



# Good Sports

## Character Lessons for Life

Includes  
Two  
Teaching  
Chapters

Mark L. Gensic, P.E.

# Good Sports Character Lessons For Life

**Nicholas L. Holt, Meghan H.  
McDonough**



## **Good Sports Character Lessons For Life:**

*Good Sports* Mark L. Gensic, 2004-11-02      *Successful Coaching* Rainer Martens, Robin S. Vealey, 2024 This book is a practical guide to effectively handling the duties and expectations involved in coaching scholastic and club athletes and teams It details how coaches can develop coaching philosophies objectives and leadership styles to become strong decision makers and communicators as well as how to use discipline and the creation of a culture of character to motivate athletes and support their maturation cultural uniqueness mental health and well being It also describes how to be an organized and skillful team manager and teacher capable of enhancing athletes skills and knowledge to meet the physical and mental demands of the sport and educating athletes about healthy nutrition and the dangers of drugs and alcohol to enhance their sport specific performance and general health

**Youth Football Freedom: A Guide to a Positive and Rewarding Youth Football Experience** Pasquale De Marco, 2025-07-07 Youth football is a popular sport that can provide children with many benefits including physical activity teamwork and discipline However the traditional approach to youth football often emphasizes winning at all costs leading to a negative and stressful experience for many children This book offers a new approach to youth football that focuses on fun participation and skill development It is based on the belief that children should enjoy playing football and that their experience should be positive and rewarding regardless of their skill level or whether their team wins or loses The book outlines a comprehensive plan for creating a positive and rewarding youth football experience for all children It covers a wide range of topics including The importance of fun and enjoyment in youth sports How to create a positive and supportive environment for players The benefits of equal playing time and participation for all players The importance of focusing on fundamentals and skill development The role of coaches and parents in promoting a positive youth football experience With its focus on fun participation and skill development this book offers a new vision for youth football that is sure to benefit all children who participate in the sport It is a must read for anyone who wants to make youth football a more positive and rewarding experience for all children This book provides a wealth of practical advice and strategies that can be implemented immediately to create a more positive and enjoyable environment for young athletes It is a valuable resource for anyone involved in youth football including coaches parents and players This book is a roadmap for creating a youth football program that is fun rewarding and beneficial for all children It is a must read for anyone who wants to make a positive impact on the lives of young athletes If you like this book write a review on google books

*PRIMED to Compete* David Light Shields, Marvin Berkowitz, Pete Paciorek, 2025-10-08 Sports can build character But it doesn't happen automatically And good intentions are not enough *PRIMED to Compete* Coaching for Character is the definitive book for coaches who want to optimize young peoples experience of competition and promote their character performance and overall well being This engaging new book brings cutting edge research and practical sport experience together in an easily accessible and digestible framework *PRIMED to Compete* provides a powerful way for coaches to turn the challenges of

competition into opportunities for promoting positive character The three authors bring together a century of expertise in professional and collegiate sports youth coaching and coach education and developmental and sport sciences Building on Marvin W Berkowitz s highly acclaimed PRIMED model of character education and David Light Shields influential model of True Competition PRIMED to Compete offers a comprehensive user friendly guide to shaping sports environments that build healthy relationships fair and collaborative mindsets and core values and virtues Rooted in science it provides practical guidance for building team cultures that support both optimal sport performance and character growth across multiple dimensions

Are You a Good Sport? Wayne Soares,2009-02 Are you a good sport provides kids with key aspects of sportsmanship and character by using illustrations and rhymes Proceedings of the Annual Meeting - National Education Association of the United States National Education Association of the United States,1919

**Moral Motivation Through the Life Span** Gustavo Carlo,Carolyn P. Edwards,2005-01-01 Moral Motivation through the Life Span is the fifty first volume in the Nebraska Symposium on Motivation series the longest continuously running symposium in the field of psychology This work focuses on moral development theory and research an area of academic study that began early in the twentieth century but has never before been addressed by the Symposium What is morality such theorists ask and what exactly makes a moral person The contributors to this volume are of diverse theoretical orientations and take different stances on a number of major themes What motivates moral behavior Are there certain universal moral values or are such values always subjective Does an individual s will or an individual s environment play a greater role in determining moral conduct What influence can we attribute to spirituality Finally the contributors explore the practical applications of their research on moral motivation What implications do such theories have for child rearing or our educational system How do we raise the next generation to be empathetic toward their fellow human beings *The First Tee and Schools* United States. Congress. House. Committee on Education and the Workforce,2006

**Journal of Character Education** Marvin W Berkowitz,Jonathan M. Tirrell,2023-12-01 The Journal of Character Education is the leading source of cutting edge knowledge about character education research theory practice and opinion We define character education broadly to encompass all educational approaches designed to nurture students knowledge motivation skills and behavior concerning all four aspects of character moral performance civic and intellectual The Journal publishes manuscripts that report research relevant to character education conceptual articles and book reviews that provide theoretical historical and philosophical perspectives on the field of character education as it is broadly defined above The Journal is also interested in practical articles about implementation and specific programs and informed opinion statements Sports and K-12 Education Ian Parker Renga,Christopher Benedetti,2018-06-02 Much of the landscape of K 12 education is infused with sports In the United States and the United Kingdom nearly half of school aged children play some form of organized sport The impact of athletics on schools is enormous when informal athletic activity and the ubiquity of sports merchandise are also taken into account What does this

mean for educators What challenges and opportunities do sports and athletic participation present to educators serving in K 12 schools As an introductory text Sports and K 12 Education addresses these questions through an accessible and engaging collection of chapters divided into three overarching themes sports and classroom success sports and identity and sports media and schools The book s diverse set of authors scholars teachers administrators former athletes athletic directors offer a multifaceted exploration on a range of topics including parallels between coaching and teaching the complexities of student athlete identity role conflict among teacher coaches strategies for supporting athletes from marginalized populations media representations of female athletes sports values and teaching and more

**Sport, Ethics and Education** Peter Arnold,1997-04-01 Examines the relationship between sport and education from both social and moral points of view The text argues that sport has such a vital role to play in society that it should be an integral part of the curriculum It presents guidelines for an effective teaching of sports in schools

*Sport Psychology for Coaches* Damon Burton,Thomas D. Raedeke,2008 This book presents an applied approach to sport psychology and is designed to enable coaches and students to understand key sport psychology tools It provides coaches with a practical discussion of motivation communication stress management mental imagery and other important topics It is a reader friendly organisation that includes learning objectives that introduce each chapter sidebars illustrating sport specific applications of key concepts and principles and chapter summaries

106-2 Hearing: "The First Tee: Building Character Education", Serial No. 107-68, June 25, 2002, \*,2002

**Positive Youth Development through Sport** Nicholas L. Holt,Meghan H. McDonough,2024-06-26 Cutting through the political rhetoric about the power of sport as a tool for social change and personal improvement this book offers insight into how and why participating in sport can be good for children and young people Still the only book to focus on the role of sport in positive youth development PYD it brings together high profile contributors from diverse disciplines to critically examine the ways in which sport can be used to promote youth development Now in a fully updated revised and expanded third edition Positive Youth Development through Sport covers a wider range of disciplines including sport psychology development psychology physical education sport development and sport sociology With every chapter asking why what so what and what next the book introduces the theoretical basis and historical context of PYD quantitative and qualitative methods for assessing PYD in sport and the potential of PYD in sport across different ages and abilities This edition includes brand new chapters on PYD in schools in Indigenous populations and across the lifespan as well as new material on evaluating PYD programs and new case studies of PYD around the world This is invaluable reading for all students researchers educators practitioners programmers and policy makers with an interest in youth sport

**Building Character, Community, and a Growth Mindset in Physical Education** Anderson, Leigh,Glover, Donald ,2017-01-24 Building Character Community and a Growth Mindset in Physical Education offers more than 60 large group warm up activities character building activities and team building challenges The book which comes with a web resource will help you

prepare students for success in college and beyond      Developmental Physical Education for All Children David L. Gallahue, Frances Cleland Donnelly, 2007-02 Grade level 1 2 3 4 5 6 7 k p e i t      **Journal of Health, Physical Education, Recreation** , 1930      Handbook of Moral and Character Education Larry Nucci, Darcia Narvaez, 2014-04-24 There is widespread agreement that schools should contribute to the moral development and character formation of their students In fact 80% of US states currently have mandates regarding character education However the pervasiveness of the support for moral and character education masks a high degree of controversy surrounding its meaning and methods The purpose of this handbook is to supplant the prevalent ideological rhetoric of the field with a comprehensive research oriented volume that both describes the extensive changes that have occurred over the last fifteen years and points forward to the future Now in its second edition this book includes the latest applications of developmental and cognitive psychology to moral and character education from preschool to college settings and much more      **Coaching for Character** Dan Gerdes, 2003-07 Gerdes shows us how sports can be an opportunity to build godly principles into the youth of today      **The Power of Character: Lessons from the frontline** Andrew Reay, 2017-05-29 In this personal thought provoking and timely book Dr Andrew Reay offers a clarion call to parents educators and business leaders who are seeking to unlock the true potential of our next generation their character and ensure they really do flourish as human beings For too long government initiatives have turned our schools into cost centred and target driven organisations The Power of Character offers the tools by which we can buck the trends of this old outdated system introducing new ideas to the classroom and new structures to the schooling system that can revolutionise the way we prepare our children for their future a mandate for Education 2 0 Distilling vast amounts of scientific information into engrossing narratives Reay s Six Elements of Character are translated through the work of behavioural scientists in the fields of human motivation decision making optimism grit and mind set to show how a new wave of educators are using these tools of science to peel back the mysteries of our very character At its heart this book challenges the reader to evaluate how we raise and educate our children how we run our schools how we lead our businesses and how we construct our social networks for the betterment of themselves and everyone around them

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