

Functional Adult

The diagram illustrates a conceptual transition. At the top, a solid oval labeled 'Functional Adult' is positioned above a horizontal dashed line. Below this line, two separate solid ovals labeled 'Anger' and 'Fear' are shown. A large, thick, curved arrow points from the 'Functional Adult' oval at the top down to a larger 'Functional Adult' oval at the bottom. This bottom oval contains two overlapping dashed ovals, one labeled 'Anger' and one labeled 'Fear', suggesting that the 'Functional Adult' state now encompasses or integrates these two emotions.

Anger

Fear

Functional Adult

Anger

Fear

Ego State Therapy

RD Boyd



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