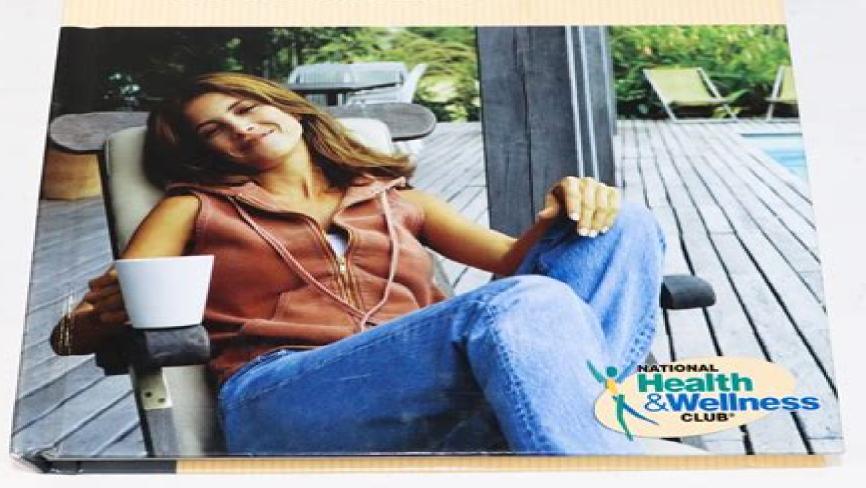


## THE GOOD HEALTH HANDBOOK



# **Good Health Handbook 100s Of Tips To Improve Your Health**

Nishant Kashyap & Ashutosh Anand

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