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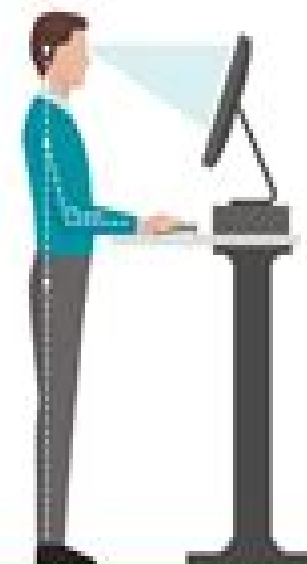
WORKING AT DESK



WRONG SITTING POSTURE



CORRECT SITTING POSITION



CORRECT STANDING POSITION

# Ergonomic Design For People At Work

**ML Morrison**



## **Ergonomic Design For People At Work:**

**Kodak's Ergonomic Design for People at Work** The Eastman Kodak Company, 2003-10-10 Written for those who are on the job but not necessarily professionally trained ergonomists the principles and approaches detailed in this highly regarded guide have all been implemented in real world workplace environments and proven successful in reducing the potential for occupational injury increasing the number of people who can perform a job and improving employee performance on the job More than 150 clear and informative illustrations and tables help convey data and information in eight sections Ergonomics design philosophy Human reliability and information transfer Evaluation of job demands Work design Workplace design Manual handling in occupational tasks Equipment design Environment *Kodak's Ergonomic Design for People at Work [ECH Master]*. ,2008 *Kodak's Ergonomic Design for People at Work* The Eastman Kodak Company, 2003-10-10 Written for those who are on the job but not necessarily professionally trained ergonomists the principles and approaches detailed in this highly regarded guide have all been implemented in real world workplace environments and proven successful in reducing the potential for occupational injury increasing the number of people who can perform a job and improving employee performance on the job More than 150 clear and informative illustrations and tables help convey data and information in eight sections Ergonomics design philosophy Human reliability and information transfer Evaluation of job demands Work design Workplace design Manual handling in occupational tasks Equipment design Environment **Ergonomic Design for People at Work: Workplace, equipment, and environmental design and information transfer** Eastman Kodak Company. Human Factors Section, Eastman Kodak Company. Ergonomics Group, 1983

**Ergonomic Design for People at Work: the design of jobs, including work patterns, hours of work, manual materials** ,1977 ERGONOMIC DESIGN FOR PEOPLE AT WORK. ,1986 **Ergonomic Design for People at Work, Workplace, Equipment, and Environmental Design and Information Transfer** The Human Factors Section, Health, Safety and Human Factors Laboratory, Eastman Kodak Company, 1989-07-15 Of interest to Human Factors Ergonomics Specialists Industrial Psychologists Industrial Engineers Occupational Physicians Work Physiologists Industrial Hygienists Architects Industrial and Computer Equipment Designers If you are involved in workplace or equipment design human factors engineering or related fields you will find *Ergonomic Design for People at Work Vol I* to be a very practical and helpful guide It reflects more than 22 years of industrial practice experience and research by the pioneering Human Factors Section of the Health Safety and Human Factors Laboratory at Eastman Kodak Combining the work and findings of psychologists physicians physiologists anthropologists and engineers the book gives practical approaches for the solution of many design problems It also includes examples and case studies based on real experience and over 175 practical illustrations Here's what you'll find Guidelines for workplace and equipment design that accommodate all sections of the population women and older workers as well as younger men Innovative techniques for improving work performance and

productivity Proven methods for reducing the potential for discomfort on the job Techniques for identifying and alleviating work related stress Methods for evaluating existing conditions together with approaches for improving them Also included is information on how to Design work stations for maximum comfort Design codes for optimal transfer of information Select and install appropriate video display units VDUs in automated offices Reduce noise and vibration The photograph on the jacket shows a seated workspace in which the operator is seated behind a three dimensional model The model represents the reach capability of a person with short arms 5th percentile Seated workplaces are discussed in Chapter II Workplace Design

*Ergonomic Design for People at Work, The Design of Jobs, including Work Patterns, Hours of Work, Manual Materials Handling Tasks, Methods to Evaluate Job Demands, and the Physiological Basis of Work* The Ergonomics Group, Health and Environmental Laboratories, Eastman Kodak Company, 1989-06-15 Ergonomics human factors is a multidisciplinary science that uses knowledge of human capacities and capabilities to assist in the design of safe and productive jobs workplaces equipment and products Eastman Kodak with over twenty five years of applied research and practical experience in ergonomics is at the forefront of this developing field The first volume of this comprehensive ergonomics resource presented principles by which safe and highly effective workplaces equipment and environments could be designed This second volume complements Volume I by drawing on physiology psychology engineering medicine and environmental sciences to provide practical information for the design of jobs and work tasks The guidelines and procedures included are based on ergonomic approaches that have proven to be effective within Kodak Topics covered in this volume include The Physiological Basis of Work Evaluation of Job Demands Patterns of Work with Information on Repetitive and Paced Work Hours of Work Including Shiftwork and Overtime Manual Materials Handling Ergonomic Design for People at Work Volume 2 offers a realistic approach to the science of ergonomics Special consideration is given to the broad range of capabilities of the industrial population as determined by their age sex and health status Over 140 illustrations graphically present key concepts that help identify solutions to many problems Ergonomics and human factors specialists health and safety professionals industrial hygienists industrial engineers equipment designers architects and labor relations specialists will find this volume an indispensable reference Ergonomic Design for People at Work, 1983 Ergonomic Design for People at Work Kodak Eastman, 1983-07 Ergonomic Design for People at Work Eastman Kodak Co. Ergonomics Group, 1986 **Ergonomic Design for People at Work, Workplace, Equipment, and Environmental Design and Information Transfer** The Human Factors Section, Health, Safety and Human Factors Laboratory, Eastman Kodak Company, 1989-07-15 Of interest to Human Factors Ergonomics Specialists Industrial Psychologists Industrial Engineers Occupational Physicians Work Physiologists Industrial Hygienists Architects Industrial and Computer Equipment Designers If you are involved in workplace or equipment design human factors engineering or related fields you will find Ergonomic Design for People at Work Vol I to be a very practical and helpful guide It reflects more than 22 years of industrial practice experience and research by the

pioneering Human Factors Section of the Health Safety and Human Factors Laboratory at Eastman Kodak Combining the work and findings of psychologists physicians physiologists anthropologists and engineers the book gives practical approaches for the solution of many design problems It also includes examples and case studies based on real experience and over 175 practical illustrations Here s what you ll find Cuidelines for workplace and equipment design that accommodate all sections of the population women and older workers as well as younger men Innovative techniques for improving work performance and productivity Proven methods for reducing the potential for discomfort on the job Techniques for identifying and alleviating work related stress Methods for evaluating existing conditions together with approaches for improving them Also included is information on how to Design work stations for maximum comfort Design codes for optimal transfer of information Select and install appropriate video display units VDUs in automated offices Reduce noise and vibration The photograph on the jacket shows a seated workspace in which the operator is seated behind a three dimensional model The model represents the reach capability of a person with short arms 5th percentile Seated workplaces are discussed in Chapter II Workplace Design

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