

# EGYPTIAN YOGA

The Philosophy of Enlightenment



Volume 1 - 10th Anniversary Edition

Sebai Dr. Muata Ashby

Edited by Sba Karen "Dja" Ashby

10th  
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Edition



# **Egyptian Yoga The Philosophy Of Enlightenment**

**Dompere, Kofi Kissi**



## **Egyptian Yoga The Philosophy Of Enlightenment:**

*Egyptian Yoga* Muata Ashby, 1997-09-01 1 EGYPTIAN YOGA THE PHILOSOPHY OF ENLIGHTENMENT An original fully illustrated work including hieroglyphs detailing the meaning of the Egyptian mysteries tantric yoga psycho spiritual and physical exercises Egyptian Yoga is a guide to the practice of the highest spiritual philosophy which leads to absolute freedom from human misery and to immortality It is well known by scholars that Egyptian philosophy is the basis of Western and Middle Eastern religious philosophies such as Christianity Islam Judaism the Kabala and Greek philosophy but what about Indian philosophy Yoga and Taoism What were the original teachings How can they be practiced today What is the source of pain and suffering in the world and what is the solution Discover the deepest mysteries of the mind and universe within and outside of your self ISBN 1 884564 01 1

**Freemasonry, Greek Philosophy, the Prince Hall Fraternity and the Egyptian (African) World Connection** Keith Moore 32°, 2008-08 Freemasonry is a system of learning that has been recognized as a product of western civilization however what is not told is the influences by people of African descent This book describes the contributions to freemasonry from the ancient African civilizations of Egypt Nubia and pre Islamic Arabia It is designed to give the reader a deeper understanding of its origins as well as its connection to world civilizations and world religion all of which has an African presence This book will also look at the universe of African American Masonic organizations from the early 18th century to the 20th century America which ranged from the origins of prince hall freemasonry to Black Nationalist and esoteric religious sects like the Moorish Science Temple of America the UNIA and several other offshoots Contrary to prior accounts African American Freemasonry was concerned with far more than simply acknowledgement and respectability The book will demonstrate that Freemasonry played a critical role in history politics and African American social life I discuss such topics as the impact of Greek philosophy on western civilization the rise of Islam and its impact on the African continent and finally the grandeur and accomplishments of the moors of Spain African people have been at the very core of this rich foundation In addition I discuss the comparisons between the ancient Egyptian civilization and modern day freemasonry I explore its symbolism as well as the esoteric foundations that freemasonry relies so heavily upon Once freemasonry reach the western hemisphere it became a tool for influencing Europe s elite Moreover my research covers the history of the knight s of Europe and the origins of european chivalry and how Arabic poetry played an important role in its establishment Additional topics include Napoleon Bonaparte The mystic shrine and the foundations of Orientalism

**THE YOGA THERAPY HANDBOOK - BOOK TWO - REVISED SECOND EDITION** ROGER MARTIN DAVIS, ADISA M. OMAR, 2015-03-27 The long awaited revised 2nd edition of The Yoga Therapy Handbook has arrived It is greatly expanded colorful and much more descriptive than the original edition from 2007 The new version is contained in four distinct volumes Book 1 4 that are being sold separately with an a la cart styling so readers can pick and choose from what works best for them as either a novice beginner or advanced Yoga therapist Perhaps what is most intriguing though

about this 2nd edition is that in the interim period the author made a dramatic and controversial decision to embrace Al Islam Accordingly this edition wrestles with those quintessential elements that make a comparative religion flow to this text quite different than any other Yoga therapy book on the market today The author also revives his review of the multicultural expressions as well in both Yoga Science and meditation practices The creative artistic flair of the illustrator Sue Jeong Ka is still woven into the fabric of this text This Fine Artist who is originally from South Korea ROK now lives and works in the USA New York City Surely her talents have expanded since the first edition and we hope with the print edition to follow she add some new illustrations to enliven this text Yoga in the Black Community Charlene Marie Muhammad, Marilyn

Peppers-Citizen, 2024-04-18 As the practice of yoga continues to flourish within Western Black and Brown communities this transformative Black culturally centered toolkit highlights the barriers that hinder access to yoga It takes core aspects of yoga philosophy and contextualizes it within Black cultural norms religious taboos and historical healing practices and teaches readers how to foster a safe haven for their clients and communities Based on decades worth of experience and expertise this dynamic author duo discusses important topics such as health disparities complementary healthcare and the rich heritage and resilience of Black communities This is an invaluable and practical resource that offers practices and actionable guidance and supports practitioners to explore a Black culturally centered approach to yoga whilst facilitating better health and wellbeing for Black people THE YOGA THERAPY HANDBOOK - BOOK ONE, REVISED 2ND EDITION

ROGER MARTIN DAVIS, ADISA M. OMAR, 2015-03-27 The long awaited revised 2nd edition of The Yoga Therapy Handbook has arrived It is greatly expanded colorful and much more descriptive than the original edition from 2007 The new version is contained in four distinct volumes Book 1 4 that are being sold separately with an a la cart styling so readers can pick and choose from what works best for them as either a novice beginner or advanced Yoga therapist Perhaps what is most intriguing though about this 2nd edition is that in the interim period the author made a dramatic and controversial decision to embrace Al Islam Accordingly this edition wrestles with those quintessential elements that make a comparative religion flow to this text quite different than any other Yoga therapy book on the market today The author also revives his review of the multicultural expressions as well in both Yoga Science and meditation practices The creative artistic flair of the illustrator Sue Jeong Ka is still woven into the fabric of this text This Fine Artist who is originally from South Korea ROK now lives and works in the USA New York City Surely her talents have expanded since the first edition and we hope with the print edition to follow she add some new illustrations to enliven this text **Flight into Egypt: Black Artists and Ancient**

**Egypt 1876-Now** Akili Tommasino, 2024-11-11 From the late nineteenth century onward Black Americans looked to ancient Egypt as evidence of a preeminent ancient culture from the African continent Flight into Egypt traces ancient Egypt s influence on artists from Edmonia Lewis s sculpture The Death of Cleopatra 1876 to the efflorescence of Afrocentric visual art during the Harlem Renaissance the Black Arts Movement of the 1960s and 1970s and artistic tendencies of the ensuing

decades This volume explores how Black artists writers and musicians and modern and contemporary Egyptian artists have employed ancient Egyptian imagery to craft a unifying identity Authors bring to light the overlooked contributions of Black scholars to the study of ancient Egypt while statements by contemporary Black and Egyptian artists illuminate ancient Egypt's continued hold on the creative imagination

**Theory of Philosophical Consciencism** Dompere, Kofi Kissi, 2017-09-24 In the Theory of Philosophical Consciencism Professor Dompere establishes how Nkrumah used the theory of categorical conversion housing the necessary conditions of transformation to design strategies for creating the sufficient conditions for socio political transformations The theory of Philosophical Consciencism is about the institutionally destruction creation process for socio political transformation The theory shows the scientific contributions of Nkrumah's thinking to the solution of the transformation problem in science and its application to social systemicity where Nkrumah's analytical weapons were drawn from African conceptual system The theory is developed as logico mathematical foundations that guide the internal management of the command control decision choice systems for creative destruction of socio political varieties in transformations through the development of qualitative mathematics making possible the construct of qualitative equations of motion for connecting varieties in qualitative transfers The qualitative equations of motion through the Philosophical Consciencism constitute the sufficient conditions for transformations The theory links rationality intentionality experiential information structure defective deceptive information structures in the control dynamic games of power and dominance by the duals and poles under the principle of opposites with relational continua and unity relative to decision choice systems that induce negation negation transformations where paths are established by the history of success failure outcomes in the socially control dynamic zero sum games between the duals in any duality and between the poles of any actual potential polarity The main premise of the monograph is that there exists a set of sufficient conditions in support of the necessary conditions for internal transformation of socio natural varieties The theory is useful in understanding developmental processes and multi polar power zero sum games for global dominance The necessary conditions constitute the natural necessity that constrains cognitive freedom The sufficient conditions constitute cognitive freedom that must overcome the necessity in socio natural systems dynamics Had this conceptual system been familiar to African leaders the African transformation from colonialism to complete emancipation rather than neocolonialism would have been increasingly successful This holds for those seeking triumph over injustices oppression imperialism and social change in all systems

THE YOGA THERAPY HANDBOOK - BOOK THREE - REVISED SECOND EDITION ROGER MARTIN DAVIS, ADISA M. OMAR, 2015-03-27 The long awaited revised 2nd edition of The Yoga Therapy Handbook has arrived It is greatly expanded colorful and much more descriptive than the original edition from 2007 The new version is contained in four distinct volumes Book 1 4 that are being sold separately with an a la cart styling so readers can pick and choose from what works best for them as either a novice beginner or advanced Yoga therapist Perhaps what is most intriguing though about this 2nd edition is

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DAVIS,ADISA M. OMAR,2015-03-27 The long awaited revised 2nd edition of The Yoga Therapy Handbook has arrived It is greatly expanded colorful and much more descriptive than the original edition from 2007 The new version is contained in four distinct volumes Book 1 4 that are being sold separately with an a la cart styling so readers can pick and choose from what works best for them as either a novice beginner or advanced Yoga therapist Perhaps what is most intriguing though about this 2nd edition is that in the interim period the author made a dramatic and controversial decision to embrace Al Islam Accordingly this edition wrestles with those quintessential elements that make a comparative religion flow to this text quite different than any other Yoga therapy book on the market today The author also revives his review of the multicultural expressions as well in both Yoga Science and meditation practices The creative artistic flair of the illustrator Sue Jeong Ka is still woven into the fabric of this text This Fine Artist who is originally from South Korea ROK now lives and works in the USA New York City Surely her talents have expanded since the first edition and we hope with the print edition to follow she add some new illustrations to enliven this text **Moorish Circle 7** Keith Moore 32,2005-05-04 This book is based on the theory that the black Muslim movement was created from the knowledge of the Masonic order In the early decades of the 20th century noble drew ali established a political and religious organization known today as the Moorish Science Temple of America It was this organization that exposed black to something other than the normal Christian influences of that day Ali a high degree freemason incorporated various Masonic teachings from an auxiliary group Known as the AEAONMS ancient Egyptian Arabic order of noble of the mystic shrine A pseudo Islamic Arabic oriental organization that served as a wake up call to a lost knowledge A knowledge that was taken away from Africans during the slave trades The theory behind this book is that the majority of the slaves that were taken from the west coast of Africa were practicing Muslims and these Muslims were forced to convert to Christianity under the strong oppression of slavery At one time Afro Americans were the biggest minority in the American society About 90% of the todays population of blacks are descendants of slaves that were brought to America for working on plantations since the 16th century At the beginning of the 19th century most of the so called Negroes lived in the plantation areas of the Southern States After the Civil War and the abolition of slavery it wasnt until the early 1920s and 30s that blacks were beginning to experiment with other faiths Of all the faiths Islam became the fastest growing

religion and the most popular This book by far is in no way a research into black history instead it covers a more deeper aspect of history in which I call the history behind the history It explores the true Asiatic origins of the ancient religions of Hinduism Buddhism well as the Islamic faith Finally It explores the Masonic symbolisms of alis Moorish science dogma digging deeper into the esoteric side of his Aquarian Masonic teaching explaining their origins and discovering an age old wisdom that had been kept hidden from the human eye One would think that Africans in the Americas would have rejected the religious tradition of their European oppressors taking into consideration that African religions are far older they possess more sources of knowledge spiritual salvation Yet there are those who have turned away from traditional Christian dominated environments in order to find a greater understanding of themselves and the world in which they live One alternative has been to seek knowledge in the various religious groups that arose in the 20th century

**The Science of Supernatural Thinking** Jareb Nott,2024-06-04 Do Your Thoughts Invite the Demonic or the Divine Is your mind clouded with thoughts of depression or anxiety even anger or bitterness Have you tried to rise up and renew your mind only to be weighed down by exhaustion or laid low by hopelessness The truth is that what you think controls who has access to your mind Even seemingly harmless thoughts can open gates in your mind that allow the enemy to secretly infiltrate build strongholds and turn your mind to wage war against the very One that you long to serve But what s been opened can always be closed Having helped multitudes experience spiritual freedom from demonic forces Jareb Nott shows how you can seal off the powers of darkness from your mind and tear down their strongholds empowering you to think thoughts that host the peace presence and power of God Through scientific and biblical research he offers a step by step process to help you transform your mind into a supernaturally impenetrable fortress of hope and joy In this revolutionary yet practical book Jareb not only exposes the enemy s insidious strategies for infecting your mind but he also reveals how to Silence the enemy s tormenting thoughts Think the kind of thoughts that host God s presence Wield the power of biblical meditation prayer and intercession to renew your mind Build supernatural strongholds in your mind that open the gates of Heaven Protect your life and mind from the powers of darkness And more A deeper dimension of fellowship and encounter with the Holy Spirit awaits you Stop empowering the darkness to dominate your thoughts It s time to dominate the darkness and flood your mind with the transforming light of God s presence

**Polyrhythmicity** Kofi Kissi Dompere,2006-03-31 The modern works on African philosophy have not been integrated and fully connected to Africa s antiquity in order to provide a foundational unity for further intellectual refinement The philosophical dimensions of humanism Nkrumah s concept of categorial conversion African concepts of duality polarity unity continual creation and democratic ideals must be shown their African centered origins In considering African philosophy there arise conceptual and logical gaps that require the development of fundamental cognitive unity from the available data with judicious interpretation and restructuring in order to define the parameters of African philosophical unity that will allow these gaps to be closed for intellectual continuity This monograph is

devoted to the establishment of the foundations for the development of Africa's intellectual continuity and cognitive unity from antiquity to the present. Its main premise is that there is African philosophy with its own method of reasoning, analysis and synthesis. The monograph initiates self-contained philosophical foundations for African intellectual unity that is required to support African cultural unity, African personality, African essence and humanism needed for the creation of Greater Africa that is implied by African Union. These philosophical foundations, it is argued, formed the thinking system for Africa's social construct, law, economics, politics and governance of empires, kingdoms and social units that have come to pass. These philosophical foundations constitute the thinking system that must guide current and future Africa's socioeconomic dynamics. The monograph discusses also Africa's contributions to the global intellectual heritage by showing the relationships among foundations of African philosophical tradition and other philosophical systems that lead to *rediviva Africana*. It presents the principles of cognitive unity and continuity on the held position that without clearly developed Africa's philosophical foundations from its antiquity, providing intellectual unity and cognitive continuity, complete emancipation of Africa will be a mere mimicking of intellectual faults of other nations and philosophical systems. The research by African scholars and others on specific philosophical thoughts from different areas of Africa is useful material that must be integrated into cognitive unity by accepting those that fit and rejecting those that do not fit by a defined logical process. Mindful of this, a case is thus made in this monograph for African cognitive unity and supporting reasoning methods. The system of ideas and perceptive interpretations of relevant data is here referred to as *Africentricity* and its philosophical foundations that project thought as *polyrhythmicity* while the study of logic of reasoning about methodological and epistemic problems of *polyrhythmicity* and *Africentricity* is referred to as *polyrhythmics*. On practical level, these philosophical foundations are shown to support the conceptual basis of *Nguzo Saba*, the Seven Principles of *Kwanzaa*. The monograph would be of interest to philosophers, in general, professionals, researchers and students engaged in African philosophy, African studies, Black studies, socio-political philosophy and those interested in knowing the thinking system on the basis of which African essence arises and African social formations were constructed and governed from antiquity.

*Black Reverend James M. Lamb* CADC CCS, 2013-11-08

Rev James Lamb has provided the Afro-centric Spiritual community a tremendous literary, historical, theological treatise. The psycho-social issues facing the African American community today have their roots in the legacy of white supremacy which has dominated Black life in all areas of human activity including economics, education, entertainment, labor, law, politics, religion, sex and war. *BLACK* uncovers the historical legacy of this dehumanization process and provides the solution for the African American community to reclaim its African soul by restoring its memory of the Ancient Egyptian genius to address contemporary struggles of Black life in all areas of people activity including economics, education, entertainment, labor, law, politics, religion, sex and war.

Rev Richard D Bullard, ThM, Senior Pastor of Grace Evangelical Baptist Church, Pine Bluff, Arkansas. This book parallels the practice of religion and the history of African and African American culture. Rev Lamb takes



the reader on his lifelong journey of discovery and realizations of his morality and his responsibility as a man of the cloth This book offers compelling dialogue that makes the reader reflect and search within for answers we should all seek for ourselves Garbo Hearne Independent Bookseller Pyramid Art Books BLACK stands as a monument of practical resource information giving revelation of a great history BLACK should be required reading in all educational institutions Frazier Lamb Social Worker Department of Children Family Services State of Connecticut **Masonic Light from Ancient Africa** Keith Moore 32i,2018-01-30 This book explores the critical thinking that Freemasons of African descent have towards the understanding of the Bible as well as the impact of Christianity in African American culture To the Mason the Bible is the guide of faith for it gives us God s holy instructions It also has within it a secret knowledge that many of our traditional churches refused to tap into Therefore this knowledge is esoteric in nature and this is what masonry thrives on This book will examine not only the contributions by ancient Kemet Egypt To religion but the entire content of Africa which has a conglomerate of religions all are pointing to one divine creator *The SAGE Encyclopedia of African Cultural Heritage in North America* Mwalimu J. Shujaa,Kenya J. Shujaa,2015-07-13 The Encyclopedia of African Cultural Heritage in North America provides an accessible ready reference on the retention and continuity of African culture within the United States Our conceptual framework holds first that culture is a form of self knowledge and knowledge about self in the world as transmitted from one person to another Second that African people continuously create their own cultural history as they move through time and space Third that African descended people living outside of Africa are also contributors to and participate in the creation of African cultural history Entries focus on illuminating Africanisms cultural retentions traceable to an African origin and cultural continuities ongoing practices and processes through which African culture continues to be created and formed Thus the focus is more culturally specific and less concerned with the broader transatlantic demographic political and geographic issues that are the focus of similar recent reference works We also focus less on biographies of individuals and political and economic ties and more on processes and manifestations of African cultural heritage and continuity FEATURES A two volume A to Z work available in a choice of print or electronic formats 350 signed entries each concluding with Cross references and Further Readings 150 figures and photos Front matter consisting of an Introduction and a Reader s Guide organizing entries thematically to more easily guide users to related entries Signed articles concluding with cross references

**Contemporary Esotericism** Egil Asprem,Kennet Granholm,2014-09-11 The study of contemporary esoteric discourse has hitherto been a largely neglected part of the new academic field of Western esotericism Contemporary Esotericism provides a broad overview and assessment of the complex world of Western esoteric thought today Combining historiographical analysis with theories and methodologies from the social sciences the volume explores new problems and offers new possibilities for the study of esoterica Contemporary Esotericism studies the period since the 1950s but focuses on the last two decades The wide range of essays are divided into four thematic sections the intricacies of esoteric appeals to

tradition the role of popular culture modern communication technologies and new media in contemporary esotericism the impact and influence of esotericism on both religious and secular arenas and the recent de marginalization of the esoteric in both scholarship and society *Do You Remember?* Trenton Bailey, 2022-12-28 In *Do You Remember Celebrating Fifty Years of Earth Wind Fire* Trenton Bailey traces the humble beginning of Maurice White his development as a musician and his formation of Earth Wind Fire a band that became a global phenomenon during the 1970s By the early 1980s the music industry was changing and White had grown weary after working constantly for more than a decade He decided to put the band on hiatus for more than three years The band made a comeback in 1987 but White s health crisis soon forced them to tour without him During the twenty first century the band has received numerous accolades and lifetime achievement and hall of fame awards The band remains relevant today collaborating with younger artists and maintaining their classic sound Earth Wind Fire stood apart from other soul bands with their philosophical lyrics and extravagant visual art much of which is studied in the book including album covers concerts and music videos The lyrics of hit songs are examined alongside an analysis of the band s chart success Earth Wind Fire has produced twenty one studio albums and several compilation albums Each album is analyzed for content and quality Earth Wind Fire is also known for using ancient Egyptian symbols and Bailey thoroughly details those symbols and Maurice White s fascination with Egyptology After enduring many personnel changes Earth Wind Fire continues to perform around the world and captivate diverse audiences *Wild Religion* David Chidester, 2012-04-23 This book examines South Africa s political journey of the late twentieth and early twenty first century in the context of religious diversity and the recent revitalization of indigenous religion and rituals **Doublespeak in Black and White** Rudy Aunk, **The Theory of Categorical Conversion** Dompere, Kofi Kissi, 2017-09-17 The Theory of Categorical Conversion is advanced by Professor Kofi Kissi Dompere as mathematical philosophical and game theoretic foundations to solve the problem of socio natural transformation as governed by some internal process in relation to Marx Schumpeter and Nkrumah Dompere s methodology is based on the Africentric principles of opposites made up of actual potential polarity negative positive duality with relational continuum and unity under cost benefit rationality and Asantrofi Anoma principle supported by fuzzy paradigm of thought Socio natural transformations are seen in terms of game theories in a fuzzy stochastic space admitting of defective deceptive information structures in quality quantity space within the subjective objective duality The main premise of the monograph is that there exists a set of necessary and sufficient conditions for internal self transformation The necessary conditions are made up of categorical moments and categorical transfer functions forming the domain of control instrumentation in creating the sufficient conditions for categorical conversion processes Dompere presents an important methodological framework for the study and construction of the theories of socioeconomic development and political change as well as info dynamics connecting knowledge sciences innovation and engineering to the space of knowing under qualitative quantitative transformational dynamics with defective

deceptive information structures in the games for power and dominance by duals and poles in conflicts The necessary conditions of socio natural transformation are internally derived based on the relational structure of matter energy information activities within the dynamics of qualitative dispositions of dualities of actual potential polarities The theory consists of category formation showing ontological epistemological categories and categorial dynamics shows elemental conversions of categorial varieties in a continuum The logical tools and the paradigm of thought for the theoretical development of Nkrumah s framework involve self excitement self correction and self control systems induced by internal contradictions The set of necessary conditions constitutes the natural necessity that constrains cognitive freedom in socio natural transformations Had this conceptual system been familiar to economists and social scientists the construct of the theories of socioeconomic development and transformations would have been increasingly successful

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