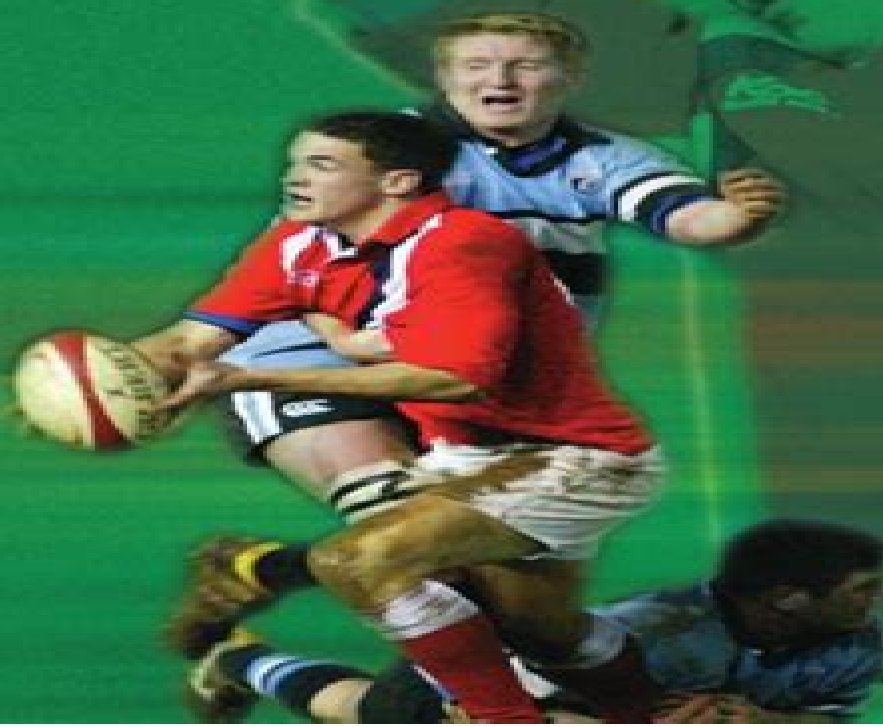




# **FITNESS FOR RUGBY**



# Fit For Rugby

**Yi-Tong Ma**

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