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Casuratan Ti Biagco Jane G. Guerrero, 2009-07-06 Casuratn ti Biagco is an autobiography of Don Sabas Gaerlan written during the period 1860 1913 It was written in old Ilocano The original manuscript needed deciphering and transcribing because it was written in elaborately calligraphic style and some of the Ilocano words he used are no longer used The text therefore was painstakingly re written and also translated into English although not all The poems and reflections were not translated into English Surprisingly a lot of Philippine history that was interwoeven in his story telling had not been recorded previously and therefore the book as it is makes it a very interesting reading material iTunes Music: Mastering High **Resolution Audio Delivery** Bob Katz, 2013-03-22 Apple s exciting new Mastered for iTunes MFiT initiative introduced in early 2012 introduces new possibilities for delivering high quality audio For the first time record labels and program producers are encouraged to deliver audio materials to iTunes in a high resolution format which can produce better sounding masters In iTunes Music author and world class mastering engineer Bob Katz starts out with the basics surveys the recent past and brings you quickly up to the present where the current state of digital audio is bleak Katz explains the evolution of standards for dynamic range through the present and with implications for the future He details the new methods that Apple is developing to accept high resolution audio and shows step by step how audio engineers and producers can take advantage of them This book is designed for all those dealing with sound from sound engineers to music industry executives and musicians and those aspiring to all these roles This book will help you understand the issues around delivering high quality environment and get all your facts straight for when you encounter resistance to good sound Topics covered include Contrasting the production of CD albums with iTunes albums High Resolution audio Dithering Distortion and how to avoid it Lossy Coding Loudness Metering Sound Check and how it affects our production techniques Apple s tools for Mastered for iTunes Foreword by renowned mastering engineer Bob Ludwig Join the forums at www digido com iTunes for the latest information and discussions Dicto english. 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Playing at the Next Level Ken Horowitz, 2016-11-04 Today a multinational video game developer Sega was the first to break Nintendo's grip on the gaming industry expanding from primarily an arcade game company to become the dominant game console manufacturer in North America A major part of that success came from the hard work and innovation of its subsidiary Sega of America who in a little more than a decade wrested the majority market share from Nintendo and revolutionized how games were made Drawing on interviews with nearly 100 Sega alumni this book traces the development of the company revealing previously undocumented areas of game making history including Sega s relationship with Tonka the creation of its internal studios and major breakthroughs like the Sega Channel and HEAT Network More than 40 of the company s most influential games are explored in detail **Unfinished Conversation** Robert Lesoine, Marilynne Chophel, 2009-08-14 Unfinished Conversations is a story of profound grief and the journey to healing that followed Based on a journal Robert Lesoine kept during the two years following the suicide of his best friend Unfinished Conversations will help readers through the process of reflecting on and affirming the raw immediacy of survivors emotions Each short chapter focuses on a different aspect of the author's experience as he transforms his anger and guilt to understanding and forgiveness Licensed psychotherapist Marilynne Ch phel brings her professional background to Robert Lesoine s deeply personal story to create an accessible path to self directed healing based on mindful awareness and sound clinical practices Readers work through their own grieving and healing process with end of chapter exercises and activities An appendix and website unfinished conversation com provide additional resources to survivors The tools and techniques in Unfinished Conversations will help readers release past trauma honor their relationship with their lost loved one and find greater perspective meaning and well being in their lives Books Out Loud, 2004 ITunes Music Robert A. Katz, 2013 Apple s exciting new Mastered for iTunes MFiT initiative introduced in early 2012 introduces new possibilities for delivering high quality audio For the first time record labels and program producers are encouraged to deliver audio materials to iTunes in a high resolution format which can produce better sounding masters In iTunes Music author and world class mastering

engineer Bob Katz starts out with the basics surveys the recent past and brings you quickly up to the present where the current state of digital audio is bleak Katz explains the evolution of standards for dynamic range through the present and with implications for the future He details the new methods that Apple is developing to accept high resolution audio and shows step by step how audio engineers and producers can take advantage of them This book is designed for all those dealing with sound from sound engineers to music industry executives and musicians and those aspiring to all these roles This book will help you understand the issues around delivering high quality environment and get all your facts straight for when you encounter resistance to good sound Topics covered include Contrasting the production of CD albums with iTunes albums High Resolution audio Dithering Distortion and how to avoid it Lossy Coding Loudness Metering Sound Check and how it affects our production techniques Apple s tools for Mastered for iTunes Foreword by renowned mastering engineer Bob Ludwig Join the forums at www digido com iTunes for the latest information and discussions Eating Disorders Jessica R. Greene, 2014-08-14 It has been estimated that as many as 15 million people suffer or will suffer from anorexia and bulimia at some point in their lives Additional statistics suggest that 25 million more suffer from binge eating and other related behaviors The overwhelming majority of individuals who suffer from eating disorders are girls and young women between the ages of 12 and 25 but young males are not immune to these addictions and the statistics grow more alarming every year Eating disorders affect not only those who suffer from them but family members and friends who feel powerless to help In Eating Disorders The Ultimate Teen Guide Jessica R Greene offers hope for the young women and men who have engaged in these self destructive urges In this book Greene examines the causes and varieties of teen eating disorders and offers advice on how to overcome them The author looks at how eating disorders are defined how common they are and how they are tied into behavioral addictions In addition to explaining how and why certain people suffer from these compulsions this book looks at Social and Cultural Pressures High Risk GroupsMyths and Stereotypes Health RepercussionsMethods of PreventionIntervention StrategiesTreatment OptionsRecovery Intended to serve as a comprehensive guide this book also includes a list of resources for teens and their parents Drawing on input from experts in the field as well as real life stories Eating Disorders The Ultimate Teen Guide will help young adults who are struggling with this devastating affliction 501 Web Site Secrets Michael Miller, 2004-01-21 Shows Internet users how to get the most out of Internet searches portals and commerce sites Covers using Google to solve mathematical equations making search engines safe for kids harnessing the full power of Yahoo and getting the best bargains on shopping sites Explains how to search for street addresses and phone numbers stock quotes and other financial information MP3s and other digital music computer programs and utilities medical information legal information genealogical information job listings and more Reveals the secrets behind directory sites PC Mag, 1997-05-06 PCMag com is a leading authority on technology delivering indexing and search result rankings Labs based independent reviews of the latest products and services Our expert industry analysis and practical solutions help

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