

# FINDING HOPE AGAIN

A Pastor's  
Guide to  
Counseling  
Depressed  
Persons

Roy W. Fairchild

# **Finding Hope Again A Guide To Counseling Depression**

**William M Clements, Richard L  
Dayringer**



## **Finding Hope Again A Guide To Counseling Depression:**

**Finding Hope Again** Roy W. Fairchild, 1985-03-01      Depression and Hope Howard W. Stone, A no nonsense guide to depression for pastoral counselors      **The Complete Guide to Crisis & Trauma Counseling** H. Norman

Wright, 2011-12-14 Many pastors and lay counselors have had minimal training in clinical methods of grief and trauma counseling The Complete Guide to Crisis and Trauma Counseling is a biblical practical guide to pastoral counseling written by one of the most respected Christian therapists of our time Dr H Norman Wright brings more than 40 years of clinical and classroom experience to this topic and shares real life dialogs from his decades in private practice to demonstrate healthy healing counseling sessions Readers will learn how to counsel and coach both believers and non believers who are in crisis how to walk alongside them through the hours weeks and months following their trauma and how to help them find the path to complete restoration      *Pastoral Care in Hospitals, Second Edition* Neville A. Kirkwood, 2005-10 Bringing comfort and

concern to the bedside of the sick or dying is a challenge for lay people and clergy alike In this practical guide Neville Kirkwood shares his wisdom gleaned from some twenty years of experience as a hospital chaplain on the art of hospital visitation This classic handbook is now updated with an all new section addressing best practices for hospital chaplains Pastoral Care in Hospitals with additional sections addressed to clergy and trained lay pastoral workers as well as ordinary lay people who simply want to visit their fellow parishioners shows visitors ways to make the encounter meaningful and enriching to the patient Kirkwood guides readers through the minefield of hospital visits from false heartiness to too much talking and offers a theology of visitation that can guide both professionals and laity in their ministry A variety of exercises and a section of prayers for specific circumstances make this a must have resource for all who work with the sick and dying and an excellent text for course work      **Dealing with Depression** William M Clements, Richard L Dayringer, 2014-01-09

This important book explores strategies to enable clergy and lay persons to identify and help individuals suffering from depression It contains many techniques that can be used in managing depression including coping devices treatments and interventions which actually help depressed persons to improve their mental health Dealing With Depression describes types of depression and related symptoms to help clergy develop a more complete understanding of the disorder They will learn to recognize the symptoms of depression and be better able to help individuals who suffer from it This useful guide includes a step by step approach to depression intervention and proven techniques readers can use to enable people to cope more successfully with depression This important book has also been translated into a Chinese version Dealing With Depression brings together expert psychologists who explore five modalities for conceptualizing and managing depression which deflates for clergy the often intimidating quality of the disorder These experts discuss in practical and understandable ways the helping techniques they use and explain their understanding of depression and their methods of treatment A medical religious case conference with these experts shows how clergy and laity can help ease depression and an extensive

bibliography is included to facilitate further reference Dealing With Depression puts this common disorder back into the human life situation where it can be seen as just another temporary disturbance to which human beings are vulnerable but which need not significantly distort their lives relationships spiritual development or prosperity of body mind and soul

**When You Are Depressed** David Allen Sorensen, Barbara DeGrote-Sorensen, 2002-08-01 Each book in the Difficult Times series addresses a specific life situation and offers encouragement and advice for coping The concise easy to read format will appeal to family friends grief professionals counselors and pastors as they seek resources to share with individuals in these situations Clinical Handbook of Pastoral Counseling Robert J. Wicks, Richard D. Parsons, Donald Capps, 1993 Vol 2 Richard J Wicks and Richard D Parsons editors Vol 2 3 lack edition statement Includes bibliographical references and indexes Brief Pastoral Counseling Howard W. Stone, Most pastoral counselors clergy and psychotherapists assume that truly effective counseling requires months or even years Studies have proven otherwise showing that most people come for four or fewer sessions and that the majority of any counseling s effectiveness occurs in the opening few sessions Finding God Thomas Griffith Lewis, 2002-01-01 In this small yet immensely helpful guide pastor Thomas Lewis offers spiritual resources for the many persons today suffering from depression By turning his readers toward praying the Psalms as he did in his own battle with depression Lewis assists those seeking hope and a healing touch to find in his words a cup of cold water in parched land He speaks frankly about his own battle with deep depression discusses the types of depression the symptoms and where to get help and then lays out several Psalms of lament that can support people in times of depression and form a foundation for all other approaches to treating the illness This book will prove to be an invaluable resource for those engaged in pastoral care and counseling for those who have loved ones suffering from depression and persons suffering from depression themselves **The End of Hope--the Beginning** Pamela R. McCarroll, 2014 Pamela R McCarroll s central metaphor waiting at the foot of the cross jumps off the page and comes to life that is exactly what chaplains supervisors and ministers do when they engage in care with sufferers Her theological case studies represent one of the best examples in print of an inductive method the one that chaplains supervisors students and parish ministers actually use in practice While we have many good books which demonstrate the theory of pastoral care and use examples and vignettes in an illustrative manner we have few that so directly demonstrate pastoral theological method while teaching students method and content of theology that will serve them in their pastoral care oriented work Jacket **The Restoring Word** J. Randall Nichols, 2003-07-08 This bridge building work about the roles of pastor and preacher and how they can be effectively integrated quickly became a classic when it was first published and has never been duplicated The author argues that while they sometimes seem to conflict these ministry functions share a common process and a common goal and can be synchronized around the image of restoration Preserving both psychological awareness and theological integrity the preacher is invited into the pulpit with an enhanced sense of the power and influence of preaching in people s living and

growing Challenging some of the most cherished assumptions of homiletics Dr Nichols invites preachers to restored confidence in the importance of preaching in the formation of Christian community spiritual growth for hurting people and the renewal of worship as a *communitas* experience of the divine human encounter The Restoring Word grows out of the author's lifetime of experience as a preacher psychotherapist and teacher It is a deeply involving story about how the person of the preacher becomes a tool for the enactment of grace in the always mysterious process of proclaiming the Word Therapeutically accurate pastorally sensitive and theologically challenging The Restoring Word walks its readers through a long neglected garden slowly and lovingly coming to life     A Shepherd's Guide to Counseling Fundamentals Beth Robinson, 2007-05 Many ministers have limited training about counseling strategies and techniques This book will help equip ministers to respond to the counseling needs of the members of the congregation in a godly and effective manner

**Military Chaplains' Review** , 1981     **Psychology of Hope** C.R. Snyder, 2010-05-11 Why do some people lead positive hope filled lives while others wallow in pessimism In The Psychology of Hope a professor of psychology reveals the specific character traits that produce highly hopeful individuals He offers a test to measure one's level of optimism and gives specific advice on how to become a more hopeful person     **Helping Those in Grief** H. Norman Wright, 2011-08-05 Many pastors and lay counselors have had minimal training in clinical methods of grief counseling Helping Those in Grief is a biblical

practical guide to pastoral counseling written by one of the most respected Christian therapists of our time This book is the next step after Wright's best selling The New Guide to Crisis and Trauma Counseling Wright brings more than 40 years of clinical and classroom experience to this topic and shares real life dialogs from his private practice to demonstrate healthy healing counseling sessions Readers will learn how to counsel and coach both believers and non believers who are grieving how to walk alongside them and how to help them find the path to complete restoration     **Introduction to Pastoral Care**

William V. Arnold, 1982-01-01 Valuable for both seminarians and practicing clergy this basic work integrates theology and pastoral care in a practical and useful way Citing actual experiences with questions for personal reflection this much needed study brings about a new awareness of the ministry of pastoral care     **Just Care** Leah R. Thomas, 2019-12-03 What does it

mean to engage in ethical anti racist pastoral care with women with mental illness particularly if these women are residents of an inpatient psychiatric hospital This book draws on interviews with eighteen chaplains in three psychiatric facilities to examine psychiatric chaplaincy with women in the context of a state psychiatric hospital It combines the voices of the chaplains with the disciplines of Christian social ethics and feminist womanist and intercultural pastoral care to create Just Care an approach to pastoral care that accounts for both personal and societal systemic factors in its practice of ministry Just Care proposes that pastoral care that addresses the entirety of the person necessitates a commitment to justice and an attention to cultural dynamics as foundational for ethical pastoral care It argues that psychiatric pastoral care must honor the communal and individual nature of care both the particularity of the caregiver and care seeker as well as intersections of

culture gender race and class

### **The Integrated Protestant Ethic and the Spirit of Environmentalism S.**

Steiner-Aeschliman, 1999 The theory and data of environmental science suggest that growth in rates of population consumption and environmental degradation as a result of the activities of industrialized societies has created an ecological crisis to which modern societies must adapt However adaptation is problematic Max Weber studied adaptive social change during the industrial revolution The evolution of this new way of life was initially problematic because individuals who established industrialism were socialized under feudalism In this dissertation I consider The Protestant Ethic and the Spirit of Capitalism as a theoretical treatise framed by modern human ecology in order to study social change in the context of the ecological crisis of industrialism The Protestant Ethic is known for describing how religious ideas influenced the unfolding of modern capitalism in the West However there is nothing inherent in Protestantism that requires linkage to industrialism I argue that Protestantism has evolved and that it need not necessarily promote environmental exploitation although under industrialism it has I identify a green subculture within Protestantism and consider how Protestantism's weakness may also be its strength The very sociological structure that in the absence of ecologically realistic norms permits widespread ecosystem degradation by industrial capitalism may also generate ecologically realistic norms for a natural capitalism Weber contended that rationality was problematic because it paradoxically results in a dual crisis of management and meaning where human agency becomes imprisoned as if in an iron cage The irrational continuation of environmentally degrading social practices eventually contributes to a legitimation crisis People turn to religion as an alternative authority If science and religion converge on environmental values they might catalyze social change unless they are too distorted by ideological bias Adaptive social change only occurs if ethical and ecological values are in accordance with the sustainability of ecosystems Hence to adapt to the ecological crisis sociocultural systems require socialization into ecological realism because ecologically rational societies may still be maladaptively organized around environmentally unsustainable trajectories

Crisis Ministry Daniel G. Bagby, 2002 Covers more than 25 pastoral care crises arranged from A Z Abortion to Suicide

Wholeness in Hope Care Daniel Johannes Louw, 2015 Throughout his life the apartheid activist Nelson Mandela Madiba maintained In the darkest moment there is always hope We must never give up Hope as a mode of the courage to be Paul Tillich points to what the Sociologist Peter Berger calls signals of transcendence Wholeness in Hope Care explores the rich tradition of hope in wisdom philosophy and Christian theology It connects non hope un hope Gabriel Marcel inespour to a theology of compassion in soul care cura animarum Resurrection hope theologia resurrectionis points to the healing of life cura vitae and the preservation of land cura terrae In order to describe the helping and healing dimension in pastoral caregiving the term promissiotherapy has been coined Daniel Johannes Louw was Dean of the faculty of theology at the University of Stellenbosch 2001 2005 President of the International Academy of Practical Theology IAPT 2003 2005 and President of the International Council for Pastoral Care and Counselling ICPPC 2011 2015 Series Pastoral Care and Spiritual

Healing Series Pastoral Care and Spiritual Healing Vol 3 Subject Pastoral Studies Religious Studies Christianity

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