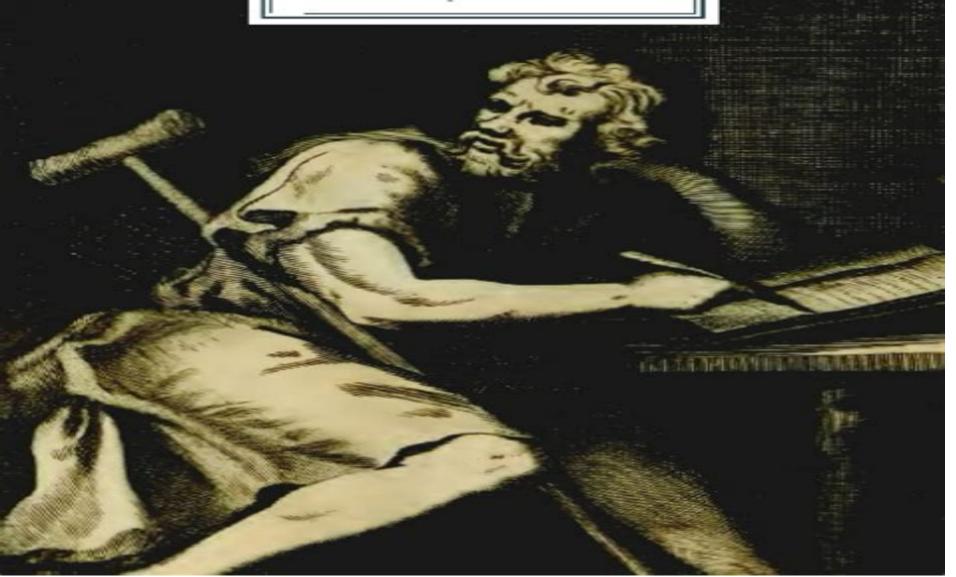
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Epictetus's 'Encheiridion' Scott Aikin, William O. Stephens, 2023-05-18 For anyone approaching the Encheiridion of Epictetus for the first time this book provides a comprehensive quide to understanding a complex philosophical text Including a full translation and clear explanatory commentaries Epictetus s Encheiridion introduces readers to a hugely influential work of Stoic philosophy Scott Aikin and William O Stephens unravel the core themes of Stoic ethics found within this ancient handbook Focusing on the core themes of self control seeing things as they are living according to nature owning one s roles and fulfilling the responsibilities that those roles entail the authors elucidate the extremely challenging ideas in Epictetus s brisk chapters Divided into five distinct parts this book provides readers with A new translation of the Encheiridion by William O Stephens A new introduction to ancient Stoicism its system of concepts and the ancient figures who shaped it A fresh treatment of the notorious and counter intuitive Stoic paradoxes An accessible overview of the origin and historical context of the Encheiridion Detailed commentaries on each chapter of the Encheiridion that clarify its recurring themes and highlight their interconnections Careful attention to the presentation of the arguments embedded in Epictetus s aphoristic style A thoughtful discussion of serious criticisms of Epictetus's Stoicism and replies to these objections Written with clarity and authority Epictetus's Encheiridion provides a foundation from which readers can understand this important text and engage with the fundamental questions of Stoic philosophy and ethics This guide will aid teachers of Epictetus students encountering Stoicism for the first time and readers seeking a greater understanding of Stoic ethics **Enchiridion** Arrian Epictetus, 2018-11-02 This eBook has been formatted to the highest digital standards and adjusted for readability on all devices The Enchiridion or Manual of Epictetus is a short manual of Stoic ethical advice compiled by Arrian a 2nd century disciple of the Greek philosopher Epictetus Although the content is similar to the Discourses of Epictetus it is not a summary of the Discourses but rather a compilation of practical precepts Eschewing metaphysics Arrian focused his attention on

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