

THE HANDBOOK OF  
WORK & HEALTH  
PSYCHOLOGY  
SECOND EDITION



MARC J. SCHABRACO  
JACQUES A. M. WINNUST  
AND CARY L. COOPER

 WILEY

# Handbook Of Work And Health Psychology

**Ying Liu**



## **Handbook Of Work And Health Psychology:**

**The Handbook of Work and Health Psychology** Marc J. Schabracq, Jacques A. M. Winnubst, Cary L.

Cooper, 2003-03-28 Workplace health is now recognised as having major legal financial and efficiency implications for organizations Psychologists are increasingly called on as consultants or in house facilitators to help design work processes assess and counsel individuals and advise on change management The second edition of this handbook offers a comprehensive authoritative and up to date survey of the field with a focus on the applied aspects of work and health psychology An unrivalled source of knowledge and references in the field for students and academics this edition also reflects the need to relate research to effective and realistic interventions in the workplace Editors are outstanding leaders in their fields Focuses on linking research to practice Over 50% new chapters New topics include Coping The Psychological Contract and Health Assessment and Measurement of Stress and Well Being the Effects of Change and chapters of Conflict and Communication

**Handbook of Work and Health Psychology** Jacques A. M Winnubst, Cary L Cooper, Marc J

Schabracq, 1996 **International Handbook of Work and Health Psychology** Cary L. Cooper, James Campbell

Quick, Marc J. Schabracq, 2009-10-15 Now in its third edition this authoritative handbook offers a comprehensive and up to date survey of work and health psychology Updated edition of a highly successful handbook Focuses on the applied aspects of work and health psychology New chapters cover emerging themes in this rapidly growing field Prestigious team of editors and contributors

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**Work and Health Psychology** Cary L. Cooper, James C. Quick, Marc Schabracq, 2009 **Handbook of Occupational Health Psychology** James C.

Quick, Lois E. Tetrick, 2003 Occupational health psychology is a relatively young specialty within the science and practice of psychology This handbook is designed to consolidate and organize the emerging knowledge in the field from the interdisciplinary perspectives of an international group of scholars and researchers Part I includes 5 chapters designed to provide historical contemporary and future oriented perspectives on this emerging specialty after first discussing prevention and public health in occupational settings Part II includes 6 chapters that address key causes of health and safety at work as well as key risks to health and safety focusing on factors both within the specific workplace as well as broader occupational factors and factors from the personal life domain Regardless of how effectively organizations design prevention and public health programs to protect the health and safety of people at work some experience symptoms and health disorders The first 2 chapters in Part III focus on two key symptoms or health disorders and the remaining 4 chapters address specific primary secondary or tertiary interventions for health and safety The volume concludes with a 3 chapter part addressing issues of epidemiology program evaluation and socioeconomic cost benefit analysis PsycINFO Database Record c 2004 APA all rights

reserved     *Handbook of Work Stress* Julian Barling, E. Kevin Kelloway, Michael R. Frone, 2004-09-22 Questions about the causes or sources of work stress have been the subject of considerable research as well as public fascination for several decades. Earlier interest in this issue focused on the question of whether some jobs are simply more inherently stressful than others. Other questions that soon emerged asked whether some individuals were more prone to stress than others. The *Handbook of Work Stress* focuses primarily on identifying the different sources of work stress across different contexts and individuals. Part I focuses on work stressors that have been studied for decades, e.g., organizational role stressors, work schedules, as well as stressors that have received less empirical and public scrutiny, e.g., industrial relations stress, organizational politics. It also addresses stressors in the workplace that have become relevant more recently, e.g., terrorism. Part II of the *Handbook* covers issues related to gender, cultural or national origin, older and younger workers, and employment status, and asks how these characteristics might affect the experience of workplace stress. The adverse consequences of these diverse work stressors are manifold, and questions about the possible health consequences of work stressors were one of the major historical factors prompting early interest and research on work stress. In Part III, the individual and organizational consequences of work stress are considered in separate chapters. Key Features: Affords the most broad and credible perspective on the subject of work stress available. The editors are all prominent researchers in the field of work stress and have been instrumental in defining and developing the field from an organizational psychological and organizational behavior perspective. International contributors are included, reflecting similarities and differences from around the world. Chapter authors from the United States, Canada, England, Sweden, Japan, and Australia have been invited to participate, reflecting most of the countries in which active research on work stress is taking place. The *Handbook of Work Stress* is essential reading for researchers in the fields of industrial and organizational psychology, human resources, health psychology, public health, and employee assistance.     **Handbook of Clinical Health Psychology** Susan Llewelyn, Paul Kennedy, 2005-01-21 The *Handbook of Clinical Health Psychology* provides a comprehensive overview of the practice of clinical health psychology. It is primarily a well-referenced but practical resource which provides an authoritative up-to-date guide to empirically validated psychological interventions in health care. Each contributor provides a conceptual synthesis of the area and how key models are related to formulation, service delivery, and research. The book also considers contextual issues and the importance of topics such as ageism and power, which may have an impact on how health psychology is delivered by practitioners and experienced by recipients of services. It also seeks to provide a summary of evidence concerning crucial aspects in the delivery of care, such as adherence, rehabilitation, and stress. The biopsychosocial model is the major theoretical model underpinning all contributions, but use is also made of other models. Informative and practical, a guide to action. An authoritative, critical, and evidence-based synthesis of knowledge that will guide best practice. Easy to use format intended for practitioners who want to ensure their practice is state of the art.     **Handbook of Occupational**

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academics and practitioners across all sectors of business and management human resource management in particular

*The Oxford Handbook of Health Psychology* Howard S. Friedman, 2011-03-15 The flaws in today's healthcare systems and practices are well documented millions remain far from optimal health due to a variety of psychological and social factors large numbers of patients do not fully cooperate with medical advice errors in medical decision making some stemming from flaws in interpersonal relations regularly lead to needless suffering and death Further the effects of emotions personality and motivation on healing are not well incorporated into traditional medical care The Oxford Handbook of Health Psychology compiles the most relevant scholarship from psychology medicine and public health to offer a thorough and authoritative model of the biopsychosocial approach to health A collection of international contributors addresses all relevant concepts in this model including its applications to health promotion health behavior change and treatment **Research in**

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Travers, David Van Maanen, 1991-01-16 This book contains an overview of research into stress in the workplace and also provides a practical framework for which both students and managers can develop their skills and knowledge to implement effective intervention strategies in organisations Psychological Management of Individual Performance Sabine

Sonnentag, 2003-01-17 Psychological Management of Individual Performance is a unique combination of contributions from an academic and a practitioner for each topic Leading international authors come together in this integrative and comprehensive handbook to combine academic research findings and to provide detailed practice relevant information on subjects such as performance concepts work design cognitive ability and personality as predictors of performance performance appraisal and potential analysis goal setting training mentoring reward systems strategic HRM as well as broader issues such as well being and organizational culture This Handbook is a valuable resource for researchers academics and advanced students in psychology and related fields as well as consultants practitioners and professionals in HR who want to contribute to the enhancement and maintenance of high individual performance The Handbook of Stress and Health

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*Lifespan* coalesces theoretical and empirical perspectives on aging and work This volume examines a collection of human development theories that explain trajectories of change including patterns of growth maintenance and decline across the adult lifespan At its core the lifespan perspective assumes a focus on aging as a continuous process of intraindividual change and goal based self regulation In this text the lifespan perspective serves as a lens for examining the complex relationship between aging and work Integrating research from the fields of developmental psychology as well as industrial work and organizational psychology this authoritative reference brings together the collective thinking of researchers who study work careers organizations and aging

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