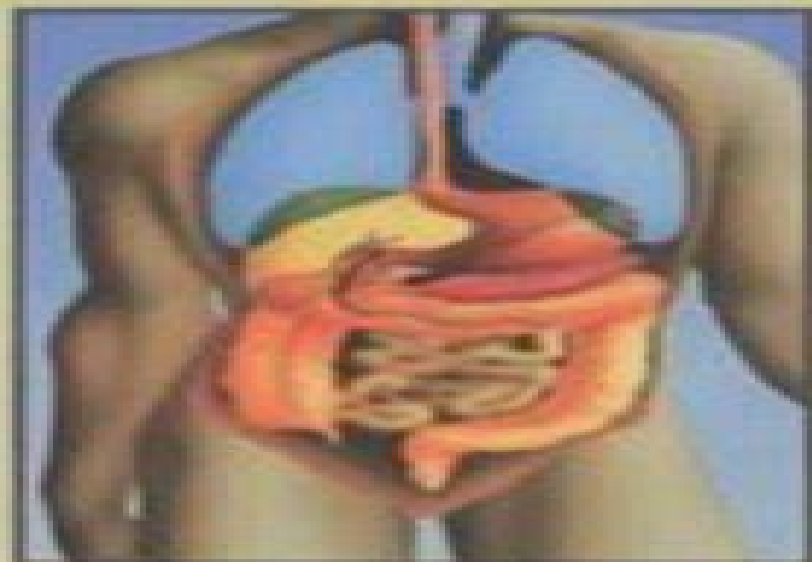


THE Gastro- Intestinal SOURCEBOOK

EVERYTHING YOU NEED TO
KNOW ABOUT:

- Common disorders such as ulcers, heartburn, NUD, and GERD
- IBS, gallbladder disease, appendicitis, and hernia
- GI cancer and available treatments
- Preventing GI problems with diet and lifestyle changes



M. Sara Rosenthal

Author of The Thyroid Sourcebook

Gastrointestinal Sourcebook

Nicholas Sperelakis



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Gastrointestinal Diseases and Disorders Sourcebook Sandra J. Judd, 2006 Provides basic consumer health information about the upper and lower gastrointestinal GI tract

Find the Real Mother Goose Patty McCloskey, M. Sara Rosenthal, 1993-04-01 Young readers of the classic nursery rhymes are encouraged to find small drawings of objects and animals mentioned in the rhymes and a portrait of Mother Goose herself hidden in the illustrations

Gastrointestinal Diseases and Disorders Sourcebook, Fifth Edition James Chambers, 2022-07-01 Provides basic consumer health information about the causes symptoms diagnosis and treatment of digestive diseases and disorders of the gastrointestinal tract including facts about the effects of food intolerances infections and certain cancers Includes index glossary of related terms and other resources

Eating Disorders Sourcebook Dawn D. Matthews, 2001 Basic Consumer Health Information about Eating Disorders Including Information about Anorexia Nervosa Bulimia Nervosa Binge Eating Body Dysmorphic Disorder Pica Laxative Abuse and Night Eating Syndrome Along with Information about Causes Adverse Effects and Treatment and Prevention Issues and Featuring a Section on Concerns Specific to Children and Adolescents a Glossary and Resources for Further Help and Information

The Thyroid Cancer Book M. Sara Rosenthal, 2002 M Sara Rosenthal Ph D bestselling author of The Thyroid Sourcebook recommended by The New York Times The Thyroid Sourcebook for Women and The Hypothyroid Sourcebook has just published The Thyroid Cancer Book the only consumer book to date devoted to thyroid cancer A thyroid cancer survivor herself Rosenthal wrote the book she wishes she d had when diagnosed in 1983 The Thyroid Cancer Book explains all forms of thyroid cancer and its treatment in plain language It was written in consultation with the leading medical experts on thyroid cancer in North America and is the only book of its kind in the world It includes extensive information on Significant risk factors for developing the disease and how to find and investigate lumps in the neck Papillary and follicular thyroid cancers as well as the less common medullary and anaplastic cancers Treatment options surgery and radioactive iodine Post treatment follow up whole body scans and Thyrogen Self healing and complementary therapies The emotional impact of cancer on families and loved ones Palliative care While thyroid cancer accounts for roughly two percent of all cancers it s among the fastest growing cancers in incidence Its causes in North America are associated with fallout from nuclear testing in the American midwest and environmental causes which Rosenthal also writes about in detail Recommended by Johns Hopkins Thyroid Tumor Center The Thyroid Foundation of America The American Foundation for Thyroid Patients The Thyroid Foundation of Canada CancerHelpUK and thyroid cancer patients from both Thyca and Thyrs

Perry's The Chemotherapy Source Book Michael C. Perry, Donald C. Doll, Carl E. Freter, 2012-07-30 Perry s The Chemotherapy Source Book now in its fifth edition provides information on the choice of chemotherapeutic agents the use of combination chemotherapy and the toxicity of individual drugs Organized by site this is the only book of its kind to focus strictly on the clinical practice of chemotherapy and is meant to serve as a one stop shop for information on choice of

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the liver brought on by viral infections autoimmune diseases alcohol abuse exposure to toxins or other causes

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A Cancer Source Book for Nurses American Cancer Society, 2004 Covers the most common cancers and strategies for nursing care

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Source Book of Flavors Henry B. Heath, 1981-09-15 Abstract Basic information is

provided for food technologists flavor chemists and other food related professionals covering major flavor allied topics these include the flavor industry the flavor chemist flavor research flavor chemistry food colorants flavor manufacturing methods application of flavor quality assurance flavor legislation in the US and abroad worldwide labeling regulations and toxicology and consumer safety Available data are provided on natural flavoring materials e g alliaceous and fruit flavors herbs spices essential oils 325 plant materials principal essential oils and organic chemicals used in flavorings synthetic flavors aromatics GRAS flavorings and 350 flavor formulations A bibliography on flavoring materials which occur naturally or as a result of processing is included The legalized exemption of certain food additives including flavoring additives from US tolerance requirements is highlighted separately Over 3000 literaturereferences are provided throughout the material wz A Source Book Of Practical Experiments In Physiology Requiring Minimal Equipment The International Union of Physiological Sciences (IUPS) Commission on Teaching Physiology, 1991-05-02 In many parts of the world there are limited resources for experimental work Much can be done with little or no equipment This source book prepared by the International Union of Physiological Sciences Commission on Teaching Physiology provides some ideas for experiments of this nature There are 62 experiments given in detail ranging from those requiring no equipment to those requiring a little sophisticated equipment In addition a number of ideas are suggested for experiments which can be worked out by groups of students together with an instructor To this is added some comments on the sort of equipment which Physiology Departments should aim for as a minimum and on the use of locally available species for animal experiments This book should help stimulate practical work in physiology not only in developing countries but also in community colleges and the early university years in the more fortunate areas of the world **Vegetarian Sourcebook** Chad T. Kimball, 2002 This book describes various types of vegetarian diets and gives practical advice for safely incorporating them into everyday life Among the topics covered are creating a vegetarian pantry and obtaining sufficient amounts of various nutrients vitamins minerals and food groups Other sections of the book discuss the advantages and disadvantages of eating vegetarian Women and Sadness M. Sara Rosenthal, 2000 **50 Ways to Relieve Heartburn, Reflux and Ulcers** M. Sara Rosenthal, 2001 At some time in their lives as many as 70 percent of Americans will suffer from gastrointestinal disorders Food choices stress and smoking are just some of the factors that can affect digestion Included in this quick and easy volume is information on symptoms treatments and management techniques for everything from heartburn and gastroesophageal reflux to ulcers

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