

Epidemiology of Sports Injuries

- Epidemiology – “study of the distribution of diseases, injuries, or other health states in human populations for the purpose of identifying and implementing measures to prevent their development and spread”
- Scientific sports injury research is a relatively recent trend.

Epidemiology Of Sports Injuries

Dennis John Caine, Nicola Maffulli



Epidemiology Of Sports Injuries:

Epidemiology of Sports Injuries Dennis John Caine, Caroline G. Caine, Koenraad J. Lindner, 1996 Reviews distribution and determinants of injury rates and suggests measures for injury prevention and directions for research **Epidemiology of**

Pediatric Sports Injuries Dennis John Caine, Nicola Maffulli, 2005-01-01 Focused on team sports like Baseball Basketball Gridiron Football Ice Hockey Rugby and Soccer this publication integratively reviews the existing data on the distribution and determinants of injury in children and youth athletes Further the book includes a chapter on the identification of the epidemiological approach and concludes with suggestions of injury prevention measures and guidelines for further research

Epidemiology of Pediatric Sports Injuries: Team Sports. Medicine and Sport Science N Maffulli, D J Caine, 2014-05-14 Is the risk of injury greater in some sport activities than in others What types of injuries are most common Are some children prone to sports injury Are some physical psychological or sport related factors associated with an increased risk of injury Can injury be prevented and if so how Epidemiology of Pediatric Sport Injuries answers these and more questions which sports medicine personnel and coaches should be prepared to face Focussed on team sports like Baseball Basketball Gridiron Football Ice Hockey Rugby and Soccer this publication integratively reviews the existing data on the distribution and determinants of injury in children and youth athletes Further the book includes a chapter on the identification of the epidemiological approach and concludes with suggestions of injury prevention measures and guidelines for further research Together with the previous volume Individual Sports the two publications present the first comprehensive compilation and critical analysis of epidemiological data over a wide range of children s and youth sports Sports Injury Research Evert Verhagen, Willem van Mechelen, 2009-12-03 With the increasing focus on tackling obesity and other lifestyle related illnesses and conditions participation in sports and physical activity is growing The consequences are that injuries and unwanted side effects of healthy activity are becoming major health problems Prevention is crucial to health gain both in the short term preventing immediate injury and in the longer term reducing the risk of recurrence and prolonged periods of impairment Prevention follows 4 main steps 1 the sports injury problem must be described in incidence and severity 2 the etiological risk factors and mechanisms underlying the occurrence of injury are identified 3 preventive methods that are likely to work can be developed and introduced and 4 the effectiveness and cost effectiveness of such measures are evaluated This book follows these four steps to provide a comprehensive guide to the epidemiology and methodology involved in sports injury research It includes detailed background on epidemiological methods employed in research on sports injuries discusses key methodological issues and teaches the reader to recognize the influence of the employed methodology on interpretations of study results Theoretical knowledge is integrated with practical examples throughout The book will be of value to all researchers and professionals both clinicians and epidemiologists in the field of sports medicine **Injury in Pediatric and Adolescent Sports** Dennis Caine, Laura Purcell, 2015-08-24 Providing a state of the art account of the nature distribution and

determinants of sports injury in children and adolescents this unique volume uses the public health model to describe the scope of the injury problem and the associated risk factors and evaluate the current research on injury prevention strategies as described in the literature Thoughtfully divided in six sections the nature of the young athlete and epidemiology of pediatric and adolescent sports injury are described first Then an overview of the most common types of youth sports injuries as well as more serious injuries e g concussions and outcomes is presented followed by a discussion of injury causation and prevention Suggestions for future research rounds out the presentation Each chapter is illustrated with tables which make it easy to examine injury factors between studies Throughout the editors and contributors have taken an evidence based approach and adopted a uniform methodology to assess the data available Ideal for physicians physical therapists athletic trainers and sports scientists alike Injury in Pediatric and Adolescent Sports concisely and accurately presents the situation faced by clinicians treating young athletes and the challenges they face in keeping up with this growing and active population Furthermore the information in this book will be useful to allied health researchers and sport governing bodies as an informed basis for continued epidemiological study and implementation of injury prevention initiatives designed to reduce the incidence and severity of injuries encountered by young athletes

Epidemiology of Pediatric Sports Injuries

Dennis John Caine,Nicola Maffulli,2005-01-01 Epidemiology of Pediatric Sport Injuries reviews integratively the existing data on distribution and determinants of injury rates in a variety of sports and suggests injury prevention measures and guidelines for further research This volume focuses on individual sports as the next volume will discuss team sports Together the two volumes provide the first comprehensive compilation and critical analysis of epidemiological data over a wide range of childrens and youth sports In this volume the reader will find information on individual sports such as Equestrian Gymnastics Martial Arts Skiing and Snowboarding Tennis Wrestling as well as Track and Field injuries All the sports specific chapters are laid out with the same basic headings so that it is easy to find common information across chapters The section headings include incidence of injury injury characteristics injury severity injury risk factors and suggestions for injury prevention and further research Sports scientists and healthcare professionals will find this publication useful in identifying areas in which appropriate preventive measures can be initiated to reduce the risk and severity of injury It encourages coaches and sports administrators to discuss rules equipment standards techniques and athlete conditioning programs In turn they can inform parents about the risks and how they can help their children avoid or limit injury in sports

Epidemiology of Injuries in Sports Gian Luigi Canata,Henrique Jones,2022-04-14 This concise yet comprehensive book covers epidemiology of injuries in 24 different sports ranging from football volleyball athletics to less explored ones like archery and Formula 1 For each discipline the authors present and analyze the sport s main characteristics physiological and biomechanical demands on athletes epidemiology of injuries prevention strategies rehabilitation and return to play Based on an updated overview of sport specific data this book equips the reader with a solid understanding of sports injury epidemiology and its importance

for the implementation of preventive measures Written in collaboration with ESSKA by almost 100 international experts sharing the belief that prevention is the first mission of sports medicine this book is an excellent source of knowledge for sports physicians researchers residents fellows and trainers alike **Set** Nicola Maffulli,Dennis John Caine,2005-01-01

Epidemiology of Pediatric Sports Injuries: Individual sports Dennis John Caine,Nicola Maffulli,2005 Caine physical education Western Washington University and Maffulli Keel University School of Medicine UK review the existing data on injury rates in a variety of sports This volume in the Medicine Sport Science series focuses on individual sports including gymnastics martial arts and tennis while the next volume will discuss team sports Epidemiology of Injury in Olympic Sports Dennis J. Caine,Peter A. Harmer,Melissa A. Schiff,2009-09-22 This new volume in the Encyclopaedia of Sports Medicine series published under the auspices of the International Olympic Committee provides a state of the art account of the epidemiology of injury across a broad spectrum of Olympic sports The book uses the public health model in describing the scope of the injury problem the associated risk factors and in evaluating the current research on injury prevention strategies described in the literature Epidemiology of Injury in Olympic Sports comprehensively covers what is known about the distribution and determinants of injury and injury rates in each sport The editors and contributors have taken an evidence based approach and adopted a uniform methodology to assess the data available Each chapter is illustrated with tables which make it easy to examine injury factors between studies within a sport and between sports With contributions from internationally renowned experts this is an invaluable reference book for medical doctors physical therapists and athletic trainers who serve athletes and sports teams and for sports medicine scientists and healthcare professionals who are interested in the epidemiological study of injury in sports **Epidemiology of pediatric sports injuries** ,

Epidemiology for Athletic Trainers Melanie Adams,Wanda Swiger,2024-06-01 Evidence based practice requires clinicians to be knowledgeable of the current standards of care and be willing to consider the effectiveness of new methods Athletic Trainers especially must understand how epidemiology shapes healthcare practices for physically active patients To meet this need Epidemiology for Athletic Trainers Integrating Evidence Based Practice is a succinct and comprehensive reference meant to develop and refine student and clinician evidence based practice skills This text addresses the prevalence risk factors and surveillance of sports related injury and illness at youth college and professional levels Inside Epidemiology for Athletic Trainers Integrating Evidence Based Practice Drs Wanda Swiger and Melanie M Adams guide the reader through the steps of evidence based practice by presenting basic research and statistical methods needed to read medical literature Key sport epidemiology studies are reviewed for both historical and clinical significance This foundation is built on with a deeper discussion of injury and illness prevention and future research Chapters cover a wide range of topics including the health benefits of physical activity concussion return to play guidelines ACL prevention and mental health concerns This text provides an exceptional approach to integrating evidence based practice skills with clinical practice Features Meets the

Commission on Accreditation of Athletic Training Education CAATE outcomes Includes classroom activities to make the text interactive and expand the student s or clinician s research skills Fosters the use of prevention practices and health promotion within athletic training Included with the text are online supplemental materials for faculty use in the classroom

Epidemiology for Athletic Trainers Integrating Evidence Based Practice is a must have for any athletic training student or clinician looking to improve his or her decision making skills within an evidence based context *Epidemiology of Injury in Adventure and Extreme Sports* T. W. Heggie,D. J. Caine,2013-07-01 This book reviews the existing data on the frequency and distribution of injuries and the factors contributing to injuries in adventure and extreme sports Further it suggests injury prevention strategies and provides recommendations for future research Providing the first comprehensive compilation of epidemiological data over a range of new age sports considered to be adventurous and extreme this publication is also the first of its kind to track down all of the major literature associated with the topic A uniform and evidence based approach to organizing and interpreting the literature is used in all chapters All of the sport specific chapters are laid out with the same basic headings making it easier for the reader to find common information across chapters Sports physicians physical therapists recreation managers researchers injury prevention specialists the adventure and extreme sport industry and the adventure and extreme sport participants themselves will find the book useful in identifying problem areas in which appropriate preventive measures can be initiated to reduce the risk and severity of injuries They will also want to use the book as a source for future research related to injuries in adventure and extreme sports

Sports Injuries and Prevention Kazuyuki Kanosue,Tetsuya Ogawa,Mako Fukano,Toru Fukubayashi,2015-07-13 This book presents the incidence of sports related injuries the types of injuries specific to particular sports and the importance of factors such as age and gender Possible injury mechanisms and risk factors are presented based on an analysis involving recent scientific findings A variety of sports are included to allow the reader to better generalize the results as well as to apply appropriate procedures to specific sports The authors have emphasized basic scientific findings to help the reader gain a broad knowledge of sports injuries The potential audience includes medical doctors physical therapists athletic trainers coaches and interested parents This book is expected to play a prominent role in the construction of training programs for both healthy and injured players The focus on junior athletes will aid in their education injury prevention and increased performance It will also benefit instructors at the junior and senior high school levels The book is composed of seven parts In the beginning part current situations and the general characteristics of sports related injuries are outlined on the basis of an investigation utilizing statistical data involving a large number of populations In the following parts detailed information on the injuries in terms of the types of sports activities body sites symptoms and the relationships among these factors are discussed Part 2 for example deals with topics on concussion and severe head neck injuries which occur frequently in rugby and judo In Parts 3 and 4 as one of the major sports related injuries anterior cruciate ligament ACL injuries are discussed Beginning with the underlying

mechanisms as assessed by using the latest measuring techniques characteristic features of their occurrence are described Further Part 4 deals with topics on post operative ACL reconstruction aspects of ACL injuries especially those related to muscle functions and tendon regeneration in the hamstring muscles Part 5 deals with muscle strain and focuses particularly on those occurring in the hamstring muscles as this muscle group is known as one of the most frequent sites of muscle strain In Part 6 disorders related to the ankle and foot are introduced Finally Part 7 provides information on lower back disorders Included are detailed mechanisms of their incidence epidemiology and implications for their prevention

Epidemiology of Injury in Olympic Sports Dennis J. Caine, Peter A. Harmer, Melissa A. Schiff, 2009-11-09 This new volume in the Encyclopaedia of Sports Medicine series published under the auspices of the International Olympic Committee provides a state of the art account of the epidemiology of injury across a broad spectrum of Olympic sports The book uses the public health model in describing the scope of the injury problem the associated risk factors and in evaluating the current research on injury prevention strategies described in the literature Epidemiology of Injury in Olympic Sports comprehensively covers what is known about the distribution and determinants of injury and injury rates in each sport The editors and contributors have taken an evidence based approach and adopted a uniform methodology to assess the data available Each chapter is illustrated with tables which make it easy to examine injury factors between studies within a sport and between sports With contributions from internationally renowned experts this is an invaluable reference book for medical doctors physical therapists and athletic trainers who serve athletes and sports teams and for sports medicine scientists and healthcare professionals who are interested in the epidemiological study of injury in sports

Adventure and Extreme Sports Injuries Omer Mei-Dan, Mike Carmont, 2012-11-13 Adventure and extreme sports are increasing in popularity and it is not surprising that commercial adventure tourism and the accompanying life style and fashion have become increasingly important to world economy These unique sports involve not only major physical endurance and mental challenges but interaction and bonding with nature They also tend to attract and excite audiences both at the event and in the media They are exciting to watch and redraw the boundaries of human achievement with the accompanying risks of injury and death Adventure sports are usually performed in beautiful exciting and remote locations or in extreme environments far away from medical assistance Extreme sports usually involve an element of increased risk These risks are highlighted by the media usually after a reported accident or fatality but may vary according to the involvement of the participant the weekend recreational adventure sports athlete or the experienced professional A wide variety of sports fall into the category of adventure and extreme sports and with an increasing number of disciplines this field is ever expanding Sports are performed in contact with the ground mountain running and biking rock climbing ice climbing and mountaineering In the air skydiving and base jumping On water surfing white water kayaking and rafting board sailing and diving And also involve mechanical vehicles and animals Some sports may be performed as a combination of few disciplines such as water and air e g kite surfing

and as so involve very unique mechanisms of injury Sports events can also be merged to form a multi sport race comprising many disciplines lastly from single to multi day races Sports may involve competition with others against the environment or with oneself frequently the most ferocious adversary Adventure sports are becoming increasingly popular in the general public and a few take these sports to an extreme level with the accompanying risks Those that do bring such time and dedication that they become professional in terms of training preparation and finance More and more people are enjoying adventure sports and unfortunately increased numbers are becoming injured as a result Future research is progressing alongside the sport development to allow the sport mechanisms injury patterns and predisposing factors to be better understood It is the hope of all researchers to make the sports safer without detracting from their adventurous nature The aim and scope of our book would be to bring the sports medicine involved in each of these sports into one volume We would explain each sport including subtle similarities and differences the common injury mechanisms patterns of injury and treatment options Additional chapters would include the mental characteristics of adventure racers and extreme sports athletes together with the complexities of competing in hot and cold extreme environments The book will present chapters focussing on the sports listed below concentrating on published literature and newly formed studies by experts in the fields of injury epidemiology prevention management and rehabilitation

Physical Activity Epidemiology Rod K.

Dishman, Gregory Heath, Michael D. Schmidt, I-Min Lee, 2022 Physical Activity Epidemiology Third Edition provides a comprehensive discussion of population level studies on the effects of physical activity on disease The text summarizes the current knowledge details the methods used to obtain the findings and considers the implications for public health

Encyclopedia of Sports Medicine Lyle J. Micheli, 2011 This encyclopedia presents state of the art research and evidence based applications on the topic of sports medicine

Epidemiology of Injury in Adventure and Extreme Sports Travis W. Heggie, Dennis John Caine, 2012

The first comprehensive examination of injuries associated with adventure and extreme sports This book reviews the existing data on the frequency and distribution of injuries and the factors contributing to injuries in adventure and extreme sports Further it suggests injury prevention strategies and provides recommendations for future research Providing the first comprehensive compilation of epidemiological data over a range of new age sports considered to be adventurous and extreme this publication is also the first of its kind to track down all of the major literature associated with the topic A uniform and evidence based approach to organizing and interpreting the literature is used in all chapters All of the sport specific chapters are laid out with the same basic headings making it easier for the reader to find common information across chapters Sports physicians physical therapists recreation managers researchers injury prevention specialists the adventure and extreme sport industry and the adventure and extreme sport participants themselves will find the book useful in identifying problem areas in which appropriate preventive measures can be initiated to reduce the risk and severity of injuries They will also want to use the book as a source for future research related to

injuries in adventure and extreme sports

Physical Therapies in Sport and Exercise Gregory Kolt, Lynn

Snyder-Mackler, 2007-08-22 Physical Therapies in Sport and Exercise provides a truly comprehensive source of the latest evidence based approaches to the assessment management rehabilitation and prevention of injuries related to sport and exercise Written by an international multidisciplinary team of contributors all of whom are leaders in their fields it has been expertly compiled and edited by two experienced and well respected practitioners from Australia New Zealand and the USA Fully referenced and research based International team of experts are contributors Applied practical approach Changes in this second edition from the first edition include A new chapter on Cartilage A new chapter on Prevention of Injury A new chapter on Rehabilitation of lower limb muscle and tendon injuries Additional authors total over 60 chapter contributors compared with 48 in first edition Authors are world leading experts in their fields Authors from 10 countries 8 in the first edition

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