

The
GOOD
marriage



How & Why Love Lasts

Judith S. Wallerstein
& Sandra Blakeslee

Authors of Second Chances

Good Marriage How And Why Love Lasts

Gary Smalley



Good Marriage How And Why Love Lasts:

The Good Marriage: How and Why Love Lasts Judith Wallerstein, 2019-08-09 When it first appeared in 1995 *The Good Marriage* became a best seller. It offers timeless clues to the secret of happy long lasting marriages. Based on a groundbreaking study of fifty couples who consider themselves happily married, psychologist Judith Wallerstein presents the four basic types of marriage: romantic, rescue, companionate, and traditional, and identifies nine developmental tasks that must be successfully undertaken in a good marriage: separation from the family of origin, up and down vicissitudes of early years, children, balance of work and home, dealing with infidelities, and more. The men and women Wallerstein interviewed readily admit that even the best relationship requires hard work and continuing negotiation, especially in the midst of societal pressures that can tear marriages apart. But they also convey an inspirational message: for almost all of them, their marriage is their single greatest accomplishment. *The Good Marriage* explains why, and its lively mix of storytelling and analysis will challenge every couple to think in a profoundly different way about the most important relationship in their lives. Should be required reading for all who are interested in marriage. W. Walter Menninger. Should prove a lifesaver for many couples. Publishers Weekly. Will enrich the sparse literature on happy marriages. USA Today. One of the nice things about *The Good Marriage* is its modesty. It doesn't pretend to offer a philosophy or even a lecture on marriage. It takes no position on the ideologically charged issues of women's marital roles and status. Equally important, it ignores the two most common ways of talking about marriage: as a contract negotiated between two equal parties, and as the pathway to individual fulfillment. For this reason, it is refreshingly free of rights talk and therapy talk. Indeed, Wallerstein places much more emphasis on the development of good judgment and a moral sense than on the acquisition of effective communication or negotiation skills. Barbara Dafoe Whitehead, *The Atlantic*. A lagniappe to enduring couplehood. The strength of this study is that Ms. Wallerstein, a gifted interviewer, persuades the couples to reveal their interior lives in rich, explicit detail. Susan Jacoby, *The New York Times Book Review*. Written in a masterful style that often reads like the best popular fiction, Wallerstein and Blakeslee again combine their substantial talents deftly and entertainingly exploring the foundations of good marriages. Tara Aronson, *San Francisco Examiner Chronicle*. Groundbreaking. *Boston Globe*. This is a wonderfully readable and immensely valuable book full of wise and original insights about the many, many roads to marital happiness. Judith Viorst. With wisdom, humor, and sympathetic understanding, Judith Wallerstein helps us recognize and rediscover the good marriage: lucid, psychologically sophisticated, and generously wise. David Blankenhorn, *Newsday*. Historically informative as well as profoundly wise. Psychologically. Joan M. Erikson. For a long time, as a Rabbi, I've been using *The Good Marriage* by the late Judith Wallerstein in my pre-marital counseling. She provides amazingly helpful insights which open up conversations and lead couples to think much more deeply about what they are getting themselves into and what they might need to do to keep their marriages strong. Rabbi Carl M. Perkins. A welcome addition to the field of literature on contemporary marriage. The style is clear, concise.

sensitive and occasionally personal Her personal additions add warmth emotional consciousness and greater insight into what makes individuals and couples happy in their relationships This book has value for the many audiences interested in relational theory that want to approach relationships from a realistic and positive perspective Nancy Williford Clinical Social Work Journal In The Good Marriage Wallerstein s new study of 50 married couples offers affirmation that the process of marriage itself presents a vehicle for transformation A best selling author Wallerstein employs a thoughtful nonaggressive style that appeals to the general public Wallerstein has performed an invaluable service in The Good Marriage Elizabeth M Tully M D Journal of Academy of Child and Adolescent Psychiatry Solid impressive Those interested in social policy should be pleased that so well respected a liberal academic as Ms Wallerstein has written a book that celebrates marriage and points the way toward restructuring it Wall Street Journal With extraordinary skill and compassion Wallerstein and Blakeslee take us inside the lives of fifty American couples and find that a good marriage still provides the best framework for enduring love and intimacy Sylvia Ann Hewlett A very appealing book clearly written and clearly thought out Library Journal Wallerstein s major contribution is not about how and why love lasts but about how and why love develops It is in such a context less idyllic but more realistic that the book will prove to be a lasting contribution Readings A Journal of Reviews and Commentary in Mental Health

Making Love Last Laura Taggart, 2017-07-04 With thirty years of experience as a licensed marriage and family therapist Laura Taggart understands the unique struggles of newly married couples who find marriage much more difficult than they imagined Failed expectations unanticipated conflict and disagreements about money sex children and more have many young couples assuming they made a mistake married the wrong person or just weren t ready As a result one third of all married couples divorce before their ten year anniversary In this practical and hopeful book Taggart offers the wisdom and help she would share as a counselor with a couple beginning their marriage She helps couples examine their true expectations for marriage provides six action steps for improving the way couples relate and gives couples a new picture of what it means to enjoy marriage for a lifetime Each chapter includes discussion questions for couples or small groups as well as additional questions for personal reflection

Christian Marriage David Thomas, 2015-10-14 2008 Catholic Press Association Award Winner Couples who marry today enter into a relationship that is in many ways more challenging than it was a generation or two ago The social institution of marriage has experienced almost cataclysmic change The very foundations of marriage are often questioned Yet Christian marriage David Thomas insists retains a power to transform and sanctify lives Thomas presents in this second edition of *Christian Marriage* the same view as he did in his first book a positive view of Christian marriage grounded in sacramental living Yet this edition is entirely new as Thomas reflects on how current theological cultural and economic perspectives influence and inform Christian marriage Thus *A Journey Together* the subtitle of the earlier edition becomes *The New Challenge* And readers enter with Thomas into a discussion of contemporary concerns such as intimacy and sexuality gender equality and relational spirituality and parenting with hope in a world of

unknowns Facing these challenges of marriage Christian couples will discover ways to meet the one great challenge to love each other as Christ Jesus has and continues to love us David Thomas PhD is the current co director of The Bethany Family Institute For over thirty years he was a Professor of Systematic Theology Religion and Family Life at St Louis University St Meinrad School of Theology in Indiana and Regis University in Denver Thomas served as a theological consultant to the United States Catholic Bishops Committee on Marriage and Family Life He and Karen his wife of forty years are the parents of seven children and seventy five foster children He now lives in Whitefish Montana *How to Love Your Wife* John R. Buri,2006-11 But because the majority of marriages in this country consist of unions in which wives are more heavily invested in marital success than are their husbands much of this sensible effort by reasonable people needs to be consistently initiated and maintained by men In fact men often hold the keys to bringing about the type of loving marriage they had hoped for when they first said I do In *How To Love Your Wife* Dr Buri makes these keys clear understandable and accessible

Making Marriage Meaningful Robert Samms Ph D,2005-08 Have you ever pondered why some troubled marriages succeed while other seemingly fairytale marriages flounder and fail According to Dr Robert O A Samms the key to a successful marriage is not the absence of conflicts or problems but rather the presence of the appropriate strategies to resolve them In *Making Marriage Meaningful* Dr Samms examines the dynamic inner workings of a modern family to determine its strengths and weaknesses as well as its successes and failures All of these elements must be analyzed in order to improve a marriage The real life situations described in the book also give those couples contemplating marriage some very sound principles to ponder *Making Marriage Meaningful* suggests practical workable strategies for couples in troubled marriages and for happily married couples seeking a greater understanding of the marital relationship The book is also helpful for single separated and divorced people who want to avoid problems in their present or future relationships and who desire to tweak their passion for success Dr Samms includes his personal public and private views on topics such as Commitment Compromise Children Communication Sex Spirituality and much more Based on Dr Samms s own forty year marriage and his comprehensive research *Making Marriage Meaningful* provides realistic strategies for making your marriage successful **Will Our Love Last?** Sam R. Hamburg,2001-03-17 Am I with the right person Will our love last Men and women in love are haunted by these questions Love especially why it blossoms in relationships and why it later dies is a mystery to them *Will Our Love Last* A Couple s Road Map solves this mystery by giving readers a new understanding of love an understanding they can actually use to evaluate the soundness of their relationships and to answer confidently the crucial questions that mystified them before Based on hundreds of cases in his twenty four years as a marital therapist and twenty nine years in his own happy marriage Sam R Hamburg Ph D explains how compatibility is the key to lasting love He shows how compatibility on three major dimensions the Practical Dimension the Sexual Dimension and the Wavelength Dimension is essential to the mutual understanding and affirmation that keep love alive and he leads readers through a simple but

systematic procedure for assessing their compatibility with a romantic partner in these crucial relationship areas Dr Hamburg introduces a new technique The Hand Rotation Exercise to help readers express their degree of compatibility and then convey that visually to their partner In addition he presents two new original techniques for working through relationship conflicts and coming to agreement on difficult issues His Way Her Way and The Long Conversation Written in a clear direct style that is free of jargon Will Our Love Last empowers readers to make important relationship decisions that are intellectually and emotionally informed Will Our Love Last will help couples trying to decide if they should take the next step to a more committed relationship It will aid individuals embarking on a new relationship or who are between relationships to evaluate the rightness of a new or prospective partner And it will assist people who are already in committed relationships to make an honest assessment of their prospects for happiness with their current partner People have it in their power to make sure that they truly are with the right person Will Our Love Last shows the way

Keeping Love Alive: Answers to 100 Marriage Questions Kenneth W. Matheson, 2023-02-02 How can we rekindle the love we once had What are the ingredients for a successful marriage What types of things can we do to keep the love alive in our marriage Kenneth W Matheson marriage counselor and professor in the School of Social Work at Brigham Young University has answered these and many other questions in Keeping Love Alive Answers to 100 Marriage Questions Discussing topics such as communication honesty intimacy and religion Matheson takes an in depth look at marriage relationships and what makes them work Answering real questions from real situations this enlightening guide addresses common marital problems and offers sound advice on how to resolve them With its guarantee of success Keeping Love Alive Answers to 100 Marriage Questions is a must have for every couple in every stage of marriage

Love Stories of Later Life Amanda Smith Barusch, 2008-03-13 Even with baby boomers retiring and greater media and research attention being lavished on older people most gerontologists have studiously avoided examining romance among the elderly Love Stories of Later Life is an appealing and eye opening remedy to this neglect as leading gerontologist Amanda Smith Barusch presents original research into what love and romance mean in seniors lives The result is a glimpse into a world many people didn't know existed that of romantic love in later life Unlike superficial guidebooks that purport to help seniors find a new mate Love Stories of Later Life integrates theory and the latest research on love and the aging process Drawing on a wealth of personal narratives collected during a landmark five year study the book presents the lived experiences of older adults from all walks of life It addresses the impact of common age related changes both emotional and physical on romantic relationships and argues that love continues to sculpt our personalities and our lives even in life's later decades Each chapter includes practical tools for the serious student of love including exercises designed to increase self awareness and relationship building as well as annotated lists of suggested reading that are at once comprehensive and accessible Barusch's fresh perspective engaging voice and in depth qualitative research make Love Stories of Later Life an important contribution to the study of individual lives and the aging

process This book will guide gerontologists social workers and counselors as they in turn help their older clients navigate love's challenges Visit the author's website Amanda Barusch

Happy Marriages and Strong Families Kelley Brigman, Purple's Edge Media, 2012 A simple easy to read discussion by a social scientist about how core religious elements such as faith and hope love and grace parenthood of God and forgiveness and reconciliation can help people create happy marriages and strong families This book inspires hope that people can create successful marriages and shows them how to do it It contains many stories simple illustrations and activities Useful for preparing for marriage marital growth or solving marital problems It can help people make the small changes that can make a big difference in marital success

In Vitro: My Journey Through the World of IVF Anastasia Sputnik, 2013-12 This book is a personal testimony from a patient who underwent 15 In Vitro fertilization IVF treatments over a 7 year period It is a story about male infertility combined with the female's fertility declined with the age which lead the partners to proceed with In Vitro Fertilization IVF as the only option In today's western world one in every six couples face fertility problems and this story could become a reality for millions of couples in the world This book is raising awareness about female fertility and reproductivity potential for women after their mid thirties It also reveals some of the hidden truths and misconceptions about IVF and demystifies information provided by the press and media A similar book with details of the latest IVF trends facts and experiences from the patients perspective has never been published The first part of the book is a chronicle of the author's experiences as an IVF patient where she shares medical information facts experience and lessons learned during IVF treatments In the second part of the book the author is offering valuable advice recommendations and tools including tips on how to save money for IVF This is also a patient's story about the emotional impact of IVF The book is unique in presenting a serious family and marriage crisis throughout battles with infertility and how the journey through the IVF drastically affected the couple's relationship It is also a story of a personal life crisis that the female patient was going through The author describes her own turmoil when she decided to end IVF IVF closure after many years of living in the IVF bubble when she faced not only the cruel fact that she will never be able to have more children but also experienced a career failure financial difficulties and her husband being ready to leave her due to the inability to have a big family together This book is also a relevant resource for medical practitioners to better understand patients physical and emotional needs and improve the service in IVF clinics Quote from the book My greatest hope is that reading this book leads to positive outcomes for as many women and couples as possible

10 Great Dates Before You Say 'I Do' David and Claudia Arp, Curt Brown, Natelle Brown, 2009-08-19 10 Fun Innovative Relationship Building Dates for Seriously Dating and Engaged Couples 10 Great Dates Before You Say I Do combines the best of marriage preparation research with a fun easy to follow format Couples will love growing together while going out together Share your hopes and dreams Appreciate your differences Communicate and connect Develop spiritual intimacy Evaluate your relationship Celebrate romance And more

Loving in Flow Susan K. Perry, 2003 Based upon the concept of

Flow Mihaly Csikszentmihalyi's international bestseller *Loving in Flow* combines the author's own experiences with studies of dozens of unusually happy long term and married couples to discuss how compromise and communication and being in flow are the keys to building solid and long lasting relationships Perry uses interviews and recent research to discuss every aspect of a relationship from the initial meeting through childbearing and beyond With uncommon candor she tackles often neglected subjects such as Dealing with crazy making habits Communicating about sex Solving the chore wars Making sense of infidelity Adjusting to the strain of parenthood *Loving in Flow* spotlights the most successful couples and offers readers a practical and positive guide to getting more out of their relationships and helping them sustain a joyous love life that truly flows

Don't Divorce Diane Medved, 2017-03-06 If you're in a troubled marriage divorce might seem like a reasonable option But in most cases it's a calamity Shows like Bravo's *Girlfriends Guide to Divorce* and HBO's *Divorce* normalize the dissolution of marriage making couples feel that divorce can be a happy new beginning Celebrities suggest a norm that divorce is not only acceptable but advisable Gwyneth Paltrow's conscious uncoupling makes divorce seem trendy and enlightened Today couples are even throwing divorce parties complete with invitations and caterers Enough says psychologist Diane Medved If you're hurtling down the road to divorce the first thing to do is to put on the brakes Don't let your spouse your friends or the divorce industry rush you into ending your marriage Take a deep breath and read this book Drawing on three decades of clinical and personal experience Dr Medved will show why you should save and revitalize your marriage She expertly unmask the threats to marriage including hookup apps that promise non committal sex and legions of professionals who are financially invested in your divorce She punctures one by one the arguments in favor of divorce proving that the good divorce is a myth Don't Divorce is the antidote to a pro divorce culture the tool that will empower you to revive a dying marriage and recover the happiness that seems out of reach

How to Make Love Last Forever Norman E. Lyons, 2022-01-11 Love a word that is so commonly used but yet so elusive and seldom found or experienced by many people True love accomplished is something that has been worked on constantly It takes total commitment by two people to attain and maintain a loving happy healthy fulfilling relationship To keep the passionate fervent romance that you experienced in the beginning takes a great deal of work The keys that I've found that work for me are commitment communication trust honesty and a willingness to compromise and to value your spouse And as the old adage goes treat others as you would like to be treated if we would do that to one another many relationships will be able not too only survive but thrive I saw this type of relationship with my mother in law and father in law They were married for seventy two happy and blessed years before the passing of my father in law It is my relationship with my wife that has inspired me to write this short but direct book We have experienced so far forty two years of a beautiful loving relationship and looking forward to many more God's will Marriage is a beautiful institution established and blessed by God and is honorable in all For more information or to book for speaking engagements and seminars please contact me

Real Life, Real Love Albert

Cutie,2007-03-06 Lovingly dubbed Father Oprah he is renowned for his sensitive practical advice Now Father Albert Cuti offers guidance on how couples can overcome problems and strengthen their love and commitment Real Life Real Love reveals the joy of and seven paths to developing real relationships For couples seeking to heal their rifts or strengthen their bonds this insightful guide will point them toward long meaningful relationships **Lasting Love: Essential Secrets and Communication Skills for a Happy Marriage** Colette Gibson,2024-12-12 Discover the essential secrets and communication skills for a happy and fulfilling marriage with Lasting Love This comprehensive guide explores the foundations of a solid relationship empowering you to navigate challenges and build a lifelong connection Learn how to establish trust respect and commitment and set healthy boundaries to ensure a mutually supportive partnership Enhance your communication skills with techniques for active listening empathy and conflict resolution Develop emotional intimacy through shared experiences vulnerability and trust building exercises Understand the role of physical emotional and spiritual intimacy and foster a healthy sexual relationship Cultivate forgiveness resilience and a united front to overcome adversity Prioritize quality time create meaningful rituals and embrace personal growth to keep the spark alive Identify your love languages and tailor your communication to strengthen your emotional bond Plan for the future discussing goals dreams and financial matters to ensure a secure foundation Embrace the challenges and opportunities of aging together maintaining physical and mental health and finding joy in the later stages of life Cultivate a positive outlook express gratitude and create a legacy of love and commitment that will inspire generations to come **The Impact of the Family** John Witte,Michael Welker,Stephen Pickard,2022-02-22 The family is humanity s oldest and most basic social institution but today it is fragile fractured and fraught in many liberal lands This volume gathers scholars from sociology psychology history religion ethics law and medicine from five continents to analyze the complex nature and place of the family in character formation and human flourishing The chapters study the impact of catechesis schooling work and discipline on the development of individual moral agency and responsibility They document the critical roles of family love trust fidelity and story telling in shaping the moral character of all family members from infancy to old age They describe effective strategies of resistance and resilience for family members who face abuse divorce death chauvinism racism and homophobia And several chapters challenge modern arguments and policies that aim to flatten if not abolish the marital family even while they call for family law reforms Contributions by Enola G Aird Helen Alvar Robert N Bellah Margaret Jane Brining Michael J Broyde Marcia Bunge Stephen Carter Jean Bethke Elshtain Robyn Fivuush Patrick Hornbeck Andreas Kruse Nadia Marais Gordon Mikoski Bonnie Miller McLemore Patrick Parkinson Katja Patzel Mattern Sabina Pauen Stephen G Post Eugene C Roehlkepartain and Thomas Xutong Qu **The Book of Marriage** Dana Mack,David Blankenhorn,2001-03 Couples spend an enormous amount of time and energy planning for the perfect wedding But what about planning for the perfect marriage In these times of rampant divorce and relationship crises it makes sense to think seriously about the many challenges of married life that loom

so large today The Book of Marriage offers a treasury of marital wisdom from across the ages Intellectually engaging morally responsible and ideologically balanced this anthology gathers some of the deepest wittiest and most edifying perspectives on the big questions of married life Why get married at all Can love last a lifetime How do we handle money Who's the boss What about children Conflict Growing old Illness and death There is even a chapter on divorce one calculated to save a few marriages To date there has been no single comprehensive book of source readings on marriage and family life Assembled with the aid of noted scholars from various fields this volume treats marriage as more than just a relationship as an institution a vocation and a source of great spiritual and emotional rewards Each chapter introduces a different quandary of marriage and then culls the best from ancient and modern writings on the theme The compendium of cultural wisdom on marriage ranges from the Bible and Eastern wisdom to Aristotle St Augustine Maimonides and Judith Wallerstein from Homer Shakespeare Milton and Jane Austen to Edward Albee Gabriel Garcia Marquez and Bill Cosby An important resource for young adults college students engaged and married couples educators marriage counselors therapists pastors and other family professionals The Book of Marriage celebrates the diversity and essential humanity of the marital experience in a way that is accessible entertaining and eminently useful

First Love Lasts forever... Razique Hosain Shaikh, 2018-10-24 A rural love story with a difference Story of Ayaan and Alia their extraordinary love for each other at the same time respect and loyal towards their parents And most of all their splendid patience is an example for others Such a beautiful couple who studied together played together since their childhood and when they became young they fell in love with each other The Days passed everything was fine and then the love of both of them was about to reach the final destination Alia and Ayaan's marriage were fixed Then suddenly due to misfortune and some wrong decisions Just a few days before the wedding or say a few hours before the wedding broke up and they two got separated Not only is the marriage broken rather the parents of both of them came to insistence and in the stubbornness they done marriage of Alia and Ayaan with someone else in the same Mahurat on the same day But fate has its own game plan and the game which was shown in its own way after eleven years So are the fate only responsible for this game of destruction or some wrong decisions are also responsible

Making Love Last Forever Gary Smalley, 1997-08-08 For years Gary Smalley has helped millions of couples throughout North America enrich their relationships and deepen their bonds of love and companionship In this extraordinary book he shows you how to stay in love through all the stages of life From first attraction to lifelong commitment Gary's proven techniques and practical advice show you how to pursue and keep the love you want and how to energize your relationship with enduring passion filled love In this book you'll learn how to Understand and use love's best kept secret Deal with the number one enemy of love Turn headaches into more love Increase your energy to keep loving Find the power to keep on loving your spouse Use normal conflicts as doorways to intimacy Read a woman's built in marriage manual twelve ways Divorce proof your marriage Develop the five vital signs of a healthy marriage Respond to your partner's number one request Find the

powerful secret to great love Bring out the best in your maddening mate With humor empathy and insight Gary Smalley inspires you to fall in love with life and enjoy the deep satisfaction of a lifelong love Down to earth examples touching personal experiences and inspiring spiritual principles will motivate you to bring about positive changes in your marriage whether or not your mate is a willing participant You ll learn how to tap resources at hand to help you follow through with your journey and make your love last forever

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Good Marriage How And Why Love Lasts Introduction

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