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# GIANT

SMALL CHANGES TO MAKE A BIG DIFFERENCE

## TONY ROBINS

NT NEW YORK TIMES BESTSELLING AUTHOR OF LIFE FORCE AND MONEY MASTER THE GAME



### **Giant Steps Small Changes To Make A Big Difference**

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#### **Giant Steps Small Changes To Make A Big Difference:**

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tradition of the five elements of life Metal Fire Wood Water Earth Isabel breaks her own life down to its essentials to explore five areas of inner and outer change She calls in a feng shui consultant to discover that her bedroom decor is draining the father whatever that means takes a motivational workshop to experience the power of doing turns a silent meditation retreat into an exercise in unrelenting being sits at the feet of a Brixton guru to examine the nature of mind and undertakes a shamanic ritual in the Amazon to part company with her own mind completely As rich as the book is in the particulars of a life hilariously lived it s also universal readers can see themselves in Isabel s experience and look at their lives with new eves In Search of Blessing EMMANUEL KOKOU GAGLO,2014-05 Discovering the hiding powers of your life is very important to overcoming your personal problems and enjoy successful life Your life must not be left at the mercy of circumstances Just having faith 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