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REAL fast food!



Ekiben Japanese Fast Food

S Ben Porath



Ekiben Japanese Fast Food:

Food and Nutrition Paul Fieldhouse, 2013-12-14 As someone who was trained in the clinical scientific tradition it took me several years to start to appreciate that food was more than a collection of nutrients and that most people did not make their choices of what to eat on the biologically rational basis of nutritional composition This realization helped to bring me to an understanding of why people didn't always eat what I believed was good for them and why the patients I had seen in hospital as often as not had failed to follow the dietary advice I had so confidently given When I entered the field of health education I quickly discovered the famous World Health Organization definition of health as being a state of complete physical mental and social well being and not merely the absence of disease Health was a triangle and I had been guilty of virtually ignoring two sides of that triangle As I became involved in practical nutrition education initiatives the deficiencies of an approach based on giving information about nutrition and physical health became more and more apparent The children whom I saw in schools knew exactly what to say when asked to describe a nutritious diet they could recite the food guide and list rich sources of vitamins and minerals but none of this intellectual knowledge was reflected in their own actual eating habits

Food Tourism in Asia Eerang Park, Sangkyun Kim, Ian Yeoman, 2019-02-01 This book draws together empirical research across a range of contemporary examples of food tourism phenomenon in Asia to provide a holistic picture of their role and influence It encompasses case studies from around the pan Asian region including China Japan South Korea Thailand Singapore Vietnam and India The book specifically focuses on and explicitly includes a variety of perspectives of non Western and Asian research contexts of food tourism by bringing multidisciplinary approaches to food tourism research and wider evidence of food and tourism in Asia

Food on the Move Sharon Hudgins, 2018-10-15 All aboard for a delicious ride on nine legendary railway journeys Meals associated with train travel have been an important ingredient of railway history for more than a century from dinners in dining cars to lunches at station buffets and foods purchased from platform vendors For many travelers the experience of eating on a railway journey is often a highlight of the trip a major part of the romance of the rails A delight for rail enthusiasts foodies and armchair travelers alike *Food on the Move* serves up the culinary history of these famous journeys on five continents from the earliest days of rail travel to the present Chapters invite us to table for the haute cuisine of the elegant dining carriages on the Orient Express the classic American feast of steak and eggs on the Santa Fe Super Chief and home cooked regional foods along the Trans Siberian tracks We eat our way across Canada's vast interior and Australia's spectacular and colorful Outback grab an infamous British railway sandwich to munch on the Flying Scotsman snack on spicy samosas on the Darjeeling Himalayan Toy Train dine at high speed on Japan's bullet train the Shinkansen and sip South African wines in a Blue Train a luxury lounge car featuring windows of glass fused with gold dust Written by eight authors who have traveled on those legendary lines these chapters include recipes from the dining cars and station eateries taken from historical menus and contributed by contemporary chefs as well as a bounty of illustrations A

toothsome commingling of dinner triangles and train whistles this collection is a veritable feast of meals on the move Fast Food/Slow Food Richard Wilk, 2006-08-25 Wilk and his colleagues draw upon their own international field experience to examine how food systems are changing around the globe The authors offer a cultural perspective that is missing in other economic and developmental studies and provide rich ethnographic data on markets industrial production and food economies This new book will appeal to professionals in economic and environmental anthropology economic development agricultural economics consumer behavior nutritional sciences environmental sustainability and globalization studies

Branding Japanese Food Katarzyna J. Cwiertka, Yasuhara Miho, 2020-02-29 Branding Japanese Food is the first book in English on the use of food for the purpose of place branding in Japan At the center of the narrative is the 2013 inscription of Washoku traditional dietary cultures of the Japanese notably for the celebration of New Year on UNESCO's Representative List of the Intangible Cultural Heritage of Humanity The authors challenge the very definition of washoku as it was presented in the UNESCO nomination and expose the multitude of contradictions and falsehoods used in the promotion of Japanese cuisine as part of the nation branding agenda Cwiertka and Yasuhara argue further that the manipulation of historical facts in the case of washoku is actually a continuation of similar practices employed for centuries in the branding of foods as iconic markers of tourist attractions They draw parallels with gastronomic meibutsu famous products and edible omiyage souvenirs which since the early modern period have been persistently marketed through questionable connections with historical personages and events Today meibutsu and omiyage play a central role in the travel experience in Japan and comprise a major category in the practices of gift exchange Few seem to mind that the stories surrounding these foods are hardly ever factual despite the fact that the stories rather than the food itself constitute the primary attraction The practice itself is derived from the intellectual exercise of evoking specific associations and sentiments by referring to imaginary landscapes known as utamakura or meisho At first restricted to poetry this exercise was expanded to the visual arts and by the early modern period familiarity with specific locations and the culinary associations they evoked had become a fixed component of public collective knowledge The construction of the myths of meibutsu omiyage and washoku as described in this book not only enriches the understanding of Japanese culinary culture but also highlights the dangers of tweaking history for branding purposes and the even greater danger posed by historians remaining silent in the face of this irreversible reshaping of the past into a consumable product for public enjoyment *The Essence of Japanese Cuisine* Michael Ashkenazi, Jeanne Jacob, 2013-10-11 The past few years have shown a growing interest in cooking and food as a result of international food issues such as BSE world trade and mass foreign travel and at the same time there has been growing interest in Japanese Studies since the 1970s This volume brings together the two interests of Japan and food examining both from a number of perspectives The book reflects on the social and cultural side of Japanese food and at the same time reflects also on the ways in which Japanese culture has been affected by food a basic human institution Providing the reader with the historical and

social bases to understand how Japanese cuisine has been and is being shaped this book assumes minimal familiarity with Japanese society but instead explores the country through the topic of its cuisine Food Culture in Japan Michael Ashkenazi, Jeanne Jacob, 2003-12-30 Americans are familiarizing themselves with Japanese food thanks especially sushi's wild popularity and ready availability This timely book satisfies the new interest and taste for Japanese food providing a host of knowledge on the foodstuffs cooking styles utensils aesthetics meals etiquette nutrition and much more Students and general readers are offered a holistic framing of the food in historical and cultural contexts Recipes for both the novice and sophisticated cook complement the narrative Japan's unique attitude toward food extends from the religious to the seasonal This book offers a contextual framework for the Japanese food culture and relates Japan's history and geography to food An exhaustive description of ingredients beverages sweets and food sources is a boon to anyone exploring Japanese cuisine in the kitchen The Japanese style of cooking typical meals holiday fare and rituals so different from Americans are engagingly presented and accessible to a wide audience A timeline glossary resource guide and illustrations make this a one stop reference for Japanese food culture Slow Tourism Simone Fullagar, Kevin Markwell, Erica Wilson, 2012-03-23 Bringing together scholars from the areas of tourism leisure and cultural studies eco humanities and tourism management this book examines the emerging phenomenon of slow tourism The book explores the range of travel experiences that are part of growing consumer concerns with quality leisure time environmental and cultural sustainability as well as the embodied experience of place Slow tourism encapsulates a range of lifestyle practices mobilities and ethics that are connected to social movements such as slow food and cities as well as specialist sectors such as ecotourism and voluntourism The slow experience of temporality can evoke and incite different ways of being and moving as well as different logics of desire that value travel experiences as forms of knowledge Slow travel practices reflect a range of ethical political positions that have yet to be critically explored in the academic literature despite the growth of industry discourse *Globalization: Culture and identity* Roland Robertson, Kathleen E. White, 2003 Japanese Landscapes Cotton Mather, Pradyumna P. Karan, Shigeru Iijima, 2014-07-11 From the busy streets of Tokyo to the secluded shores of Kyushu from the volcanoes of Hokkaido to the temples of Kyoto the treasured landscapes of Japan are brought to life in this concise visual guide Drawing upon years of observation Cotton Mather P P Karan and Shigeru Iijima explore the complex interaction of culture time and space in the evolution of landscapes in Japan The authors begin with a discussion of the landscape's general characteristics including paucity of idle land scarcity of level land and its meticulous organization and immaculate nature They then apply those characteristics to such favorite subjects as home gardens sculpted plants and flower arrangements but also to more mundane matters such as roadside shoulders utility lines and walled urban areas This unique blending of physical and social sciences with humanities perspectives offers a unified analysis of the Japanese landscape **Library of Congress Subject Headings** Library of Congress, 1997 **Library of Congress Subject Headings** Library of Congress. Cataloging Policy

and Support Office,1998 *Library of Congress Subject Headings* Library of Congress. Office for Subject Cataloging Policy,1991 *Pizza and Pizza Chefs in Japan: A Case of Culinary Globalization* Rossella Ceccarini,2011-02-03 This book analyzes the reception of artisanal pizza in Japan through the lens of professional pizza chefs The movement of food and workers and the impact that such movements have on the artisanal workers occupation are at issue *The Culture of Copying in Japan* Rupert Cox,2007-09-12 This book challenges the perception of Japan as a copying culture through a series of detailed ethnographic and historical case studies It addresses a question about why the West has had such a fascination for the adeptness with which the Japanese apparently assimilate all things foreign and at the same time such a fear of their skill at artificially remaking and automating the world around them Countering the idea of a Japan that deviously or ingenuously copies others it elucidates the history of creative exchanges with the outside world and the particular myths philosophies and concepts which are emblematic of the origins and originality of copying in Japan The volume demonstrates the diversity and creativity of copying in the Japanese context through the translation of a series of otherwise loosely related ideas and concepts into objects images texts and practices of reproduction which include shamanic theatre puppetry tea utensils Kyoto town houses architectural models genres of painting calligraphy and poetry sample food displays and the fashion and car industries *Embracing Differences* Iris-Aya Laemmerhirt,2014-03-15 The omnipresence and popularity of American consumer products in Japan have triggered an avalanche of writing shedding light on different aspects of this cross cultural relationship Cultural interactions are often accompanied by the term cultural imperialism a concept that on close scrutiny turns out to be a hasty oversimplification given the contemporary cultural interaction between the U S and Japan Embracing Differences shows that this assumption of a one sided transfer is no longer valid Closely investigating Disney theme parks sushi as well as movies Iris Aya Laemmerhirt reveals a dialogical exchange between these two nations that has changed the image of Japan in the United States *History of Soy Sauce (160 CE To 2012)* William Shurtleff,Akiko Aoyagi,2012 **Fast Food Globalization in the Provincial Philippines** Ty Matejowsky,2017-12-20 Few contemporary societies remain beyond the global reach of today s fast food industry In both profound and subtle ways this style of cuisine and the corporate brands that promote it have effectively transformed the appetites health profiles and consumer sensibilities of millions the world over To better understand the variegated impact of McDonald s and other national and international quick service eateries on local life within a non western urban context Ty Matejowsky offers readers a highly engaging and granular account detailing the rise and popularity of these American style chains throughout the Philippines In *Fast Food Globalization in the Provincial Philippines* Matejowsky examines the rich diverse and decidedly syncretic food traditions of the Philippines one of the few global markets where industry giant McDonald s lags behind in competition with an indigenous chain Drawing on over twenty years of ethnographic fieldwork in two provincial Philippine cities Dagupan City Pangasinan and San Fernando City La Union Matejowsky has crafted one of the few anthropological accounts of fast food

production and consumption within the socioeconomic milieu of a less developed country By turns critically engaged and highly reflexive he examines many of the historical political economic and sociocultural complexities that characterize the Philippines now thriving fast food scene Amid intersections of post colonial resistance retail indigenization corporatized childhood experiences and rising globesity Matejowsky considers the myriad ways this seemingly ubiquitous dining format is reimagined by industry players and everyday Filipinos to create something that is both intimately familiar and entirely new

Food and Everyday Life Thomas M. Conroy, 2014-02-18 *Food and Everyday Life* provides a qualitative interpretive and interdisciplinary examination of food and food practices and their meanings in the modern world Edited by Thomas M Conroy the book offers a number of complementary approaches and topics around the parameters of the ordinary everyday perspective on food These studies highlight aspects of food production distribution and consumption as well as the discourse on food Chapters discuss examples ranging from the cultural meanings of food as represented on television to the practices of food budgeting to the cultural politics of such practices as sustainable brewing and developing new forms of urban agriculture A number of the studies focus on the relationships between food eating practices and the body Each chapter examines a particular and in many instances highly unique food practice and each includes some key details of that practice Taken together the chapters show us how the everyday practices of food are both familiar and yet at the same time ripe for further discovery **Ethnology** ,2002

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