

MICHAEL HEASMAN & JULIAN MELLENTIN

THE FUNCTIONAL FOODS REVOLUTION

HEALTHY PEOPLE, HEALTHY PROFITS?



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Functional Foods Revolution Healthy People Healthy Profits

Clive-Steven Curran



Functional Foods Revolution Healthy People Healthy Profits:

The Functional Foods Revolution Julian Mellentin, Michael Heasman, 2014-05-14 Foods that promote human health functional foods or nutraceuticals have caught the imagination of the global food industry All the household name companies are developing them as a key driver in their global strategies They see the prospect of new markets and bigger margins but the issues presented are fraught with complexity and difficulties Distinguishing hype from real hope the authors of this handbook explain the dilemmas and contradictions the industry faces They present a wealth of detailed marketing food policy and regulatory material from the leading markets world wide and show how the hopes of the industry and the consumer may be dashed The solution they offer is radical nothing less than a new business model of what they term a healthful company

The Functional Foods Revolution Julian Mellentin, Michael Heasman, 2014-10-14 Foods that promote human health functional foods or nutraceuticals have caught the imagination of the global food industry All the household name companies are developing them as a key driver in their global strategies They see the prospect of new markets and bigger margins but the issues presented are fraught with complexity and difficulties Distinguishing hype from real hope the authors of this handbook explain the dilemmas and contradictions the industry faces They present a wealth of detailed marketing food policy and regulatory material from the leading markets world wide and show how the hopes of the industry and the consumer may be dashed The solution they offer is radical nothing less than a new business model of what they term a healthful company

Nutritionism Gyorgy Scrinis, 2013-06-18 Popularized by Michael Pollan in his best selling In Defense of Food Gyorgy Scrinis's concept of nutritionism refers to the reductive understanding of nutrients as the key indicators of healthy food an approach that has dominated nutrition science dietary advice and food marketing Scrinis argues this ideology has narrowed and in some cases distorted our appreciation of food quality such that even highly processed foods may be perceived as healthful depending on their content of good or bad nutrients Investigating the butter versus margarine debate the battle between low fat low carb and other weight loss diets and the food industry's strategic promotion of nutritionally enhanced foods Scrinis reveals the scientific social and economic factors driving our modern fascination with nutrition Scrinis develops an original framework and terminology for analyzing the characteristics and consequences of nutritionism since the late nineteenth century He begins with the era of quantification in which the idea of protective nutrients caloric reductionism and vitamins curative effects took shape He follows with the era of good and bad nutritionism which set nutricentric dietary guidelines and defined the parameters of unhealthy nutrients and concludes with our current era of functional nutritionism in which the focus has shifted to targeted nutrients superfoods and optimal diets Scrinis's research underscores the critical role of nutrition science and dietary advice in shaping our relationship to food and our bodies and in heightening our nutritional anxieties He ultimately shows how nutritionism has aligned the demands and perceived needs of consumers with the commercial interests of food manufacturers and corporations Scrinis also offers an alternative paradigm for assessing the

healthfulness of foods the food quality paradigm that privileges food production and processing quality cultural traditional knowledge and sensual practical experience and promotes less reductive forms of nutrition research and dietary advice

American Organic Robin O'Sullivan, 2015-10-12 In 1947 when J I Rodale editor of Organic Gardening declared the Revolution has begun a mere 60 000 readers and a ragtag army of followers rallied to the cause touting the benefits of food grown with all natural humus More than a half century later organic farming is part of a multi billion dollar industry spreading from the family farm to agricultural conglomerates and from the supermarket to the farmer s market to the dinner tables of families all across America In the organic zeitgeist the adage you are what you eat truly applies and this book reveals what the dynamics of organic culture tells us about who we are Rodale s goal was to improve individuals and the world American Organics shows how the organic movement has been more successful in the former than the latter while preserving connections to environmentalism agrarianism and nutritional dogma With the unbiased eye of a cultural historian Robin O Sullivan traces the movement from agricultural pioneers in the 1940s to hippies in the 1960s to consumer activists today from a counter cultural moment to a mainstream concern with advocates in highbrow culinary circles agri business and mom and pop grocery stores Her approach is holistic examining intersections of farmers gardeners consumers government regulations food shipping venues advertisements books grassroots groups and mega industries involved in all echelons of the organic food movement In American Organic we see how organic growing and consumption has been everything from a practical decision lifestyle choice and status marker to a political deed subversive effort and social philosophy and how organic production and consumption are entrenched in the lives of all Americans whether they eat organic food or not

Beverage Quality and Safety Tammy Foster, Purnendu C. Vasavada, 2003-06-26 Based on an IFT short course Beverage Quality and Safety offers information on the latest beverage industry trends related to products processing and packaging technologies including new generation nutraceutical beverages It also covers important regulatory issues including federal regulations on HACCP Among the topical issues it addresses *Nutrition, Choice and Health-Related Claims* Tiziana de-Magistris, 2020-05-28 This book presents different articles focused on the role of nutritional properties and or health related claims on choice preferences choice behavior healthy eating healthy diet and the willingness to pay for certain foods

Sustainability Challenges in the Agrofood Sector Rajeev Bhat, 2017-04-24 Sustainability Challenges in the Agrofood Sector covers a wide range of agrofood related concerns including urban and rural agriculture and livelihoods water energy management food and environmental policies diet and human health Significant and relevant research topics highlighting the most recent updates will be covered with contributions from leading experts currently based in academia government bodies and NGOs see list of contributors below Chapters will address the realities of sustainable agrofood the issues and challenges at stake and will propose and discuss novel approaches to these issues This book will be the most up to date and complete work yet published on the topic with new and hot topics covered as well as the core aspects and challenges of agrofood

sustainability Food Biotechnology: Principles and Practices Vinod K. Joshi,R.S. Singh,2012-03-10 This book covers the course of Food Biotechnology adopted by various universities The book is primarily meant for undergraduate and postgraduate classes as a Reference cum Textbook It would be very useful both from teaching and research point of view All the chapters in the book are contributed by the experts in their respective fields of research These are intended to equip the readers with the basics and applied research in food biotechnology To make concepts more clear the contents have been divided into following sections The aim is to develop an authentic account of biotechnology in the food industry and stimulate research in food biotechnology Unlike the past the present food industry is profitably deriving benefits from bioengineering These applied aspects are covered so that the students could take relevant assignments in the food industry It also highlights future needs of research on the various aspects of food biotechnology The book includes topics like biosensors biocolours biopreservatives probiotics genetically modified foods and microbial flavours The book addresses various disciplines of food microbiology food biotechnology food engineering and postharvest technology *The Anticipation of Converging Industries* Clive-Steven Curran,2013-06-13 The blurring of boundaries between hitherto distinct scientific disciplines technologies or markets is a common and powerful phenomenon Subjects of this convergence often change consumer behaviours favouring products and platforms with multiple functions The Anticipation of Converging Industries provides a detailed focus on the triggers drivers and consequences of convergence to create a more concise definition of convergence This detailed analysis includes a specifically developed toolbox for convergence foresight creating a forecasting method for convergence trends With the focus on the chemical biotechnological and pharmaceutical industries several indicators of convergence in the areas of Nutraceuticals Functional Foods Cosmeceuticals and ICT are derived from samples including over 1million patents and scientific publications By supporting this methodical approach with real world data The Anticipation of Converging Industries is perfect for industry practitioners looking for a competitive edge in the present and for the future Similarly academics will find a comprehensive theoretical concept for better understanding the underlying rationale of convergence at their disposal

Oil and Oilseed Processing Tomás Lafarga,Gloria Bobo,Ingrid Aguiló-Aguayo,2021-04-08 Oil and Oilseed Processing The latest information available on oil and oilseed processing Oil and Oilseed Processing offers a comprehensive text that explores both the conventional and novel green extraction methods used to extract oils from seeds The authors noted experts on the topic examine the positive aspects of operations in processing oil and oilseeds and present the processing concepts principles effects on quality as well as the stability characteristics limitations and challenges Due to the economic implications associated with the overproduction of seed oils the book includes pertinent information on vegetable and animal derived oils for industrial applications The authors also explore recent applications and future perspectives for vegetable and animal oils use in the food and non food industry Safety concerns regarding oil and oilseed processing and waste valorisation are also covered in depth This important guide Explores the traditional and new extraction methods used to extract oils from

seeds Contains the most up to date insight into oil and oilseed processing Focuses on the areas of oil processing safety quality and nutritional evaluation Written for food scientists and professional food technologists Oil and Oilseed Processing is the only book on the market that contains the most recent information on all aspects of oil and oilseed processing

Encyclopedia of Biotechnology in Agriculture and Food Dennis R. Heldman, Dallas G. Hoover, Matthew B.

Wheeler, 2010-07-21 The Encyclopedia of Biotechnology in Agriculture and Food provides users with unprecedented access to nearly 200 entries that cover the entire food system describing the concepts and processes that are used in the production of raw agricultural materials and food product manufacturing So that users can locate the information they need quickly without having to flip through pages and pages of content the encyclopedia avoids unnecessary complication by presenting information in short accessible overviews Addresses Environmental Issues Sustainability in the Context of 21st Century Challenges Edited by a respected team of biotechnology experts this unrivaled resource includes descriptions and interpretations of molecular biology research including topics on the science associated with the cloning of animals the genetic modification of plants and the enhanced quality of foods It discusses current and future applications of molecular biology with contributions on disease resistance in animals drought resistant plants and improved health of consumers via nutritionally enhanced foods Uses Illustrations to Communicate Essential Concepts Visually Enhance the Text This one of a kind periodical examines regulation associated with biotechnology applications with specific attention to genetically modified organisms regulation differences in various countries and biotechnology's impact on the evolution of new applications The encyclopedia also looks at how biotechnology is covered in the media as well as the biotechnology environment interface and consumer acceptance of the products of biotechnology Rounding out its solid coverage the encyclopedia discusses the benefits and concerns about biotechnology in the context of risk assessment food security and genetic diversity ALSO AVAILABLE ONLINE This Taylor Francis encyclopedia is also available through online subscription offering a variety of extra benefits for both researchers students and librarians including Citation tracking and alerts Active reference linking Saved searches and marked lists HTML and PDF format options For more information visit Taylor Francis Online or contact us to inquire about subscription options and print online combination packages US Tel 1 888 318 2367 E mail e reference taylorandfrancis com International Tel 44 0 20 7017 6062 E mail online sales tandf co uk Dennis R Heldman speaks about his work on the CRC Press YouTube Channel **Food Wars** Tim Lang, Michael Heasman, 2015-10-16 In the years since publication of the first edition of Food Wars much has happened in the world of food policy This new edition brings these developments fully up to date within the original analytical framework of competing paradigms or worldviews shaping the direction and decision making within food politics and policy The key theme of the importance of integrating human and environmental health has become even more pressing In the first edition the authors set out and brought together the different strands of emerging agendas and competing narratives The second edition retains the same core structure and

includes updated examples case studies and the new issues which show how these conflicting tendencies have played out in practice over recent years and what this tells us about the way the global food system is heading Examples of key issues given increased attention include nutrition including the global rise in obesity as well as chronic conditions hunger and under nutrition the environment particularly the challenges of climate change biodiversity loss water stress and food security food industry concentration and market power volatility and uncertainty over food prices and policy responses tensions over food democracy and citizenship social and cultural aspects impacting food and nutrition policies

Health Without Bodies Kim Hendrickx, 2023-11-22 Health Without Bodies invites readers on an ethnographic exploration of the boundary between food and medicine Food related health claims are governed in the EU as voluntary statements on food labels to help consumers make informed choices This poses an interesting problem when claims refer to health one can no longer ignore that consumers have bodies Asking how these claims have become possible as a new kind of truth statement on the market this book reveals the contours of a fundamental tension between what is expected from consumers in a liberal market economy and how food and the body come to trouble those expectations In doing so it illuminates why the difference between food and medicine is such a sensitive issue and why seemingly trivial health claims have been subject to so much debate and political control Afterword by Isabelle Stengers

Science of Gluten-Free Foods and Beverages Elke Arendt, Fabio Dal Bello, 2016-06-22 In genetically susceptible individuals the ingestion of gluten and related proteins triggers an immune mediated enteropathy known as celiac disease CD Recent epidemiological studies have shown that 1 in 100 people worldwide suffers from CD a rate that establishes CD as one of the most common food intolerances CD patients that eat wheat or related proteins such as hordeins barley and secalins rye undergo an immunological response localized in the small intestine that destroys mature absorptive epithelial cells on the surface of the small intestine Currently the only way to treat CD is the total life long avoidance of gluten ingestion Therefore people that have CD must follow a very strict diet and avoid products that contain wheat rye and barley Avoiding cereals leads to a recovery from the disease and significant improvement of the intestinal mucosa and its absorptive functions Celiac patients are not in the position to eat some of the most common foods such as breads pizzas and biscuits or to drink beer and whiskey Because of the unique properties of gluten producing good quality gluten free products is a big challenge for scientists Science of Gluten Free Foods and Beverages covers the work presented at the First International Conference on Gluten Free Cereal Products and Beverages The area of gluten free foods and beverages is becoming more and more important since the number of people with CD and gluten allergies is rising In the United Kingdom 10% of the population claims to have food allergies This book will be extensively referenced It is meant to give an overview of the work being carried out in the area of gluten free science Covers the work presented at the First International Conference on Gluten Free Cereal Products and Beverages Provides an overview of the work being carried out in the area of gluten free science Supports the production good quality gluten free products

Nutrition Through the Life

Cycle Prakash Shetty, 2007-10-31 Nutrition is viewed traditionally as the specific dietary requirements of different age groups without exploring diet in the context of a life long contributory factor to well being Nutrition Through the Life Cycle summarises what is known about the relationship between diet and health at different points in the life cycle and the nutritional requirements of individuals of different ages Nutrition policy and health promotion are discussed together with how dietary interventions can provide long term benefits to individuals and populations Also covered are the major dietary challenges that exist in modern society including the rise in incidence of obesity in both children and adolescents anaemia in children and adolescents and diet related cancers This book is published in association with Leatherhead Food International

Gluten-Free Cereal Products and Beverages Elke Arendt, Fabio Dal Bello, 2011-04-28 Gluten Free Cereal Products and Beverages is the only book to address gluten free foods and beverages from a food science perspective It presents the latest work in the development of gluten free products including description of the disease the detection of gluten and the labeling of gluten free products as well as exploring the raw materials and ingredients used to produce gluten free products Identifying alternatives to the unique properties of gluten has proven a significant challenge for food scientists and for the 1% of the world's population suffering from the immune mediated enteropathy reaction to the ingestion of gluten and related proteins commonly known as Celiac Disease This book includes information on the advances in working with those alternatives to create gluten free products including gluten free beer malt and functional drinks Food scientists developing gluten free foods and beverages cereal scientists researching the area and nutritionists working with celiac patients will find this book particularly valuable Written by leading experts presenting the latest developments in gluten free products Addresses Coeliac Disease from a food science perspective Presents each topic from both a scientific and industrial point of view

Imagined Futures in Science, Technology and Society Gert Verschraegen, Frédéric Vandermoere, Luc Braeckmans, Barbara Segaert, 2017-04-07 Imagining forecasting and predicting the future is an inextricable and increasingly important part of the present States organizations and individuals almost continuously have to make decisions about future actions financial investments or technological innovation without much knowledge of what will exactly happen in the future Science and technology play a crucial role in this collective attempt to make sense of the future Technological developments such as nanotechnology robotics or solar energy largely shape how we dream and think about the future while economic forecasts gene tests or climate change projections help us to make images of what may possibly occur in the future This book provides one of the first interdisciplinary assessments of how scientific and technological imaginations matter in the formation of human ecological and societal futures Rooted in different disciplines such as sociology philosophy and science and technology studies it explores how various actors such as scientists companies or states imagine the future to be and act upon that imagination Bringing together case studies from different regions around the globe including the electrification of German car infrastructure or genetically modified crops in India Imagined Futures in Science Technology and Society shows

how science and technology create novel forms of imagination thereby opening horizons toward alternative futures By developing central aspects of the current debate on how scientific imagination and future making interact this timely volume provides a fresh look at the complex interrelationships between science technology and society This book will be of interest to postgraduate students interested in Science and Technology Studies History and Philosophy of Science Sociology Cultural Studies Anthropology Political Sciences Future Studies and Literary Sciences **Case Studies in Food Product**

Development M Earle,R Earle,2007-12-18 New product development is vital for the future of the food industry Many books have been written on NPD theory over the last 40 years but much can still be learnt by studying actual experiences of NPD Case studies in food product development describes specific NPD projects in a variety of industries internationally and also records overall comments written by the very people who have completed the projects Part one outlines new product development in the food industry and part two views product development strategy and management in different companies and organisations Parts three four and five are twelve case studies on respectively the product development process technological development consumer and market research Part six considers product development in practice and the final chapter demonstrates how product developers are being educated The case studies are written by experienced product developers talking openly about experiences with their own products It is hoped that those faced with similar challenges will gain from these real life experiences Mary and Dick are also co authors with Allan Anderson of Food product development which has achieved international success Case studies in food product development is a complement and a practical companion to this book Describes new product development in a variety of international industries Outlines new product development in the food industry and views product management and strategy in different organisations Includes case studies focusing on the product development process technological development and consumer and market research

Food Wars Michael Heasman,Tim Lang,2004-04-26 Food Wars is a heartening book which calls for a radical change in the way the world feeds itself It offers a blueprint for a future where nobody goes to bed hungry Derek Cooper founder presenter of the BBC s Food Programme An important book that should be read by everyone who cares about how the way food is produced affects our own health as well as that of the environment and our national economies Marion Nestle author of Food Politics and Paulette Goddard Professor of Nutrition Food Studies and Public Health New York University The emergence of global markets has a far reaching impact on what we eat and on health food security social justice and quality of life What matters now is not just what we eat but how and where it has been produced distributed and processed and the assumptions upon which this production is based a global politics of food and health Food Wars argues that two conflicting paradigms one developing food through integrating the life sciences the other though ecology are battling to replace the dominant industrial productionist model of the 20th century both grappling to attract investment public support and policy legitimacy over the appropriate use of biology and food technologies *Innovative Technologies in Beverage Processing*

Ingrid Aguilo-Aguayo, Lucia Plaza, 2017-05-18 An in depth look at new and emerging technologies for non alcoholic beverage manufacturing The non alcoholic beverage market is the fastest growing segment of the functional food industry worldwide Consistent with beverage consumption trends generally the demand among consumers of these products is for high nutrient drinks made from natural healthy ingredients free of synthetic preservatives and artificial flavor and color enhancers Such drinks require specialized knowledge of exotic ingredients novel processing techniques and various functional ingredients The latest addition to the critically acclaimed IFST Advances in Food Science series this book brings together edited contributions from internationally recognized experts in their fields who offer insights and analysis of the latest developments in non alcoholic beverage manufacture Topics covered include juices made from pome fruits citrus fruits prunus fruits vegetables exotic fruits berries juice blends and non alcoholic beverages including grain based beverages soups and functional beverages Waste and by products generated in juice and non alcoholic beverage sector are also addressed Offers fresh insight and analysis of the latest developments in non alcoholic beverage manufacture from leading international experts Covers all product segments of the non alcoholic beverage market including juices vegetable blends grain based drinks and alternative beverages Details novel thermal and non thermal technologies that ensure high quality nutrient retention while extending product shelf life Written with the full support of The Institute of Food Science and Technology IFST the leading qualifying body for food professionals in Europe Innovative Technologies in Beverage Processing is a valuable reference working resource for food scientists and engineers working in the non alcoholic beverage industry as well as academic researchers in industrial food processing and nutrition

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