

# EFFECTIVE & EMERGING TREATMENTS *in* PEDIATRIC PSYCHOLOGY



ANTHONY SPIRITO, Ph.D.  
ANNE E. KAZAK, Ph.D.

# Effective And Emerging Treatments In Pediatric Psychology

**George M. Kapalka**



## **Effective And Emerging Treatments In Pediatric Psychology:**

**Effective and Emerging Treatments in Pediatric Psychology** Anthony Spirito, Anne E. Kazak, 2005-09-08 This volume provides practicing clinicians and researchers with an update on treatments found to be effective in pediatric psychology as well as those that are emerging in the field and have promise of being proven effective as additional research is conducted. Several chapters contain descriptions of different treatment protocols as well as specific scripts for certain procedures. These materials will be useful to clinicians in their day to day practice and clinical researchers in implementing and or developing research protocols. Leading pediatric psychology intervention researchers generously provide details of their treatments for a number of pediatric problems. This book provides a means by which treatment manuals and related data on the outcomes of interventions can be disseminated to practicing pediatric psychologists and to investigators. Readers can gain access to treatment protocols developed by leading pediatric psychology researchers at a website specifically developed for this book. Readers may use these manuals in clinical work or contact the manual developers if interested in using adapting the manuals for research protocols. This website will be updated with additional treatment manuals for problems encountered in the practice of pediatric psychology.

**Effective and Emerging Treatments in Pediatric Psychology** Anthony Spirito, Anne E. Kazak, 2006 This volume provides practicing clinicians and researchers with an update on treatments found to be effective in pediatric psychology as well as those that are emerging in the field and have promise of being proven effective as additional research is conducted. Several chapters contain descriptions of different treatment protocols as well as specific scripts for certain procedures. These materials will be useful to clinicians in their day to day practice and clinical researchers in implementing and or developing research protocols. Leading pediatric psychology intervention researchers generously provide details of their treatments for a number of pediatric problems. This book provides a means by which treatment manuals and related data on the outcomes of interventions can be disseminated to practicing pediatric psychologists and to investigators. Readers can gain access to treatment protocols developed by leading pediatric psychology researchers at a website specifically developed for this book. Readers may use these manuals in clinical work or contact the manual developers if interested in using adapting the manuals for research protocols. This website will be updated with additional treatment manuals for problems encountered in the practice of pediatric psychology.

**Handbook of Evidence-Based Therapies for Children and Adolescents** Ric G. Steele, T. David Elkin, Michael C. Roberts, 2007-12-03 Growing numbers of young people, some 10% to 20% of school age populations, have mental health problems requiring intervention and current policy initiatives identify evidence based therapies as the most effective and relevant forms of treatment. By reviewing evidence based treatments (EBTs) across a wide spectrum of conditions, the Handbook of Evidence Based Therapies for Children and Adolescents: Bridging Science and Practice closes the gaps between children's needs and services as well as those between research training and practice. Several EBT options, both proved and promising, are offered for each covered

disorder and are bolstered by case examples tables and reference lists Features include chapters on implementation issues such as diversity family treatment assessment strategies and community settings and step by step guidance for the researcher looking to gather empirical support for therapies With comprehensive coverage provided by numerous leading experts in the field this volume covers the broadest range of disorders over the widest pediatric adolescent age range including Behavioral disorders ADHD aggression bullying Phobias panic disorders school refusal and anxiety Autism and pervasive developmental disorders Depression mood disorders and suicidal behavior Alcohol and drug abuse Eating disorders and obesity PTSD With its emphasis on flexibility and attention to emerging issues the Handbook of Evidence Based Therapies for Children and Adolescents is essential reading for anyone who works to address the mental health needs of children including clinical child school and counseling psychologists clinical social workers and child psychiatrists as well as advanced graduate level students in these and other related fields

**Pediatric Psychology in Clinical Practice** Kristin Kroll, 2020-01-16 A practical guide to providing evidence based mental health care for children and adolescents with chronic medical concerns

**Specialty Competencies in Clinical Child and Adolescent Psychology** Alfred J. Finch, Jr., John E. Lochman, W. Michael Nelson, III, Michael C. Roberts, 2012-02-03 The specialty of clinical child and adolescent psychology has a history that dates back to the turn of the century when the first psychological clinic for children was reportedly established As it is currently applied this broad and wide ranging specialty took organizational shape from the 1960s through the 1990s and today child and adolescent psychology shares many characteristics and plays a collaborative role other specialties within professional psychology These include clinical psychology cognitive and behavioral psychology school psychology and clinical health psychology In this volume Dr Finch and his co authors provide a comprehensive demonstration of the competencies involved in this specialty extending far beyond the scope of the age of its identified patient population Offering an evidence based best practices model of intervention informed by an integration of multiple professional competencies from a range of other specialty areas this book is an invaluable resource for all those interested in pursuing the clinical child and adolescent specialty practice Series in Specialty Competencies in Professional Psychology Series Editors Arthur M Nezu and Christine Maguth Nezu As the field of psychology continues to grow and new specialty areas emerge and achieve recognition it has become increasingly important to define the standards of professional specialty practice Developed and conceived in response to this need for practical guidelines this series presents methods strategies and techniques for conducting day to day practice in any given psychology specialty The topical volumes address best practices across the functional and foundational competencies that characterize the various psychology specialties including clinical psychology cognitive and behavioral psychology school psychology geropsychology forensic psychology clinical neuropsychology couples and family psychology and more Functional competencies include common practice activities like assessment and intervention while foundational competencies represent core knowledge areas such as ethical and legal issues cultural diversity and

professional identification In addition to describing these competencies each volume provides a definition description and development timeline of a particular specialty including its essential and characteristic pattern of activities as well as its distinctive and unique features Written by recognized experts in their respective fields volumes are comprehensive up to date and accessible These volumes offer invaluable guidance to not only practicing mental health professionals but those training for specialty practice as well

*Promoting Psychological Well-Being in Children with Acute and Chronic Illness* Melinda Edwards,Penny Titman,2011-02-15 This book provides a guide to promoting the psychological well being of children with chronic illnesses and medical conditions covering support within health social services and education It discusses issues such as the impact of diagnosis and the experiences of children and their families in managing their medical condition and treatment

*Textbook of Pediatric Psychosomatic Medicine* Richard J. Shaw,David R. DeMaso,2010-03-18 The Textbook of Pediatric Psychosomatic Medicine provides a comprehensive empirically based knowledge of assessment and treatment issues in children and adolescents with physical illness Scholarly authoritative and evidence based it is the first volume of its kind and will help to define the field going forward Addressing a very wide range of medical subspecialties this volume is a first step for researchers who want to obtain a review of the psychiatric issues in their respective specialties In addition the book offers many special features including An exceptionally strong section on psychopharmacology in the medical setting which is complemented by a comprehensive set of reference tables on psychopharmacological agents including doses side effects and indications for use in the physically ill child Definitive chapters on less commonly reviewed topics that are of particular relevance for clinicians who treat physically ill children including pediatric palliative care Munchausen syndrome by proxy and pediatric feeding disorders Coverage of key legal and forensic issues in pediatric psychosomatic medicine Presentation of material in graphical and tabular formats for maximal usefulness including templates of specific questions for assessing common psychiatric symptoms and flowcharts illustrating step by step approaches to pain and somatoform disorders Relevance to a broad range of professionals including psychiatrists pediatricians psychologists nurses medical students and social workers who work with children in medical settings May be adopted as a textbook for psychology undergraduate classes social work internships and both general and child psychiatry residency training programs The editors are recognized both nationally and internationally as being among the foremost experts for their respective fields and they have assembled the leading practitioners of pediatric psychosomatic medicine to create this volume The only complete text on pediatric psychosomatic medicine this volume is destined to prove seminal in the field and indispensable in the clinician's library

**Cognitive Behaviour Therapy for Children and Families** Philip Graham,Shirley Reynolds,2013-03-14 Comprehensive authoritative coverage of the cognitive behaviour therapy interventions for all conditions seen in children and adolescents

**Pediatricians and Pharmacologically Trained Psychologists** George M. Kapalka,2011-01-20 Many factors affect treatment options for children and adolescents with mental health problems including age severity of symptoms

financial and time constraints and access to qualified professionals With the limitations of managed care plans and the shrinking pool of pediatric psychiatrists the trend is toward pediatricians prescribing psychotropic medicines Pharmacologically trained psychologists can offer valuable assistance to pediatricians caught in this predicament Tackling fundamental questions of when to treat as well as when and why to refer young patients the Pediatricians and Pharmacologically Trained Psychologists examines commonly occurring pediatric conditions requiring joint treatment reviews theoretical models of consultation and collaboration and spotlights professional issues typically arising from these team efforts With pertinent clarity and detail this volume offers in depth discussion in these key areas Collaborative treatment of mental health conditions including mood disruptive anxiety and eating disorders Collaborative treatment of medical conditions focusing on gastrointestinal disorders and diabetes Changing clinical procedures in states that have enacted prescriptive authority for psychologists Expanding roles for pharmacologically trained psychologists practicing in states that have not enacted prescriptive authority for psychologists Medical psychology in the pediatric hospital Integrative care in rural settings and on the reservation The collaborative future brain marker technology training paradigms and more Pediatricians and Pharmacologically Trained Psychologists is a must have reference for a broad range of researchers professionals and graduate students including psychologists pediatricians and other child mental health clinicians as well as nonphysician prescribers such as nurses physician assistants and pharmacists

Counseling and Psychotherapy with Children and Adolescents H. Thompson Prout, Alicia L. Fedewa, 2014-12-08 A comprehensive theory based approach to working with young clients in both school and clinical settings Counseling and Psychotherapy with Children and Adolescents Fifth Edition provides mental health professionals and students with state of the art theory and practical guidance for major contemporary psychotherapeutic schools of thought Children and adolescents are not just small adults they have their own needs requirements and desires on top of the issues presented by still developing brains and limited life perspective Providing care for young clients requires a deep understanding of the interventions and approaches that work alongside growing brains and the practical skill to change course to align with evolving personalities The thoroughly revised fifth edition is a comprehensive reference complete with expert insight Organized around theory this book covers both clinical and school settings in the fields of psychology counseling and social work Coverage of the latest thinking and practice includes Cognitive Behavioral Rational Emotive Reality Therapy Solution Focused Family Systems and Play Therapy providing a complete resource for any mental health expert who works with young people Understand the major approaches to counseling and psychotherapeutic interventions Discover the ethical and legal implications of working with children and adolescents Learn how to employ culturally responsive counseling with younger clients Examine interventions for children and adolescents with disabilities and health care needs This updated edition includes a stronger emphasis on the clinical application of theory to specific disorders of childhood and adolescence and new coverage of the legal and ethical

issues related to social media. Chapters include a case studies and online resources that make it ideal for classroom use and new chapters on Solution Focused Therapy and Play Therapy enhance usefulness to practicing therapists. Expert guidance covers techniques for working with individuals, groups, and parents and explores the efficacy of the theories under discussion.

*A Clinician's Guide to Helping Children Cope and Cooperate with Medical Care* Keith J. Slifer, 2013-12-01. How adults can help children cope with routine and traumatic medical care. Keith J. Slifer, a pediatric psychologist at the Kennedy Krieger Institute and the Johns Hopkins University School of Medicine, explores how adults can help children cope with routine and traumatic medical care. He draws on practice and research to help health care practitioners provide better care for children with chronic conditions and children undergoing rehabilitation after traumatic injury or surgery. By better understanding the behavior, emotions, and developmental challenges of children, health care professionals in practice and in training can solve a range of problems from getting a distressed child to cooperate with a physical examination or diagnostic test to teaching a child to adhere to medical self-care. More than 9 million children in the United States regularly visit health care professionals for treatment of chronic or recurrent health conditions. These children experience multiple doctors' visits, trips to the emergency department, hospital admissions, anesthesia, surgery, medications, needle sticks, wound cleaning, seizures, nausea, vomiting, pain, and fear. While most of these children are developing typically in terms of their intellectual and cognitive functioning, many children with intellectual, developmental, and physical disabilities also require frequent medical care, and as chronic health conditions increase, so do the chances of having developmental, learning, emotional, and behavioral problems. *A Clinician's Guide to Helping Children Cope and Cooperate with Medical Care* will benefit health care professionals and children as practitioners aim both to improve medical care and to prevent the children's behavior from disrupting clinics and distressing and frustrating health care workers and family caregivers. This book is for pediatric psychologists, pediatricians, family medicine practitioners, physician's assistants, nurse specialists, pediatric subspecialists, and students in these fields and for family members dedicated to helping their children cope with medical procedures and to getting the best possible medical care.

**Controversial Therapies for Autism and Intellectual Disabilities** Richard M. Foxx, James A. Mulick, 2015-10-14. One of the largest and most complex human services systems in history has evolved to address the needs of people with autism and intellectual disabilities; yet important questions remain for many professionals, administrators, and parents: What approaches to early intervention, education, treatment, therapy, and remediation really help those with autism and other intellectual disabilities improve their functioning and adaptation? Alternatively, what approaches represent wastes of time, effort, and resources? *Controversial Therapies for Autism and Intellectual Disabilities*, 2nd Edition, brings together leading behavioral scientists and practitioners to shed much needed light on the major controversies surrounding these questions. Expert authors review the origins, perpetuation, and resistance to scrutiny of questionable practices and offer a clear rationale for appraising the quality of various services. The second edition of *Controversial Therapies for Autism and*

Intellectual Disabilities has been fully revised and updated and includes entirely new chapters on psychology fads why applied behavioral analysis is not a fad rapid prompting relationship therapies the gluten free casein free diet evidence based practices state government regulation of behavioral treatment teaching ethics and a parents primer for autism treatments

**Interdisciplinary Pediatric Palliative Care** Joanne Wolfe, 2022 We hope that the lives of all children will be filled with possibility with open horizons and rainbows into the future Children with serious illnesses their families and those who care for them confront the realization that not everything is possible that despite dramatic scientific and medical advances the lifespan of some children will be shortened This threat of premature loss heightens the sense of time for children and families alike and challenges clinicians to create new pathways of hope for them Encyclopedia of Counseling Frederick T. Leong, 2008-04-25 Selected as an Outstanding Academic Title by Choice Magazine January 2010 From the depressed and lonely college student to the business executive at midlife experiencing decreasing levels of career satisfaction to the couple where one partner has been unfaithful in the relationship counselling is the intervention that numerous individuals turn to each year as the challenges and stress of daily living exceed their normal coping abilities Counselling is practised by counsellors social workers psychiatric nurses psychologists and psychiatrists Counseling is to be differentiated from psychotherapy in that the latter deals more with mental illnesses and psychological disorders while the former is more concerned with normative stresses adjustment difficulties and life transitions e g adjusting to unemployment or going through a divorce The Encyclopedia of Counseling will be the definitive resource for members of the public who are interested in learning about the science and practice of counselling It will also be a useful resource for undergraduate and graduate students as well as professionals from other specialties Covering all of the major theories approaches and contemporary issues in counselling the set includes over 600 entries The Encyclopedia will consist of four volumes a changes and challenges facing counseling b personal counseling for mental health problems c career counseling and d cross cultural counseling Each volume is organized alphabetically and will contain a comprehensive index and cross referencing system to entries in other volumes Volume One Changes and Challenges for Counseling in the 21st Century History of Counseling Definition of Counseling Professional Associations Licensure Accreditation Managed Care Marriage Counseling Family Counseling Ethical Codes Volume Two Personal Counseling and Mental Health Problems Alcoholism Psychodynamic Theories of Counseling Cognitive Behavioral Approaches to Counseling Depression Suicide Eating Disorders Bereavement Counseling Volume Three Career and Vocational Counseling Career Assessment Instruments Holland's Model of Career Intervention Strong Interest Inventory Guidance and Career Counseling in Schools Career Counseling for Midlife Transitions Career Resources on the Web Violence in the Workplace Volume Four Cross Cultural Counseling Acculturation Cultural Identity Counseling African Americans Counseling Hispanic Americans Counseling Refugees Counseling Sojourners and International Students Cross Cultural Counseling Competencies *Adolescents with Chronic Kidney Disease* Maha N. Haddad, Erica



Winnicki, Stephanie Nguyen, 2018-10-05 End stage renal disease is a devastating diagnosis to the patient family and their care provider This book covers all aspects of chronic kidney disease from a general description to its psychological impact on the adolescent and lastly its progression to end stage and dialysis It details the important aspects of the patient's journey from diagnosis to their final destination including transplant and discussion of the medications used It includes chapters on important etiologies of chronic kidney disease in adolescence addressing the particular challenges a provider may be faced with in caring for this age group and finally transition of their care to adult care providers Written by experts in the field of pediatrics and nephrology Adolescents with Chronic Kidney Disease is the definitive resource in diagnosing and transitioning patients with chronic kidney disease

**Textbook of Interdisciplinary Pediatric Palliative Care** Joanne Wolfe, Pamela Hinds, Barbara Sourkes, 2011-01-26 The Textbook of Interdisciplinary Pediatric Palliative Care by Drs Joanne Wolfe Pamela Hinds and Barbara Sourkes aims to inform interdisciplinary teams about palliative care of children with life threatening illness It addresses critical domains such as language and communication symptoms and quality of life and the spectrum of life threatening illnesses in great depth This comprehensive product takes a first of its kind team approach to the unique needs of critically ill children It shows how a collaborative interdisciplinary care strategy benefits patients and their families If you deal with the complex care of critically ill children this reference provides a uniquely integrated perspective on complete and effective care Respect interdisciplinary perspectives and provide the most comprehensive care Use an integrated approach to address the physical psychological social and spiritual needs of children and their families Understand and heed your strengths and vulnerabilities in order to provide the best care for your patients Recognize the necessity of linking hospital based palliative care with community resources Implement consistent terminology for use by the entire palliative care team Access the full text online with regular updates and supplemental text and image resources

Clinical Manual of Palliative Care Psychiatry Nathan Fairman, Jeremy M. Hirst, Scott A. Irwin, 2016-03-10 In recent years palliative care has emerged as the leading model of person centered care focused on preserving quality of life and alleviating distress for people and families experiencing serious and life limiting medical illness Alongside this development has come a growing recognition of the need for expertise in psychiatric diagnosis psychopharmacology and psychotherapy within the interdisciplinary team of specialists tasked with identifying and addressing the varied sources of suffering in patients with advanced medical illnesses The Clinical Manual of Palliative Care Psychiatry was written to motivate and guide readers whether mental health clinicians or palliative care providers to deepen their understanding of the psychosocial dimensions of suffering for the benefit of seriously ill patients and the support of their families Great care has been exercised in the choice of topics and features Chapter content emphasizes practical aspects of assessment and management that are unique to the palliative care setting ensuring that clinicians are equipped to address the most common challenges they are likely to face Each chapter ends with a list of supplemental materials including key publications e g Fast Facts from the Center to Advance

Palliative Care and links to relevant modules from the Education in Palliative and End of Life Care curriculum e.g. EPEC for Oncology aimed at extending and enhancing reader knowledge of the topics covered. The authors provide thorough coverage of medication use including off label applications which are common in palliative care. A wealth of tables and figures present clinically relevant information in a concise and easy to grasp manner. Practical and brimming with essential information and useful techniques, the Clinical Manual of Palliative Care Psychiatry empowers both mental health clinicians and palliative care practitioners to more skillfully respond to psychosocial suffering in seriously ill and dying patients. **Pediatric**

**Psycho-Oncology** Lori S. Wiener PhD, Maryland Pao MD, Anne E. Kazak PhD, Mary Jo Kupst PhD, Andrea Farkas Patenaude PhD, Robert J. Arceci, 2015-02-04. Pediatric Psycho-Oncology is a comprehensive handbook that provides best practice models for the management of psychological, cognitive and social outcomes of adolescents living with cancer and their families. Chapters cover a wide range of topics including psychological aspects of particular pediatric cancers and their treatments, how to talk to a child and family at critical times during the disease course, genetic testing, individual family educational psychological and psychiatric interventions, and caring for international patients. *Chronic Illness in Children and*

*Adolescents* Ronald T. Brown, Brian P. Daly, Annette U. Rickel, 2007-01-01. Management of chronic illness in children and adolescents often is a multifaceted challenge that requires the attention and expertise of individuals from a variety of disciplines that include psychology, psychiatry, social work, and medicine. The aim of this book is to provide readers with a practical overview of the definitions, characteristics, theories, and models, diagnostic and treatment indications, and relevant aspects and methods of evidence-based psychosocial treatments for chronic illness in children and adolescents. Although treatments and research for chronic conditions are reviewed in general, particular attention is directed at asthma, cancer, cystic fibrosis, diabetes mellitus, and sickle cell disease due to the high incidence of these chronic diseases among children and adolescents. Case vignettes and suggestions for further reading are provided for the interested reader. Psychologists'

Desk Reference Gerald P. Koocher Ph.D., John C. Norcross Ph.D., Beverly A. Greene Ph.D., 2013-09-04. Fully revised and expanded, this third edition of the Psychologists' Desk Reference includes several new chapters on emerging topics in psychology and incorporates updates from top clinicians and program directors in the field. This classic companion for mental health practitioners presents an even larger variety of information required in daily practice in one easy-to-use resource. Covering the entire spectrum of practice issues from diagnostic codes, practice guidelines, treatment principles, and report checklists to insight and advice from today's most respected clinicians, this peerless reference gives fingertip access to the whole range of current knowledge. Intended for use by all mental health professionals, the Desk Reference covers assessment and diagnosis, testing and psychometrics, treatment and psychotherapy, biology and pharmacotherapy, self-help resources, ethical and legal issues, forensic practice, financial and insurance matters, and prevention and consultation. Chapters have been clearly written by master clinicians and include easy-to-read checklists and tables as well as helpful advice. Filled with

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