

Complications of Hypertension

Brain Stroke

Reduced blood supply to the brain can lead to rapid loss of brain function or stroke.

Vision Loss

Hypertensive Retinopathy
High blood pressure can damage blood vessels in the retina, resulting in loss of vision.

Blood Vessel Damage

Atherosclerosis

Hypertension is a leading cause of atherosclerosis, the artery-narrowing process that can result in heart attack and stroke.

Kidney Failure

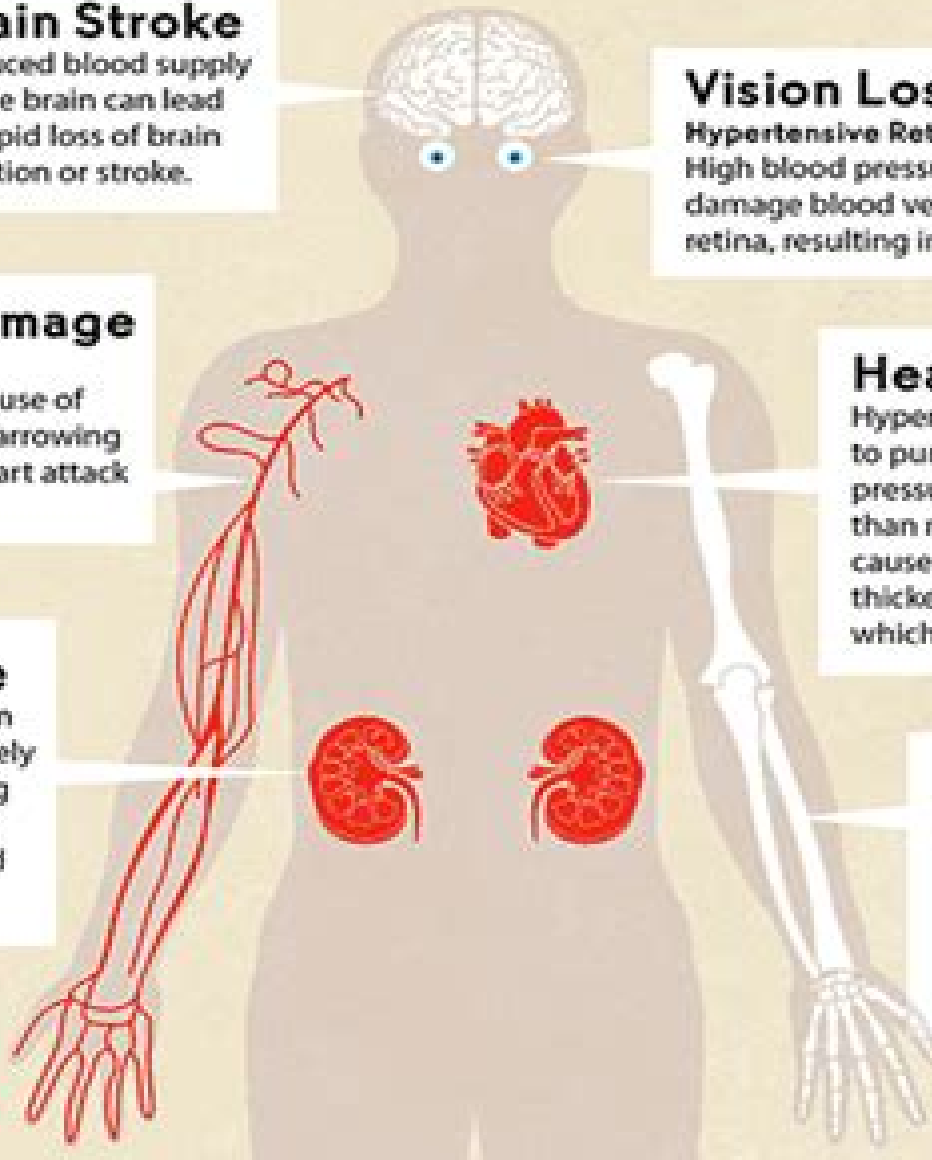
Damaged blood vessels in the kidneys can't effectively filter your blood, resulting in a dangerous accumulation of fluid and waste.

Heart Attack

Hypertension causes the heart to pump against high blood pressure, making it work harder than necessary. Over time, this causes the heart muscle to thicken, restricting blood flow which can lead to heart failure.

Bone Loss

High blood pressure may increase the amount of calcium in your urine. That excessive elimination of calcium may lead to loss of bone density (osteoporosis).



Effects Of Hypertension

RM Cervero



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