

# PIE DIABÉTICO

La prevalencia de la diabetes mellitus aumentó a un 20 % en Puerto Rico, indicó la Dra. Leticia Hernández, presidenta de la Sociedad Puertorriqueña de Endocrinología y Diabetología. Además, el 70% de los pacientes con amputación de extremidad inferior son diabéticos.

El descontrol de los niveles de azúcar en la sangre puede afectar la circulación sanguínea y el sistema nervioso (sensibilidad).



## DATOS DE ALARMA DE PIE DIABÉTICO



- Hinchazón en las piernas o pies
- Hormigueos y calambres
- Cambios de color o temperatura
- Hongos en piel o uñas
- Piel seca y descamaciones
- Agrietamiento
- Humedad entre los dedos
- Ampollas
- Úlceras o callosidades
- Falta de sensibilidad



La pérdida de sensibilidad en las extremidades y los problemas de movilidad podrían provocar heridas graves que requieren la amputación.

## LA CLASIFICACIÓN WAGNER



0 Sin lesión: callos gruesos, algunas deformidades óseas.



1 Úlceras superficiales: destrucción del espesor total del pie.



2 Úlceras profundas e infectadas: penetración a la grasa y ligamentos.



3 Úlceras profundas y abscesos al hueso: heridas extensas con secreción y mal olor.



4 Gangrena limitada: afectación a una parte del pie, dedos, talón o planta.



5 Gangrena extensa: afectación a todo el pie con efectos en todo el organismo.

# El Pie Diabetico

**Michael J. Marcus**

## **El Pie Diabetico:**

**El Pie Diabetico** F. Javier Aragón Sánchez,Pedro Pablo Ortiz Remacha,2001      **Guía de práctica clínica en el pie diabético** Rosa-Ana del Castillo Tirado,Juan Antonio Fernández López,Francisco Javier del Castillo Tirado,2015-03-24 Un pie diab tico es un pie con heridas o lceras en una persona que padece de diabetes El pie diab tico se produce debido a la disfunci n de los nervios perif ricos en estos pacientes En Espa a la diabetes mellitus afecta a m s del 13% de la poblaci n adulta mayor de 18 a os y su prevalencia sigue aumentando a o tras a o Enfermer a es la encargada de realizar las curas a dichos pacientes Este trabajo trata sobre una revisi n bibliogr fica sobre el pie diab tico en qu consiste los cuidados que requiere su tratamiento y su relaci n con la labor actual de enfermer a en dicho campo      *Manejo integral del pie diabético.* **Cómo evitar amputaciones** Jorge Alberto Rodríguez García,César Ochoa Martínez,Alma Nelly Rodríguez Alcocer,2024-12-03 El pie diab tico es un problema de salud com n complejo y costoso Es considerado un problema complejo debido a la heterogeneidad que incluye el determinante social de la salud el cual tiene un impacto significativo en la prestaci n de atenci n de cuidados de salud Es importante comprender el impacto que la heterogeneidad tiene en el cumplimiento y la adherencia por parte tanto del paciente como de los profesionales de la salud involucrados en su manejo Para impactar el cambio es imperativo que el m dico de atenci n primaria integre los sistemas de clasificaci n de riesgos de pies y heridas en la salud de la poblaci n sistemas de prestaci n de servicios para mejorar la calidad disminuir los costos y mejorar el valor dentro del sistema de atenci n m dica La evidencia apoya cuando los sistemas se utilizan en un enfoque de equipo que los resultados se mejoran y las tasas de amputaci n morbilidad y mortalidad por complicaciones del pie diab tico disminuyen      Pie Diabético. **Guía práctica para la prevención, evaluación y tratamiento** Julia Viadé,2006      Diagnóstico y tratamiento de las infecciones del Pie Diabético Diego de Alcalá Martínez Gómez,2010      **Pie diabético** Tomás Céspedes Céspedes,Adelina Dorca,1996-11

**Levin y o’Neal. el Pie Diabético** John H. Bowker,Michael A. Pfeifer,2008 S ptima edici n de esta obra de referencia totalmente actualizada y a todo color que continua con su objetivo tradicional de proporcionar la informaci n m s completa y actualizada sobre el diagn stico y el tratamiento lo que contribuye a que el especialista pueda manejar m s fcilmente los problemas que padecen los pacientes con pie diab tico Las m s de 650 p ginas se dividen en 33 cap tulos escritos por 58 autores de los cuales 23 han sido completamente actualizados por sus autores mientras que ocho son de nueva autor a Han sido organizados en seis secciones la ltima dedicada a los aspectos m dico legales Destaca la presencia de cuadros al final de la mayor a de cap tulos que contienen Claves y Dilemas un instrumento muy til para destacar los puntos cr ticos Proporciona perspectivas multidisciplinares a los diferentes profesionales que participan en el abordaje de los pacientes diab ticos con estas complicaciones lo que incluye ortopedas endocrin logos cirujanos vasculares pod logos y enfermeras entre otros Tanto los editores como los autores que han participado en esta edici n esperan que la informaci n presentada sea de utilidad para reducir el alarmante ndice de amputaciones asociadas a la diabetes mellitus Obra de referencia totalmente actualizada y a

todo color que en su s ptima edici n contin a con su objetivo tradicional de proporcionar la informaci n m s completa y actualizada sobre el diagn stico y el tratamiento de los pacientes con pie diab tico Destaca la presencia de cuadros al final de la mayor a de cap tulos que contienen Claves y Dilemas un instrumento muy til para destacar los puntos cr ticos Proporciona perspectivas multidisciplinares a los diferentes profesionales que participan en el abordaje de los pacientes diab ticos con estas complicaciones *La Diabetes en la Pr ctica Cl nica* Francisco Javier Tobar Mass,2014-07-17 El lector va a encontrar suficientes datos para una buena pr ctica cl nica Para ello esta obra refleja la mayor parte de problemas de esta enfermedad y que estos problemas sean analizados y expuestos por expertos en las diferentes reas

### **CUIDADOS DEL PIE**

**DIABETICO** VICTOR MANUEL AYALA MILLA,2012-09-20 Con esta guia pretendemos darle la importancia que se merece la higiene particular de los pies as como de seguir una guia espec fica pero muy sencilla de realizar **La Revista Chilena de Cirug a ,1994-10** Transtornos Circulatorios en Cirug a Enrique Mart nez Rodr guez,Jos e Paz Jim nez,1994 **Úlceras de la extremidad inferior** Josep Marinello Roura,2005 The Diabetic Foot: Preventing Loss and Amputation A Pictorial Approach / El Pie Diab tico: Prevenir la P rdida Y la Amputaci n Un Enfoque Michael J. Marcus,2021 The book presents vital information on how diabetes affects the foot ankle and aims to reduce the extent frequency of limb loss It is presented in both English Spanish *El pie diab tico* David Grinfeld,Jorge Salvioli,Roberto Castelletto,1974 Manual para la revisi n del pie en el paciente con diabetes Carlos Gurrola Togasi,2024-12-09 Manual para la revisi n del pie en el paciente con diabetes es una obra bien documentada de f cil lectura y sobre todo sistematiza el procedimiento para la revisi n del pie El lector dispone de un acervo de conocimientos de anatom a fisiolog a y patolog a que le permiten orientar el plan terap utico de su paciente

Aun cuando el t tulo hace referencia al paciente con diabetes los conceptos son aplicables para la exploraci n del pie sano Se estudia la valoraci n de problemas dermatol gicos vasculares y de neuropat a que por su frecuencia son hallazgos de la consulta general Queda de manifiesto la importancia del trabajo multidisciplinario en beneficio del paciente La cooperaci n y el intercambio de informaci n enriquecer n la interconsulta entre el equipo de salud y con ello la atenci n integral del paciente **Semiología M dica** Marcelo E. Álvarez, **Infecciones Quirurgicas** Xavier Guirao Garriga,2006-12

*Todo Sobre Diabetes Infantil* Ferm n E. Guerrero,2006-02 Presents information and advice for the parents of children with diabetes including general information about the disease advice for living with it an exercise plan diet recommendations and a collection of healthy recipes

### **APLICACI N CL NICA DE LAS T CNICAS NEUROMUSCULARES.**

**Extremidades inferiores (Bicolor)** Leon Chaitow,Judith Walker DeLany,2007-01-08 Este segundo volumen de la obra Aplicaci n cl nica de las t cnicas neuromusculares se dedica a la terapia en la parte inferior del cuerpo Las disfunciones musculosquel ticas son tratadas de nuevo desde dos contextos que se entremezclan la relaci n de la zona disfuncional con el resto del organismo y las influencias externas a las que el organismo puede responder como la postura la marcha influencias ambientales deportes y estilo de vida Una correcta evaluaci n de los rasgos etiol gicos subyacentes es fundamental para

aplicar la terapia más adecuada por ello se presentan un gran número de más todos de evaluación y tratamiento provenientes tanto de la experiencia personal de los autores como de otros expertos clínicos que tratan muchos problemas y aportan soluciones El Dr Leon Chaitow es profesor de la Universidad de Westminster Londres Reino Unido y la Dra Judith Walker DeLany es profesora de Terapia Neuromuscular y directora del Centro de Terapia Neuromuscular NMT Center en San Petersburgo Florida EE UU [The Diabetes Problem Solver](#) Nancy Touchette, 1999-06 People with diabetes can turn to this dictionary style reference for solutions to the most common problems Readers can use The Diabetes Problem Solver to look up problems under the key word and follow a flow chart of questions to find practical advice and solutions to most any diabetes self care problem

## Enjoying the Tune of Expression: An Mental Symphony within **El Pie Diabetico**

In some sort of taken by screens and the ceaseless chatter of quick transmission, the melodic beauty and mental symphony created by the prepared word frequently disappear in to the background, eclipsed by the constant sound and interruptions that permeate our lives. Nevertheless, set within the pages of **El Pie Diabetico** a charming fictional treasure filled with organic emotions, lies an immersive symphony waiting to be embraced. Crafted by a wonderful musician of language, this interesting masterpiece conducts readers on a mental trip, well unraveling the concealed songs and profound affect resonating within each carefully constructed phrase. Within the depths with this poignant analysis, we can explore the book is central harmonies, analyze their enthralling publishing model, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

<http://www.pet-memorial-markers.com/data/book-search/index.jsp/Everyday%20Errors%20In%20English.pdf>

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web jul 8 2021 a congestive heart failure b asthma copd c bilateral diaphragmatic paralysis d all of the above 5 platypnea is dyspnea that occurs in which position a upright b sitting c supine d lateral 6 trepopnea most often occurs in patients with a asthma b copd c heart disease d pleural effusion 7 the sense of air hunger arises

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web heart failure pathophysiology and inpatient management 1 a 73 year old male presents with acute pulmonary oedema his blood pressure is 180 110 mm hg and heart rate 120 beats min 1 sinus rhythm qrs duration 100 ms and he has cool peripheries his serum lactate is 5 normal 0 6 1 3 mmol litre 1 and there is left ventricular

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web mar 21 2023 the basics of heart failure and how it is treated questions 11 attempts 62798 last updated apr 11 2023 sample question what is not one of the main symptoms of heart failure shortness of breath warm hands reduced urinary output edema none of the above pharm heart failure

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web gary s ferenchick md ms facp author and disclosure information question 1 of 5 a 76 year old man with a history of heart failure visits your clinic for a routine scheduled examination he has underlying coronary heart disease and his last echocardiogram 12 months ago revealed a left ventricular regional wall motion abnormality in the

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web apr 11 2023 correct answer e polio explanation polio is not a primary cause of heart failure heart failure is commonly

caused by conditions such as cardiomyopathy high blood pressure coronary artery disease and diabetes polio is a viral infection that primarily affects the nervous system causing muscle weakness and paralysis

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web explanation the patient has class iii symptoms of heart failure from a known ischemic bmj publishing group limited bmj disclaims all liability and responsibility arising from any reliance supplemental material placed on this supplemental material which has been supplied by the author s heart higuchi k bhargava m heart 2022 108 565 572

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web jul 27 2018 b heart failure c coronary artery disease d myocarditis 14 which of the following medicine should withhold before giving cardioversion a diazepam b digoxin c heparin d warfarin 15 which is the most common blood vessel used in cabg surgery a the saphenous vein b the femoral artery c the popliteal vein

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web jul 24 2021 d all of the above a should be initiated in low doses b upward titration at 2 week intervals c maximum dose as reported effective in clinical trials d