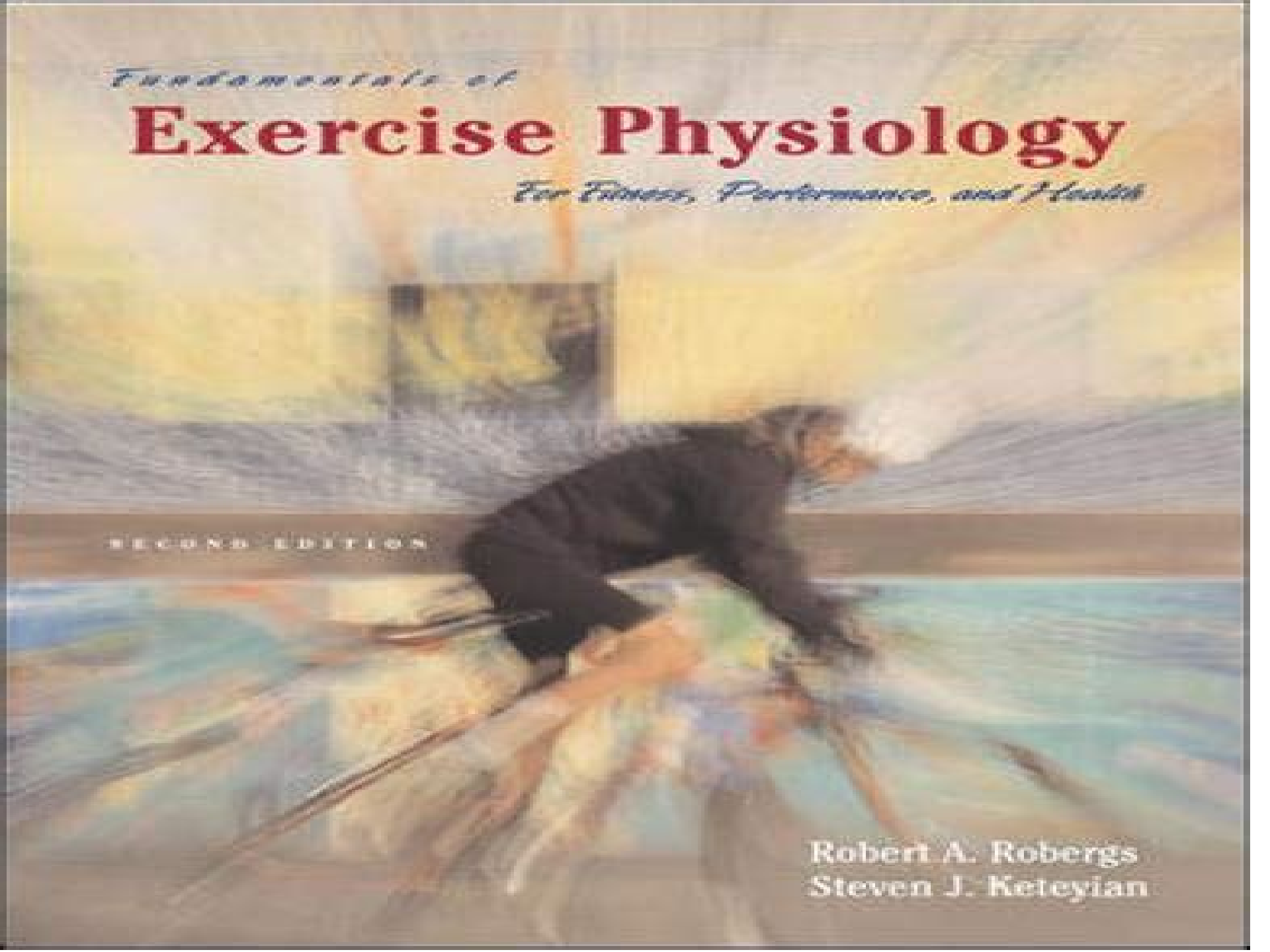




Fundamentals of

Exercise Physiology

For Fitness, Performance, and Health

SECOND EDITION

Robert A. Robergs
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