fields of mental heath and social and community services It will also serve as a textbook on contextual therapy and its applications that fills a gap in the literature on this approach It will present it in a highly understandable language using a new terminology Hence this book will meet the needs of many contextual therapists and contextually inspired pastoral counselors at any level of expertise For other professionals this book can open new ways of thinking and new strategies to address many of the situations they are likely to encounter In addition in a format never tried before this book includes a section dedicated to contributions of contextual therapy to practical theology the pastoral process and interfaith studies It will also present the contributions of these studies to the facilitation of interfaith encounters that can serve as a model for any professional working in a multicultural environment Handbook Of Family Therapy Alan S. Gurman, David P. Kniskern, 2014-01-21 This volume reflects the achievements in developing new concepts and models of family therapy and new approaches to special clinical issues and problems during the 1980s Chapters by experts such as Boszormenyi Nagy Everett Guttman Lankton Liddle McGoldrick Madanes and Walsh offer insight into a variety of areas including systems theory cybernetics and epistemology contextual therapy Ericksonian therapy strategic family therapy treating divorce in family therapy practice ethnicity and family therapy and training and supervision in family therapy

The Challenge of Family Therapy Kalman Flomenhaft,2013-03-13 This volume on Family Therapy Training edited by Kalman Flomenhaft Ph D and Adolph E Christ M D is the outgrowth of a successful conference on Family Therapy in the Training of Child Psychiatrists sponsored by the Department of Psychiatry at the Downstate Medical Center on December 8 and 9 1978 The attendance and enthusiastic participation at this conference reflected the growing interest on the part of psychiatrists and other mental health professionals in the theory practice and teaching of family therapy That the conference was held at all presupposed the value that psychiatric educators are attaching to the incorporation of family therapy teaching in the educational development of psychiatrists While the conference was dedicated to family therapy training for child psychiatrists this volume is broadened to include family therapy training for all psychiatrists and mental health professionals

The various chapters delineate the issues in the teaching of family therapy both theoretical and practical The richness of the chapters that follow grows out of the depth of practical experience of the various authors in developing family therapy training in established programs where resistance to new ideas as well as structural changes in curriculum are predictable The nature of both the theoretical and practical aspects of such resistances is well described The authors also emphasize what is required to launch a successful training program in child psychiatry stressing the importance of attractive role models as teachers of family therapy Gay and Lesbian Parenting Fiona Tasker, Jerry J. Bigner, 2008-04-14 Over the past 30 years research on gay and lesbian parents has produced findings that challenge deeply rooted beliefs in child psychology about the processes through which parents influence the development of their children Gay and Lesbian Parenting New Directions builds on this important research with a detailed multidisciplinary examination of established knowledge and emerging information In addition to evaluating already substantiated findings this innovative collection marks a turning point in the field by showcasing a new wave of research that examines the dynamics of same sex parenting and addresses questions about newly emerging concerns such as the consequences of different routes to same sex parenthood and the effects of social perceptions on gay and lesbian family life Interventions with Infants and Parents Paul V. Trad, 1992 The first two years of life are recognized as the most crucial developmental period for the establishment of personality and mental health in the infant The relationship between caregivers and the infant is crucial to developing healthy means of communicating The author describes innovative techniques for identifying and modifying maladaptive behaviors between caregiver and infants Previewing as the author calls the technique helps the infant gain a sense of mastery over the changes taking place within his body as well as externally Especially important is the fact that caregivers can be taught to develop skills of sensitivity so they can preview successfully with their infants

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