

# Five Days *to* Golfing Excellence

"This book will show you how to lay a path in your mind that the golf ball can follow."

—**Michael Murphy**, author of *Golf in the Kingdom* and *The Kingdom of Shivas Irons*

**Chuck Hogan**

author of *Learning Golf*



# Five Days To Golfing Excellence

**Chuck Hogan**



## **Five Days To Golfing Excellence:**

5 Days to Golfing Excellence Charles Hogan,1988      *Five Days to Golfing Excellence* Chuck Hogan,1986-06 FIVE DAYS TO GOLFING EXCELLENCE is about playing golf but the author Chuck Hogan does not stop at teaching you how to make a correct golf swing In fact learning the golf swing is only one step in a learning progression that leads you to the true enjoyment of the game of golf The book has been divided in to five sections arranged as a five day self study course on golf Day one is devoted to learning how to relax feel good about the game of golf Here the reader will learn to make golf a sequential learning process how to enjoy playing the game on the golf course Day two deals with the ins outs of swing mechanics the role that swing technique plays in learning the game On the third day the golfer learns what images are how to benefit from being able to use them The reader then learns on the fourth day how to apply imaging techniques to create the appropriate mental constructs necessary to play good golf The fifth day the actual nuts bolts of putting everything together in a useable unified whole are presented Critical to this entire 5 day learning experience is a new way of processing information about the golf shot the shotmaker In this book the reader will learn how to combine mental mechanic skills an understanding execution of physical skills that ensure both better performance more enjoyment of the game of golf      Five Days to Golfing Excellence Hogan Charles Hogan,Dale Van Dalsem,Susan Davis,1989-12-01      **The Secret of Golf** George Peper,Mary Tiegreen,2005-01-01 Presents advice wisdom and tips on how to master the game of golf with contributions by notable teachers and stars and accompanied by instructional photographs and drawings vintage art period photographs and trivia      Golf's Mental Hazards Alan Shapiro,1996-06-04 Psychologist Alan Shapiro explores in this book the relationship between a golfer s personality and his or her performance on the links and shows how increased self awareness can improve one s golf score      *Learning Golf* Chuck Hogan,1993-03 LEARNING GOLF is a how to learn guide for golfers of all skill levels The book lays down this simple challenge to the reader You have a choice in golf you can be overwhelmed by waves of random tips quick fixes join the hit complain club or you can follow this proven learning model become your own life long instructor the final arbiter of your own enjoyment LEARNING GOLF offers a simple sure fire formula for the permanent learning of the full golf swing short game mechanics direction as to how to actually play the game of golf on the golf course It does this by presenting a new model for learning the game constructed from the most up to date research from the physical social sciences filtered through its author s Chuck Hogan s many years of experience as a teacher of the game Hogan is an advisor to over 60 tour players in addition to serving as a consultant to numerous collegiate golf teams he has been the lead educator for teacher training seminars for the PGA the LPGA the National Golf Foundation the Canadian PGA In addition to being a full time golf instructor Hogan is a prolific producer of highly acclaimed books magazine articles videos audio cassettes      **Golf** A. Garth Fisher,John Geersten,1992 Written to help people understand play and enjoy the game of golf at any level      **The Art & Zen of Learning Golf, Third Edition** ,2005      **The PGA Manual of Golf** Gary Wiren,1991 Offers

practice programs exercise regimens and sequence shots of the games best swings      *Golf's Greatest Lessons* Tony  
 Bortolin,1994 A comprehensive golf instructional Based on a concise summary of over 100 golf instructionals including the  
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Magazine's Complete Book of Golf Instruction George Peper,1997 The most comprehensive and easiest to use compilation of  
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 players and teachers in easy to follow text and 500 lavish illustrations 450 in full color      *Cumulated Index to the Books*  
 ,1999      **Subject Guide to Books in Print** ,1971      *The Publishers Weekly* ,1998      **AB Bookman's Weekly** ,1997  
          **American Book Publishing Record** ,1998      **We are the Beloved** Kenneth H. Blanchard,1994      *See and Feel the*  
*Inside Move the Outside* Michael Hebron,1984

## Unveiling the Power of Verbal Beauty: An Mental Sojourn through **Five Days To Golfing Excellence**

In a world inundated with monitors and the cacophony of quick interaction, the profound energy and mental resonance of verbal beauty often fade into obscurity, eclipsed by the constant assault of noise and distractions. Yet, nestled within the musical pages of **Five Days To Golfing Excellence**, a charming perform of fictional beauty that impulses with fresh feelings, lies an remarkable journey waiting to be embarked upon. Written by a virtuoso wordsmith, this exciting opus guides readers on an emotional odyssey, lightly exposing the latent possible and profound influence embedded within the complicated web of language. Within the heart-wrenching expanse with this evocative examination, we will embark upon an introspective exploration of the book is key styles, dissect their captivating writing fashion, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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