

# GOLDEN GATE

## *Trailblazer*



WHERE TO HIKE, WALK, BIKE  
IN SAN FRANCISCO AND MARIN

JERRY & JANINE SPROUT

# Golden Gate Trailblazer Where To Hike Walk And Bike In San Francisco And Marin

**Shasha Hu**



## **Golden Gate Trailblazer Where To Hike Walk And Bike In San Francisco And Marin:**

**Golden Gate Trailblazer** Jerry Sprout, 2004 Twelve new trail maps and dozens of new photographs highlight the second edition of Golden Gate Trailblazer a comprehensive guide to the great outdoors of San Francisco and Marin A guide to over 300 hikes and 200 bike rides as well as city walks family outings and after work getaways Trailblazer has all the peaks beaches forests waterfalls woodlands lakes and lagoons plus all the cultural attractions and historic sites that provide entertainment along with exercise Also includes a new Trailblazer Kids section for planning a family weekend and visitor information sources as well as the best restaurants and accommodations *Golden Gate Trailblazer* Jerry Sprout, Janine Sprout, 2001 A guide for both families and outdoor adventurers whether first time visitors or lifelong locals Trailblazer covers all of San Francisco and Marin with easy to follow descriptions for over 300 hiking trails 200 bike rides and over 100 jogging paths and trails One Night Wilderness: San Francisco Bay Area Matt Heid, 2011-09-13 Hundreds of parks preserves and protected open spaces infuse the San Francisco Bay Area with a world of unparalleled natural wonder Straddling a remarkable range of geographic and ecological diversity it provides avenues for adventure in all terrains seasons and environments An overnight journey deepens this outdoor experience One Night Wilderness San Francisco Bay Area presents the 28 best overnight backcountry opportunities in the greater Bay Area from the deep valleys of the Coast Range to the old growth redwoods of the Santa Cruz Mountains from the shores of Point Reyes National Seashore to the remote corners of the Diablo Range in Henry Coe State Park And all of them are accessible within a two hour drive from any point in the Bay Area Discovering all of these adventures without help would be a formidable challenge Nearly a dozen different governing agencies manage the parks of the Bay Area Regulations sources of information and reservation systems vary widely by park district Plus the proximity of millions of people means that hikers usually must make reservations at least a few weeks before their trip But this comprehensive guide tells hikers what they need to know to get away from the city hubbub for a night or two Within these pages you ll find detailed information on regulations agency contact information crowds and reservations for every overnight destination plus human history natural history trail descriptions fun activities maps and more **Hawaii the Big Island Trailblazer** , 2005 **Books In Print 2004-2005** Ed Bowker Staff, Staff Bowker, Ed, 2004 **Subject Guide to Books in Print** , 1991 *Forthcoming Books* Rose Arny, 2000 Backpacker , 2001-03 Backpacker brings the outdoors straight to the reader s doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world s first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they publish Backpacker s Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured Backpacker , 2001-03 Backpacker brings the outdoors straight to the reader s doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is

the world's first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured **60 Hikes**

**within 60 Miles: San Francisco** Jane Huber, 2013-07-22 Bay Area parks and preserves offer a dramatic variety of landscapes from rugged redwood forested canyons to breezy coastal bluffs grassy rolling hills to sunny chaparral coated hillsides Well known destinations such as Point Reyes National Seashore Mount Diablo State Park Mount Tamalpais State Park and many other more obscure jewels of the Bay Area park system are just a short drive from the heart of San Francisco Completely updated and including several new hikes and a complete new map set 60 Hikes within 60 Miles San Francisco guides readers to a splendid assortment of trails in the nine counties surrounding one of the world's most beautiful cities Whether hikers crave a quick and easy get out of town stroll or a challenging day long trek through wilderness this book is the perfect trailblazer for city natives and first time visitors alike Consider yourself warned Hiking in the Bay Area can be an intense and addictive experience Sure other areas of California are home to more esteemed landforms and parks Yosemite is one of many world class parks within a day's drive and backpackers traverse the state as they trek one of the country's longest routes the Pacific Crest Trail Throughout the Bay Area there are many destination parks where people from all over the world flock to walk among giant redwoods or whale watch from a wildflower dotted coastal bluff But there are hundreds of smaller parks unknown to most tourists and even lifelong residents and short drives or in some cases bus trips walks or bike rides lead to numerous parks and preserves with stunning views bountiful wildlife and quiet trails These backyard preserves are especially beneficial to the residents of the Bay Area's most densely packed cities San Jose San Francisco and Oakland Local parks provide close to home outlets for exercise and nature exploration on a daily basis thousands of people living in the foothills of Mount Tamalpais can literally walk from their front doors for miles all the way to the top of the mountain if they like Locals hike parks and open space preserves bordering the towns of Berkeley Mill Valley and Woodside daily and they take active roles in maintaining the trails Getting to know your backyard means getting to love your backyard and we fight for what we love This dedication to open space has led many ordinary citizens in rallies to save some of our most cherished Bay Area spots The campaign to preserve open space began in the era of John Muir and the list of protected parklands is long and impressive Battles continue and development still threatens many special areas As you make your way over trails throughout the Bay Area think of what we could have lost and have already preserved old growth redwoods in Muir Woods saved from logging Point Reyes National Seashore and the Marin Headlands saved from huge housing complexes various small parks including Edgewood saved from development as golf courses as well as many other common plots of land preserved to make life a little better for the surrounding community *Moon 101 Great Hikes San Francisco Bay Area* Ann Marie Brown, 2018-06-05 Moon Travel Guides Your Adventure Starts Here Whether you're trekking through

the wildflowers of the South Bay or the redwood forests of Marin get a breath of fresh air with Moon 101 Great Hikes San Francisco Bay Area Flexible Hiking Options Hikes range from short flat routes suitable for families to day long steep treks for more ambitious hikers with options to extend or shorten many routes Explore the Trails All hikes are marked with difficulty ratings features such as dog friendly or wheelchair accessible and highlights like waterfalls beaches historic sites wildlife and wildflowers Maps and Directions Follow easy to use maps and point by point navigation for each trail including driving directions to trailheads GPS coordinates and public transit options when available Top Hikes Strategic lists like Waterfalls Short Backpacking Trips Peak Vistas and more will help you choose the right hike for you in Napa Sonoma Marin the East Bay San Francisco the Peninsula and the South Bay Trusted Advice Ann Marie Brown shares the experience and knowledge she s gained from hiking biking and camping in and around the Bay Area more than 150 days a year Tips and Tools Find essentials like health and safety information trail etiquette background on the landscape and history of the trails and volunteer opportunities so you can help keep the trails as beautiful as you found them Whether you re a veteran or a first time hiker Moon s practical tips and comprehensive coverage will have you ready to lace up your boots and hit the trails Looking for hikes beyond the Bay Try Moon Northern California Hiking or Moon California Hiking Ready for an overnight adventure Check out Moon Northern California Camping or Moon California Camping      **Peninsula Trails** Jean

Rusmore,Betsy Crowder,Frances Spangle,Sue LaTourrette,2004-12-30 Choose from more than 150 trips on over 500 miles of trails with this comprehensive guide to every park and preserve on the San Francisco Peninsula From Fort Funston and San Bruno Mountain south to Saratoga Gap and from the Bay west to the Pacific Ocean the peninsula offers something for everyone This updated edition includes 18 new trips covering newly acquired public lands Also includes maps and a trips by theme appendix      Top Trails: San Francisco Bay Area David Weintraub,Ben Pease,2010-12-10 Longtime San Francisco residents and intrepid hikers David Weintraub and Ben Pease have selected 44 must do trips for hiking running and bicycling Trails range from easy strolls to all day treks from 2 to 12 miles covering the most scenic parks and preserves between Santa Rosa and San Jose The second edition features new hikes in Muir Woods and the Presidio more elevation profiles and at a glance information helps you find the best wildflowers fall color bird watching camping historic sites and cool hikes for hot days      **Walking San Francisco** Tracy Salcedo,2014-11-18 San Francisco is one of America s most walkable cities and this book describes 18 walks that can be taken by the casual visitor including 9 in the Golden Gate National Recreation Area the world s largest urban national park This compact guidebook will walk you through the best San Francisco has to offer If you re planning to visit San Francisco or explore your hometown you ll be sure you re on the right track with this guidebook

Hike San Francisco: Best Day Hikes in the Golden Gate National Parks & Around the City John McKinney,2019-07-22 Easy to use guide to the best hikes in and around San Francisco Explore the Golden Gate national parklands including the Presidio Land s End and the Marin Headlands Hikes feature waterfalls wildflowers breathtaking views and more Complete

with colorful stories trusted trail accounts clear maps and directions      *HIKE San Francisco* John McKinney, 2014-07-12

HIKE San Francisco shares the best day hikes in the city and along the shoreline as well as a sampling of the splendid parklands north of the Golden Gate Bridge In this new guide Trailmaster John McKinney connects proud residents and the millions of visitors a year who visit San Francisco with the stunningly beautiful natural world nearby The guide is one of the popular books in The Trailmaster Pocket Guide series created especially for hikers and designed to fit perfectly in the hiker's pocket or pack HIKE San Francisco comes complete with The Trailmaster's colorful stories trusted trail accounts and easy to follow maps From Golden Gate Park to Twin Peaks to Lands End John McKinney shares favorite hikes in San Francisco's natural treasures and nearby national parkland Hike San Francisco comes complete with The Trailmaster's colorful stories proven trail accounts and easy to follow maps Take a water bottle trail snack and this guide and Walk across the Golden Gate Bridge escape to Alcatraz and hike Angel Island jewel of San Francisco Bay Explore the Presidio Baker Beach Muir Beach and many more memorable locales in Golden Gate National Recreation Area Hike the magnificent Marin Headlands ascend mighty Mt Tamalpais and admire the ancient redwoods in Muir Woods Like so many other hikers I left my heart in San Francisco and the great hiking in and around the City by the Bay is a big reason why The Trailmaster explains The city is loaded with parks and very hiker friendly      **Golden Gate Promenade**, 197?      **Moon 101 Great Hikes of the San Francisco Bay Area** Ann Marie Brown, 2014-09-16 Your Adventure Starts Here with Moon Travel Guides Are you at home in the golden hills of Berkeley or the lush redwood forests of Marin Explore the paradise just outside your door with Moon 101 Great Hikes of the San Francisco Bay Area Inside you'll find A Hike for Everyone Hikes range from short flat routes suitable for families to daylong steep treks for more ambitious hikers with options to extend or shorten the hikes All hikes are rated for difficulty and marked for features such as dog friendly or wheelchair accessible Explore the Trails Highlights like waterfalls beaches historic sites wildlife and wildflowers are noted on each hike Maps and Directions Explore with easy to use maps and point by point navigation for each trail and including driving directions to each trailhead with GPS coordinates and public transit options when available Top Hikes Lists like Best Redwood Forests Best Short Backpacking Trips and Best Bird Watching will help you choose where to hike in Napa Sonoma Marin the East Bay San Francisco the Peninsula and the South Bay Trusted Advice Anne Marie Brown shares the experience and knowledge she's gained from hiking biking and camping in and around the Bay Area more than 150 days a year Tips and Tools Find essentials like health safety and trail etiquette background information on the landscape and history of the trails and volunteer opportunities so you can help keep the trails as beautiful as you found them Whether you're a veteran or a first time hiker Moon's comprehensive coverage and trusted advice will have you ready to lace up your hiking boots and head out on your next adventure Looking for trails beyond the Bay Area Try Moon Northern California Hiking or Moon California Hiking Ready for an overnight outdoor adventure Check out Moon Northern California Camping or Moon California Camping      *Hike the Golden Gate National Parklands*

John McKinney, 2022-07-08 From the historic Presidio to Lands End to Rodeo Lagoon the best trails in a sprawling national parkland two and a half times the size of San Francisco Explore Fort Mason and Fort Funston meander among the ancient redwoods in Muir Woods escape to Alcatraz Island Hike the Coastal Trail along San Francisco's varied shoreline over the Golden Gate Bridge and across the Marin Headlands Get grand vistas from Hawk Mountain and Sweeney Ridge and glorious sunsets galore from GGNRA's 60 miles of coast Complete with The Trailmaster's colorful stories proven trail accounts and easy to follow maps

**Bay Area Ridge Trail** Elizabeth Byers, 2019-04-16 Find Solitude and Dramatic Views Around San Francisco Bay Everyone needs a break from their daily life Escape to the oak studded grasslands and tranquil forests of the Bay Area Ridge Trail Hike bike or ride through nine counties with the official guide endorsed by the Bay Area Ridge Trail Council Discover dramatic coastlines a range of ecosystems former Mexican ranchos vistas that inspired Spanish explorers and more Join author Elizabeth Byers a founding board member of the council and Jean Rusmore and choose from 75 trail segments on a network of paths that ring San Francisco Bay Make your way through parks and public lands like Mount Tamalpais State Park and Sierra Azul Open Space Preserve Trips range from a 2.5 mile excursion over the Benicia Martinez Bridge to a 12.5 mile traverse of Bolinas Ridge You can also link several trips together to create a continuous trek that is 20 40 or even 80 miles long Each trip includes summary information like distance accessibility regulations and facilities as well as an easy to read map Comprehensive trail directions help to ensure that you always know where to go while details on the region's history and culture entertain you along the way Grab the updated full color edition of Bay Area Ridge Trail and start planning your next adventure The perfect outing is closer than you think

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