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Cancer & Heart Disease Geoff A Mohr, PhD, **Writing Successful Self-Help and How-To Books** Jean Marie Stine, 2008-05-02 If you follow only a third of Jean's advice you'll have a successful book Jeremy Tarcher Publisher Jeremy P Tarcher Inc After Jean reworked my first draft paperback rights sold for 137 000 Timmen Cermak M D author of A Time to Heal The Road to Recovery for Adult Children of Alcoholics Mastering the craft and understanding the mechanics of writing self help and how to books is the key to getting publishers to take notice of your work Now in the first guide to writing self help and how to books Jean Stine offers an insider's view of this growing genre Her easy to follow program takes you step by

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The Deadly Dinner Party Jonathan A. Edlow, 2009-09-22 Picking up where Berton Rouech s The Medical Detectives left off The Deadly Dinner Party presents fifteen edge of your seat real life medical detective stories written by a practicing physician Award winning author Jonathan Edlow M D shows the doctor as detective and the epidemiologist as elite sleuth in stories that are as gripping as the best thrillers In these stories a notorious stomach bug turns a suburban dinner party into a disaster that almost claims its host a diminutive woman routinely eats more than her football playing boyfriend but continually loses weight a young executive is diagnosed with lung cancer yet the tumors seem to wax and wane inexplicably Written for the lay person who wishes to better grasp how doctors decipher the myriad clues and puzzling symptoms they often encounter each story presents a very different case where doctors must work to find the accurate diagnosis before it is too late Edlow uses his unique ability to relate complex medical concepts in a writing style that is clear engaging and easily understandable The resulting stories both entertain us and teach us much about medicine its history and the subtle interactions among pathogens humans and the environment

ChefMD's Big Book of Culinary Medicine John La Puma, Rebecca Powell Marx, 2009 Integrating nutritional science with culinary expertise a physician explains how to prevent disease shed pounds and promote overall health by using foods that tempt the palate while promoting the body s immunity

Total Nutrition Victor Herbert, 1995-02-15 New myths and theories about nutrition splash across the headlines every day This book replaces fads and ignorance with scientific fact providing expert medical advice on a large variety of topics More than 200 tables illustrations and sample menus give the reader clear authoritative information

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