

Virginia K. Stowe y Andrea Thompson

Educar niños felices y obedientes con disciplina positiva

Estrategias para una paternidad responsable



Educar Ninos Felices Y Obedientes Con Disciplina Positiva

Clifford Lane



Educar Niños Felices Y Obedientes Con Disciplina Positiva:

Educar niños felices y obedientes con disciplina positiva Virginia K. Stowe, Andrea Thompson, 2010-10 Para la mayoría de los padres de niños en edad preescolar las discusiones con los hijos son habituales en la vida cotidiana. Con frecuencia acaban malhumorados dando rdenes gritando y en ocasiones incluso actuando de una manera que después lamentan. Sin embargo existe una forma más adecuada de actuar. Con este libro los padres podrán poner fin a los constantes conflictos con sus hijos que interfieren en los placeres de la vida familiar. **Educar niños felices y obedientes con disciplina positiva** ofrece treinta sugerencias fáciles de aplicar que han demostrado su efectividad a la hora de afrontar las situaciones cotidianas que ponen a prueba la paciencia de los padres. Al enfrentarse a situaciones de tensión que exigen acciones y resultados eficaces este libro ofrece a los padres las claves para educar a sus hijos con seguridad y confianza. *Guía Práctica Para Padres*, **Familias inteligentes** Antonio Ortuño Terriza, Cada vez hay más libros en el mercado que abordan temas educativos y familiares. Algo que debería ser visto como positivo no lo es tanto. Al consultar en internet al leer un libro o un artículo sobre cómo actuar ante cualquier conflicto cotidiano familiar pueden ocurrir varias cosas. En concreto queremos resaltar tres. Se puede llegar a recomendar una pauta educativa y la contraria. Como dicen las familias. No os aclaréis. Que si castigos si castigos no. Que si hay que tener niños obedientes o responsables. Que si los límites o de otra manera. Las recomendaciones están plagadas de mensajes correctores. Informaciones centradas en lo que no deben hacer las familias no en lo que se puede hacer. Irremediablemente este tipo de comunicación negativa genera casi siempre sentimientos de culpabilidad. Como relatan algunas familias nos sentimos continuamente regañados nos decís todo el rato lo que hay que hacer que no hay que gritar que no hay que castigar que no pero y qué. Algunas informaciones que llegan a las familias las tildan de vendehumos repletas de un lenguaje genérico y a veces excesivamente técnico que no ayuda a bajar a tierra que no facilitan el cambio en las prácticas educativas en el día a día. Por ejemplo a las familias se les informa una y otra vez de diferentes fuentes que tienen que poner límites a sus hijos e hijas pero quien les dice cómo. El libro **Familias Inteligentes** claves prácticas para educar expone herramientas educativas que han funcionado con eficiencia en miles de hogares. De una forma sencilla y amena se presentan situaciones que a diario inundan cualquier hogar. Las claves que van a encontrar las familias están fundamentadas en sus fortalezas potenciando estrategias motivacionales que favorezcan los cambios de lo que no funciona en su convivencia cotidiana. Puede resultar de utilidad a una cantidad muy diversa de personas y familias tal y como se configura ahora nuestra sociedad. La propuesta se adapta a cualquier tipo de familia a cualquier problemática educativa y psicológica y a cualquier edad que tenga la prole. El libro está destinado no sólo a familias sino a cualquier profesional que trabaje con familias. Las ideas que contiene se pueden utilizar tanto en las terapias como en los procesos grupales como escuelas de familias. La parentalidad positiva invade cada hueco del libro. La responsabilidad y la educación se lleva bien con el lenguaje en positivo. Utiliza un lenguaje cercano divulgativo y exento de tecnicismos. Queremos que la

psicología se convierta en algo que tenga una influencia real en el bienestar y en la felicidad de las personas y las familias. Para ello traducimos el lenguaje técnico para que pueda ser aplicable a cualquier contexto familiar. Por ejemplo usamos dos personajes que ayudan a fomentar la inteligencia emocional sin necesidad de hablar de funciones ejecutivas, tortuga o del sistema límbico, liebre. Utilizamos la herramienta del semforo inteligente: decir No, negociar y traspasar responsabilidades que es muy útil y eficiente a las familias para poner límites de manera respetuosa para distribuir las responsabilidades acordes a cada etapa evolutiva para resolver los conflictos cotidianos de manera positiva. En definitiva para construir una familia inteligente. Queremos que la inteligencia emocional se tenga en cuenta a la hora de poner límites educativos. Cualquier recomendación educativa que se oferta desde el libro está basada en dos funciones parentales: la aceptación incondicional y el control respetuoso. Por un lado cómo se atienden a las emociones de los hijos e hijas y por otro lado cómo se gestionan los conflictos de forma positiva, coherente y respetuosa sin perder de vista el plano emocional. Es decir, amables con las emociones y firmes y coherentes con las conductas. En resumen estamos ante un libro que es de lectura fácil, amena y comprensible, no es un libro de autoayuda, es un libro de ayuda que es mucho mejor, está escrito desde la experiencia acumulada de mucho trabajo con familias niños y niñas, puede resultar de utilidad a una cantidad muy diversa de personas y familias tal y como se configura ahora nuestra sociedad y que aporta una metodología que pretende sobre todo ayudar a las familias a que sus hijos e hijas en definitiva sean buenas personas.

Antonio Ortuño Terriza Disciplina y límites: mapas de amor María Rosas, Incluye audio del autor. Mientras mi hija hacia un gran berrinche en el pasillo más transitado de un supermercado recordé la recomendación de una sabia amiga que me sugirió enfrentar este tipo de situaciones de manera tranquila, observarla, pedirle que me explicara el motivo de su malestar y esperar. Así lo hice y pasada la rabieta tomé de la mano a mi hija y nos fuimos caminando rumbo a mi casa. Este libro expone los temores de los padres por recurrir a los límites y a una buena dosis de disciplina.

Educación y familia: la educación familiar en un mundo en cambio M.ª Isabel Álvarez, Ana Berástegui, 2007-01-09. La educación de los niños tiene su origen en el propio hogar, en la propia familia y está hecha de enfrentarse al reto que supone su participación en la formación de seres humanos. Aquí se nos muestra un intercambio de planteamientos entre profesionales de la educación, comunidad científica y opinión pública en relación con los nuevos retos a que se enfrentan las familias en su función de educadora en la sociedad actual.

Descubrir valores a los niños Susanne Stöcklin-Meier, 2004. A parent's guide to teaching values such as honesty, love and nonviolence to their children.

Guía de Supervivencia para las Madres Modernas Ariel Gore, 2002. Un manual poco convencional sobre las venturas y desventuras de educar a la generación del nuevo milenio, chispeante y de amena lectura que ofrece a las madres de hoy información para que elijan por sí mismas la forma de criar a sus hijos, al tiempo que les brinda apoyo y estímulo. Incluye asimismo un sinnúmero de historias de otras madres que ofrecen herramientas muy útiles a la hora de reinventar la maternidad por enésima vez. Ilustrado con divertidos dibujos en blanco y negro, este libro desenfadado y sumamente práctico aborda con sencillez y claridad

multitud de aspectos relacionados con la maternidad entre otros como diseñar un plan de gestación a la medida planificación del parto el fin de la lactancia y del uso de pañales como enfrentarse a las rabietas donde buscar ayuda para educar a los hijos como sobrevivir a la separación

Comidas Sanas, Niños Sanos Bridget Swinney, 2000-11-02 Resena El objetivo principal de Comidas sanas niños sanos es proporcionar consejos orientación e ideas prácticas a los padres sobre la alimentación de sus hijos El libro aborda con detalle y paso a paso como enseñar a los niños unos buenos hábitos de alimentación a la vez que nos muestra como hacer para que las horas de las comidas sean siempre momentos agradables Nos proporciona consejos sobre como simultanear la lactancia natural con los horarios de trabajo como comprar alimentos saludables y planificar una dieta sana como desarrollar unos saludables hábitos de alimentación con objeto de prevenir la aparición de diversas enfermedades hace especial énfasis en la conservación de los alimentos su manipulación y nos alerta sobre las alergias alimentarias y la dieta vegetariana como abordar la manía que los niños toman a algunos alimentos como introducir verduras en la dieta de los niños y conseguir que les gusten Un libro que no puede faltar en ningún hogar lleno de consejos sobre alimentación saludable que abarcan desde los primeros meses hasta la temprana adolescencia Sandra Eardley Facultad de Medicina de la Southern Illinois University

Actividades para Aprender Ina Massler Levin, Hyon Gak, Michael H. Levin, 2001-09-02 Tercer volumen de una serie de libros específicamente diseñados para familias que llevan una vida ajetreada Las actividades que se proponen tanto para realizar en casa como al aire libre son breves requieren muy poca o ninguna preparación y resultan económicas y sumamente entretenidas Con este práctico libro tanto el niño de 2 años como el adulto que lleva a cabo las actividades con él ya se trate del padre la madre o un cuidador profesional se beneficiarán no solo de la interacción que constituye la razón de ser de las mismas sino también de la intimidad que se deriva de ellas Las actividades propuestas especialmente diseñadas para esta etapa del desarrollo infantil están agrupadas entre otras en las siguientes áreas Actividades para realizar en casa actividades para realizar al aire libre música y movimiento juegos acústicos desarrollo del lenguaje y juegos de simulación

Actividades para Aprender Marla Pender McGhee, 2002-11-02 Quinto volumen de una serie de libros específicamente diseñados para familias que llevan una vida ajetreada Las actividades que se proponen tanto para realizar en casa como al aire libre son breves requieren muy poca o ninguna preparación y resultan económicas y sumamente entretenidas Con este práctico libro tanto el niño de 4 años como el adulto que lleva a cabo las actividades con él ya se trate del padre la madre o un cuidador profesional se beneficiarán no solo de la interacción que constituye la razón de ser de las mismas sino también de la intimidad que se deriva de ellas Las actividades propuestas especialmente diseñadas para esta etapa del desarrollo infantil están agrupadas entre otras en las siguientes áreas Actividades para divertirse cocinando Actividades para la hora de acostarse y del baño Música y movimiento Juegos sensoriales Actividades en la naturaleza Lejos de casa Los autores Los libros de esta nueva serie constituyen las traducciones al español de obras pertenecientes al catálogo de Teacher Created Materials editorial especializada en libros sobre actividades de aprendizaje

para niños y que cuenta con un equipo de profesionales muy preparados pertenecientes al campo de la educación infantil. Público destinatario: Dirigido a padres de niños de 4 años y a todos aquellos profesionales que trabajen con niños de esta edad. Se trata de un libro de consulta ágil y amena que proporciona una excelente oportunidad para compaginar los momentos de ocio con el aprendizaje del pequeño.

Cuentos para contar a tu hijo cuando está enfermo Nicole Zijnen, 2003
Library Journal, 2001 **Críticas**, 2001 **Enseña a Tu Hijo a Concentrarse** Lee Hausner, Jeremy Schlosberg, 2001-01-02 *Fiestas de Cumpleaños Infantiles* Penny Warner, 2003-04 Shows how to give theme birthday parties for babies and toddlers *Juegos para entretener a los niños durante los viajes* Robyn Freedman Spizman, 2004 Con los frenéticos horarios de hoy en día encontrar tiempo para pasarlo con nuestros hijos se ha vuelto cada vez más difícil. Este libro te ofrece multitud de interesantes y entretenidas actividades para llevar a cabo durante los trayectos por la ciudad o por carretera con tus hijos con el fin de que llevarlos en el coche lejos de ser agobiante resulte divertido y refuerce los vínculos afectivos entre vosotros. Entre sus numerosas propuestas se incluyen las siguientes actividades divertidas con el alfabeto: juegos con placas de matrícula y numerosos actividades musicales, juegos de adivinar palabras. Cuando los niños que van en tu coche empiecen a preguntar todavía no hemos llegado, recurre a las ideas que te ofrece el presente libro, la mayoría de las cuales han sido diseñadas para trayectos cortos aunque su duración depender de las edades de los niños y de su capacidad de atención.

Estimula a tu bebé Robin Dodson, Jan Mades, 2006 Los padres son los primeros y más importantes maestros de su hijo. Las raíces del desarrollo social, emocional, físico y cognitivo residen en la seguridad y en la aceptación de las experiencias que el bebé comparte con ellos y es en el contexto de esta relación de intimidad en la que podrá asumir los riesgos necesarios para el aprendizaje. Con este práctico libro de actividades tanto el bebé como el adulto se beneficiarán de la intimidad que se deriva de ellas, lo cual facilitará que el pequeño desarrolle la actitud y las habilidades necesarias para potenciar el crecimiento en todas las áreas y etapas. Las actividades se agrupan en las siguientes categorías: Juego activo, juego tranquilo, poemas y canciones de cuna, siestas y descanso nocturno, canciones y juegos con los dedos y juguetes, y juegos sencillos.

Boletín Internacional de Bibliografía Sobre Educación, 2001 *La lactancia natural* Hannah Lothrop, 1999 Descripción: Amamantar es la manera óptima de alimentar al bebé. Los bebés criados al pecho son mucho menos propensos a padecer diabetes, obesidad y alergias. Además tanto la madre como el hijo se benefician del estrecho vínculo emocional que crea la lactancia natural. Recurrir a terapias naturales durante la lactancia puede ayudar a disfrutar de esos deliciosos momentos con el bebé. El masaje y la aromaterapia pueden resultar asimismo muy útiles en esta experiencia compartida. En este libro se explica la postura más cómoda para la madre y el niño, cómo estimular la subida de la leche, el desarrollo emocional del bebé, bombas extractoras, portapezones y otros dispositivos que pueden resultar de ayuda. La nutrición más adecuada para la madre durante la lactancia. La autora Hannah Lothrop es psicóloga y especialista en terapias de orientación corporal y transpersonal. Posee larga experiencia como consejera en materia de lactancia y preparación para

el parto Ha sido monitorea de grupos de paternidad instructora de personal medico sanitario y organizadora de asociaciones voluntarias de padres Publico destinatario Dirigido a todas las madres que deseen dar al pecho a su hijo para lo que no existe hoy en dia ninguna asistencia ni informacion que venga de instituciones publicas Muchas madres encuentran dificultades a la hora de amamantar a sus bebes y se ven completamente desorientadas y sin saber a donde recurrir En este libro encontraran todas las respuestas que necesitan Bibliografía española ,2000-04

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