

# Fixin' Fish

A guide to handling, buying,  
preserving, and preparing fish

2nd edition

Jeffrey Gunderson

# Fixin Fish A Guide To Handling Buying Preserving And Preparing Fish

**George M. Hall**



## **Fixin Fish A Guide To Handling Buying Preserving And Preparing Fish:**

*Fixin' Fish* Jeffrey Gunderson, 1981 *Fixin Fish* was first published in 1984 Minnesota Archive Editions uses digital technology to make long unavailable books once again accessible and are published unaltered from the original University of Minnesota Press editions Whether you catch it yourself or buy it fish can be a delicious nutritious meal or an experience you'd rather forget Because fish are delicate and perishable preserving their fresh caught flavor requires careful handling *Fixin Fish* provides anglers and fish buyers with helpful techniques not covered in most cookbooks for handling cleaning preserving preparing and buying fish of all kinds Topics covered include maintaining the quality of fresh fish building a smokehouse smoking canning pickling making fish jerky and caviar and checking fish for parasites Sport fishermen will find the section on field dressing and packing especially useful Minnesota and neighboring states have an abundance of fish that are usually overlooked as a food source These underutilized fish which include suckers eelpout burbot carp bullheads herring and freshwater drum can be delicious if handled and prepared properly The special techniques described in this book will help anyone make good use of this inexpensive and tasty source of protein *Fixin Fish* is published by the University of Minnesota Sea Grant Extension Program This new edition updates the text and adds information on parasites that can be found on freshwater fish in the Minnesota region **Fixin' Fish** Jeffrey Gunderson, 1984 **Annual Report - Sea Grant Program, University of Minnesota** University of Minnesota. Sea Grant Program, 1982 **Annual Report - Sea Grant Program, University of Minnesota** University of Minnesota (Minneapolis-St. Paul campus). Sea Grant Program, 1982

*Fish Processing* George M. Hall, 2011-06-13 This book seeks to address the challenges facing the international seafood industry via a two pronged approach by offering the latest information on established technologies and introducing new ideas and technologies An introductory chapter sets the tone for the book by presenting the background against which fish processing will exist in the near future Chapter two looks at the environmental and sustainability issues relating to conventional fish processing including processing efficiency and better use of the outputs currently considered wastes The impact of mechanisation and computerisation on environmental sustainability is also addressed Subsequent chapters examine the latest developments in established fish processing technologies such as canning curing freezing and chilling with an emphasis on the environmental aspects of packaging and the process itself In addition quality and processing parameters for specific species including new species are described The second part of the book gives authors the opportunity to introduce the potential technologies and applications of the future to a wider audience These include fermented products and their acceptance by a wider audience the utilisation of fish processing by products as aquaculture feeds and the use of by products for bioactive compounds in biomedical nutraceutical cosmetic and other applications

*The Minnesota Volunteer* , 1983 ***The Conservation Volunteer*** , 1983 ***The Seiche*** , 1985 *Catalog* Minnesota's Bookstore, 1985 *Sea Grant Publications for the Fishing Industry* Massachusetts Institute of Technology. Sea Grant

College Program,1984      **Choice** ,1984      Illinois Outdoor Highlights Illinois. Dept. of Conservation.  
Information/Education Division,1985      Great Lakes Journal ,1982      *American Book Publishing Record* ,1984      Books in  
Print ,1977      **Lakeland Boating** ,1986      The Cumulative Book Index ,1985 A world list of books in the English language  
    **Subject Guide to Books in Print** ,1984      **Subject Guide to Children's Books in Print 1997** Bowker Editorial  
Staff,R R Bowker Publishing,1996-09      **Forthcoming Books** Rose Army,1984-03

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