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Encyclopedia of

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for Health and Longer Life

by Carlson Wade

with a Foreword by William S. Keezer, M.D.

In this comprehensive health encyclopedia, the author shows you hundreds of "power foods" that, he claims, can help cure 70 common and uncommon ailments. Carlson Wade promises that these dynamic "power foods" will help stimulate your vitality, boost your energy, increase your vigor and eliminate the problem of premature aging!

Encyclopedia Of Power Foods For Health And Longer Life

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