

Functional Foods Ii Claims And Evidence

Clare M. Hasler



Functional Foods II Claims And Evidence:

Clinical Aspects of Functional Foods and Nutraceuticals Dilip Ghosh, Debasis Bagchi, Tetsuya Konishi, 2014-08-29 In the last three decades revolutionary achievements have taken place in nutraceutical and functional food research including the introduction of a number of cutting edge dietary supplements supported by human clinical trials and strong patents Novel manufacturing technologies including unique extraction processes bioavailability improvements through delivery technologies such as nanotechnology and innovative packaging have been critical steps for their successful positioning in the marketplace and consumer acceptance worldwide Nonetheless mixed messages have emerged from both the scientific community and the media concerning the potential benefits of foods and nutrients in the treatment and prevention of disease This confusion in addition to existing marketed products making questionable health claims have led health practitioners and consumers to become skeptical about nutritional claims of new and emerging food products *Clinical Aspects of Functional Foods and Nutraceuticals* provides an extensive overview of the clinical aspects of functional foods and nutraceuticals It contains information on both nutritional challenges and potential health benefits of functional foods and nutraceuticals In addition to exploring the underpinning science the book also focuses on food innovation functional foods in human health food drug interactions functional foods in medicine the seed to clinic approach global regulatory frameworks challenges and future directions The book provides an essential overview of the clinical aspects surrounding functional foods and nutraceuticals for key stakeholders drawing links between areas of knowledge that are often isolated from each other This form of knowledge integration will be essential for practice especially for policy makers and administrators

Food Products Evolution: Innovation Drivers and Market Trends Angela Tarabella, 2019-06-29 Modern awareness of nutrition issues can be understood correctly if considered the destination of a historic journey the critical aspects and outcomes of which have led to the current situation In fact over time there have been changes to scientific knowledge food availability and processing and preservation methods Commercial exchange has increased considerably between the countries of the world so much so that it has defined a completely different scenario to the past and has influenced food availability distribution models preservation methods and the composition of individual foodstuffs The products consumed on a daily basis throughout the world in industrialised countries have undergone review by the food industry incorporating great aspects of innovation that make them highly different in their structure content and even the packaging that protects and contains them After covering the subject of innovation in the food sector this Brief of work will discuss the various first and second generation product categories distributed in Europe starting from the period of post war reconstruction in order to illustrate the reasons that led to their birth and development on the market Specific examples are shown for each proposed class including highlights of their properties technologies innovation potential related regulations and distinctive features

Functional Foods Maria Saarela, 2011-04-30 The first edition of Functional foods Concept to product quickly established

itself as an authoritative and wide ranging guide to the functional foods area There has been a remarkable amount of research into health promoting foods in recent years and the market for these types of products has also developed Thoroughly revised and updated this major new edition contains over ten additional chapters on significant topics including omega 3 polyunsaturated fatty acids consumers and health claims and functional foods for obesity prevention Part one provides an overview of key general issues including definitions of functional foods and legislation in the EU the US and Asia Part two focuses on functional foods and health investigating conditions such as cardiovascular disease diabetes cancer obesity and infectious diseases as well as and the impact of functional foods on cognition and bone health Part three looks at the development of functional food products Topics covered include maximising the functional benefits of plant foods dietary fibre functional dairy and soy products probiotics and omega 3 polyunsaturated fatty acids PUFAs With its distinguished editors and international team of expert contributors Functional foods Concept to product is a valuable reference tool for health professionals and scientists in the functional foods industry and to students and researchers interested in functional foods Provides an overview of key general issues including definitions of functional foods and legislation in the EU the US and Asia Focuses on functional foods and health investigating conditions such as cardiovascular disease diabetes cancer obesity and infectious diseases Examines the development of functional food products featuring maximising the functional benefits of plant foods dietary fibre functional dairy and soy products

Handbook of Functional Dairy Products Colette Shortt, John O'Brien, 2003-11-24 Handbook of Functional Dairy Products reveals key advances in the field explores the product development process and identifies the market dynamics driving product innovation Chapters examine specific ingredients and products safety and technology issues the impact of biotechnology the regulatory environment and the communication of health benefits With an emphasis on the potential contribution of functional dairy products in the maintenance of health and prevention of disease the book includes in depth discussions of probiotics dairy derived carbohydrates and prebiotics bioactive peptides the immune modulating effects of dairy ingredients the health effects of conjugated linoleic acid CLA and calcium and iron fortifi

Regulation of Functional Foods and Nutraceuticals Clare M. Hasler, 2008-02-28 Regulation of Functional Foods and Nutraceuticals A Global Perspective offers a comprehensive resource for information on regulatory aspects of the growing and economically important functional food industry Regulatory systems and definitions of key terms food supplement drug etc vary from country to country A thorough understanding of laws and regulation within and among key countries with regard to functional foods herbal extracts or drugs and nutritional supplements is critical to the direction of food companies that are developing products for these markets International experts with legal and or scientific expertise address relevant topics from quality issues to organic foods to labeling Innovative product development within the framework of existing regulations will be addressed in individual chapters Overview chapters will discuss global principles inter country trading issues and present a comparison of the laws

and regulations within different countries graphically A must have handbook for research professionals management and marketing strategists in the worldwide functional foods nutritional supplements business Food technicians and engineers responsible for manufacturing quality in this industry should add it to their library to ensure that they have a thorough knowledge of the applicable legal requirements The book will also serve as an indispensable shelf reference for lawyers in the food industry and government health professionals with regulatory responsibilities

Nutraceutical and Functional Food Regulations in the United States and around the World Debasis Bagchi, 2019-06-08 Nutraceutical and Functional Food Regulations in the United States and Around the World Third Edition addresses the latest regulatory requirements designed to ensure the safe production and delivery of these valuable classes of foods The book is well recognized showing how food and nutrition play a critical role in enhancing human performance and in overall health The book discusses the scope importance and continuing growth opportunities in the nutraceutical and functional food industries exploring the acceptance and demand for these products regulatory hurdles the intricate aspects of manufacturing procedures quality control global regulatory norms and guidelines Contains five new chapters that address regulations in Germany New Zealand Saudi Arabia the United Arab Emirates South Africa and Brazil Argentina and other Southern American Countries Provides foundational regulatory terminology Describes GRAS status and its role in functional food Presents a complete overview of cGMP and GMP Identifies and defines the roles of NSF DSHEA FTC and FDA

Engineering Aspects of Milk and Dairy Products Jane Selia dos Reis Coimbra, Jose A. Teixeira, 2016-04-19 Expert Insight into the Engineering Aspects of Dairy Products Manufacturing Consumer demand is constantly on the rise for better and more nutritious dairy products from traditional milk to new high value added products like meal replacement drinks This changing market preference reinforces the importance of milk as a raw material in the food industry

Functional Foods and Biotechnology Kalidas Shetty, Dipayan Sarkar, 2019-12-23 The first of two related books that kick off the Food Biotechnology series Functional Foods and Biotechnology Sources of Functional Foods and Ingredients focuses on the recent advances in the understanding of the role of cellular metabolic and biochemical concepts and processing that are important and relevant to improve functional foods and food ingredients targeting human health benefits This volume explores sources of ecologically based diversity of functional foods and food ingredients that are available to enhance diverse nutritional values and functional benefits of foods for better human health outcomes especially focusing on emerging diet and lifestyle linked non communicable chronic disease NCDs challenges The contributors with expertise in the field of Food Biotechnology and Functional Food Ingredients have integrated the recent advances in some common as well as novel sources of functional foods and ingredients from diverse ecological and cultural origins Further these chapters also highlight human health relevant bioactive profiles and associated functionalities of these health promoting compounds including preventative functional roles for common NCD linked health benefits

FEATURES Provides ecological and metabolic rationale to integrate novel functional food and functional

ingredient sources in wider health focused food system innovations Examines the value added role of select functional foods and food ingredients to improve NCD linked health benefits such as type 2 diabetes cardiovascular disease and human gut improvement Includes insights on system based solutions to advance climate resilient and health focused food diversity based on diverse biotechnological approaches to design and integrate functional food and food ingredient sources Overall the rationale of this book series is focused on Metabolic Driven Rationale to Advance Biotechnological Approaches for Functional Foods the synopsis of which is presented as the Introduction chapter which is followed by a chapter on current understanding about regulatory guidelines for health claims of functional foods and food ingredients Special topics on nonnutritive sweeteners caroteneprotein from seafood waste and Xylooligosaccharides as functional food ingredients for health focused dietary applications are integrated in this book Additionally ecologically and metabolically driven functional roles of common food sources such as corn and barley and some novel food sources such as ancient emmer wheat black soybean fava bean herbs from Lamiaceae and functional protein ingredients and minerals from Lemnaceae are also highlighted in this volume The overall goal is to provide insights on role of these functional food and ingredient sources for their integration in wider health focused food systems which will help food scientists food industry personnel nutritionists crop science researchers public health professionals and policy makers to make appropriate decisions and to formulate strategies for improving health and well being A related book focuses on biological and metabolically driven mobilization of functional bioactives and ingredients and their analysis that is relevant in health and wellness **The Functional Foods**

Revolution Julian Mellentin, Michael Heasman, 2014-05-14 Foods that promote human health functional foods or nutraceuticals have caught the imagination of the global food industry All the household name companies are developing them as a key driver in their global strategies They see the prospect of new markets and bigger margins but the issues presented are fraught with complexity and difficulties Distinguishing hype from real hope the authors of this handbook explain the dilemmas and contradictions the industry faces They present a wealth of detailed marketing food policy and regulatory material from the leading markets world wide and show how the hopes of the industry and the consumer may be dashed The solution they offer is radical nothing less than a new business model of what they term a healthful company

Milk and Dairy Products as Functional Foods Ara Kanekanian, 2014-04-09 There continues to be strong interest within the food industry in developing new products which offer functional health benefits to the consumer The premium prices that can be charged make these added value products lucrative for manufacturers and they are also commercially popular Dairy foods are central to this sector they are good delivery systems for functional foods yoghurts milk drinks spreads and are also rich in compounds which can be extracted and used as functional ingredients in other food types Milk and Dairy Products as Functional Foods draws together a wealth of information regarding the functional health benefits of milk and dairy products It examines the physiological role and the claimed health effects of dairy constituents such as

proteins bioactive peptides conjugated linoleic acid CLA omega 3 fatty acids vitamin D and calcium These constituents have been shown to be for example anticarcinogenic anti inflammatory antihypertensive hypocholesterolemic immune modulating and antimicrobial This book examines the evidence for these claims and investigates practical approaches for utilising these attributes The book is aimed at dairy scientists and technologists in industry and academia general food scientists and technologists microbiologists and nutritionists together with all those involved in the formulation and production of functional food products

Bioactive Components in Milk and Dairy Products Young W. Park, 2009-09-15 Although bioactive compounds in milk and dairy products have been extensively studied during the last few decades especially in human and bovine milks and some dairy products very few publications on this topic are available especially in other dairy species milk and their processed dairy products Also little is available in the areas of bioactive and nutraceutical compounds in bovine and human milks while books on other mammalian species are non existent *Bioactive Components in Milk and Dairy Products* extensively covers the bioactive components in milk and dairy products of many dairy species including cows goats buffalo sheep horse camel and other minor species Park has assembled a group of internationally reputed scientists in the forefront of functional milk and dairy products food science and technology as contributors to this unique book Coverage for each of the various dairy species includes bioactive proteins and peptides bioactive lipid components oligosaccharides growth factors and other minor bioactive compounds such as minerals vitamins hormones and nucleotides etc Bioactive components are discussed for manufactured dairy products such as caseins caseinates and cheeses yogurt products koumiss and kefir and whey products Aimed at food scientists food technologists dairy manufacturers nutritionists nutraceutical and functional foods specialists allergy specialists biotechnologists medical and health professionals and upper level students and faculty in dairy and food sciences and nutrition *Bioactive Components in Milk and Dairy Products* is an important resource for those who are seeking nutritional health and therapeutic values or product technology information on milk and dairy products from the dairy cow and species beyond Areas featured are Unique coverage of bioactive compounds in milks of the dairy cow and minor species including goat sheep buffalo camel and mare Identifies bioactive components and their analytical isolation methods in manufactured dairy products such as caseins caseinates and cheeses yogurt products koumiss and kefir and whey products Essential for professionals as well as biotechnology researchers specializing in functional foods nutraceuticals probiotics and prebiotics Contributed chapters from a team of world renowned expert scientists

Consumer Perceptions and Food Diana Bogueva, 2024-10-23 This book is a timely overview of the various aspects of consumer perception related to food This book explores consumer perceptions that are vital to marketers and often underlie the success or failure of products in the marketplace Perception is the process of selecting organizing and interpreting sensations into a meaningful whole and this book highlights how human perceptions are unique highly subjective and easily distorted These perceptions are influenced by our senses sight hearing taste smell and touch as well as our beliefs emotions opinions and experiences

This book states that this is related to food and perceptions are also guided by beliefs thoughts emotions feelings and opinions about or preferences expectations and knowledge of and the sensory experience the fear and the relationships built between the consumers and the food over time This book aims to further the understanding of the fundamental mechanisms which determine individual responses to existing and emerging food issues This book provides insights into consumer behaviour e g consumer decision making promoting behaviour change factors influencing consumers food and meal choices confidence in the safety of food perception of health related messages and food laws and regulations sustainable and responsible consumer behaviour e g food waste acceptability of new food alternatives innovations and technologies integrating consumer insight and communication challenges in cross functional communications in innovation processes Consumer Perceptions and Food delves into how these perceptions shape consumer behavior from decision making and behavior change to meal choices and confidence in food safety It explores the impact of health related messages food laws and regulations and examines the acceptability of new food alternatives and technologies The book also addresses the importance of sustainable and responsible consumer behavior including food waste and ethical consumption Through a rich array of insights this book provides a deep understanding of the fundamental mechanisms that drive individual responses to food issues It emphasizes the importance of mindful eating making conscious food choices that benefit our health the environment and the planet This involves considering the origins of our food its production methods and the broader impacts of our choices on public health and ecosystems This book is a call to action for consumers to rethink their relationship with food fostering deeper connections and appreciation for sustainable practices and ethical consumption It is a crucial step in the ongoing journey of shaping the future of food guided by informed and mindful consumers

Functional Food Product Development Jim Smith,Edward Charter,2011-03-08 According to an August 2009 report from PricewaterhouseCoopers the United States market for functional foods in 2007 was US 27 billion Forecasts of growth range from between 8.5% and 20% per year or about four times that of the food industry in general Global demand by 2013 is expected to be about 100 billion With this demand for new products comes a demand for product development and supporting literature for that purpose There is a wealth of research and development in this area and great scope for commercialization and this book provides a much needed review of important opportunities for new products written by authors with in depth knowledge of as yet unfulfilled health related needs This book addresses functional food product development from a number of perspectives the process itself health research that may provide opportunities idea creation regulation and processes and ingredients It also features case studies that illustrate real product development and commercialization histories Written for food scientists and technologists this book presents practical information for use in functional food product development It is an essential resource for practitioners in functional food companies and food technology centres and is also of interest to researchers and students of food science Key features A comprehensive review of the latest opportunities in this commercially important

sector of the food industry Includes chapters highlighting functional food opportunities for specific health issues such as obesity immunity brain health heart disease and the development of children New technologies of relevance to functional foods are also addressed such as emulsion delivery systems and nanoencapsulation Includes chapters on product design and the use of functional ingredients such as antioxidants probiotics and prebiotics as well as functional ingredients from plant and dairy sources Specific examples of taking products to market are provided in the form of case studies e g microalgae functional ingredients Part of the Functional Food Science and Technology book series Series Editor Fereidoon Shahidi

Innovation in Healthy and Functional Foods Dilip Ghosh,Shantanu Das,Debasis Bagchi,R.B. Smarta,2016-04-19 The focus of food science and technology has shifted from previous goals of improving food safety and enhancing food taste toward providing healthy and functional foods Today s consumers desire foods that go beyond basic nutrition foods capable of promoting better health or even playing a disease prevention role To meet this need for innovation Functional Foods and Nutraceuticals Chukwuebuka Egbuna,Genevieve Dable Tupas,2020-08-24 Functional foods and nutraceuticals are food products that naturally offer or have been modified to offer additional health benefits beyond basic nutrition As such products have surged in popularity in recent years it is crucial that researchers and manufacturers understand the concepts underpinning functional foods and the opportunity they represent to improve human health reduce healthcare costs and support economic development worldwide Functional Foods and Nutraceuticals Bioactive Components Formulations and Innovations presents a guide to functional foods from experienced professionals in key institutions around the world The text provides background information on the health benefits bioavailability and safety measurements of functional foods and nutraceuticals Subsequent chapters detail the bioactive components in functional foods responsible for these health benefits as well as the different formulations of these products and recent innovations spurred by consumer demands Authors emphasize product development for increased marketability taking into account safety issues associated with functional food adulteration and solutions to be found in GMP adherence Various food preservation methods aimed at enhancing the quality and shelf life of functional food are also highlighted Functional Foods and Nutraceuticals Bioactive Components Formulations and Innovations is the first of its kind designed to be useful to students teachers nutritionists food scientists food technologists and public health regulators alike **Nutraceuticals and Functional Foods in Human Health and Disease Prevention** Debasis Bagchi,Harry G. Preuss,Anand Swaroop,2015-10-15 Functional foods and nutraceuticals dietary supplements and natural antioxidants have established their potential roles in the protection of human health against disease Nutraceuticals and Functional Foods in Human Health and Disease Prevention examines the benefits efficacy and success of properly designed nutraceuticals and functional foods *Developing New Functional Food and Nutraceutical Products* Debasis Bagchi,Sreejayan Nair,2016-09-19 Developing New Functional Food and Nutraceutical Products provides critical information from conceptualization of new products to marketing aiming to present a solid understanding of the

entire process through detailed coverage of key concepts namely innovation regulation manufacturing quality control and marketing Chapters provide insights into market and competitive analysis product design and development intellectual property ingredient sourcing cost control and sales and marketing strategies Examines key considerations in product development Provides a streamlined approach for product development Addresses manufacturing and quality control challenges Includes key lessons for a successful product launch and effective marketing

Health Benefits of Fermented Foods and Beverages Jyoti Prakash Tamang, 2015-04-07 Health Benefits of Fermented Foods and Beverages discusses the functionality and myriad health benefits of fermented foods and beverages of the world It examines health promoting and therapeutic properties covering the molecular process of fermentation and the resulting benefit to nutritional value and long term health Exploring a range of ferme

Functional Foods R. Chadwick, S. Henson, B. Moseley, G. Koenen, M. Liakopoulos, C. Midden, A. Palou, G. Rechkemmer, D. Schröder, A. von Wright, 2013-03-09 The Europäische Akademie is concerned with the study of scientific and technological advances for the individual society and the natural environment The work of the academy is interdisciplinary drawing on relevant academic disciplines so far as they can inform the debate on consequences and suggest solutions This book is dedicated to the issue of Functional Foods a rather topical issue with important ramifications for the overall quality of life It is the result of the Europäische Akademie's working group Functional Foods which worked from January 2001 to June 2003 Since the times of Hippocrates we view food as our medicine and medicine as our food a view that is confirmed by nowadays science which agrees that diet is related to health well being and the prevention of disease At the same time food related diseases have reached epidemic proportions in western societies while obesity is spreading rapidly in all parts and strata of modern society The cost for the health system is significant while the reduction in quality of life is immeasurable

Functional Foods and Immunity Aadinath Pothuvaal, 2024-12-15 Functional Foods and Immunity Nutritional Defense Against COVID 19 explores how dietary choices can bolster your immune system to combat the COVID 19 pandemic As the World Health Organization declared COVID 19 a global pandemic it became crucial to adopt key measures to protect ourselves Beyond maintaining hygiene standards like frequent hand washing especially after using public transport strengthening our immunity is essential Individuals with pre-existing conditions such as diabetes hypertension cardiovascular disease and respiratory issues are at higher risk of severe COVID 19 complications which also increase with age Conversely younger individuals with strong immunity can often experience milder symptoms Our dietary choices significantly impact our health and immunity Consuming a low carb diet can help manage blood sugar and pressure while a protein rich diet keeps us in good shape Regularly eating vegetables and fruits rich in beta carotene ascorbic acid and other essential vitamins boosts our resilience Foods like mushrooms tomatoes bell peppers broccoli and spinach are excellent for building immunity against infections The urgent need is to quickly enhance our immune systems to stay healthy Adopting a proper diet and taking immunity boosting measures will help us stay resilient

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