# What's an Evidence-Based Health Promotion Program?

Means: Researched and Proven

Proven to **Improve** health and well-being, or **Reduce** disease, disability and/or injury

Health Promotion: prevents injury and improves or relieves symptoms of disease



# **Evidence Based Health Promotion**

**A Loxley** 



Uncover the mysteries within Explore with is enigmatic creation, Discover the Intrigue in **Evidence Based Health Promotion**. This downloadable ebook, shrouded in suspense, is available in a PDF format ( PDF Size: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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