

Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS)

Symptoms include:



Severe fatigue.



Difficulty sleeping.



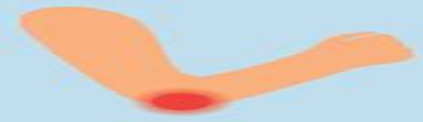
Headaches.



Muscle aches.



Difficulty with concentration and memory.



Joint pain.

Less common symptoms include:



Vision problems.



Chills.



Night sweats.



Swollen lymph nodes.



Dizziness and fainting.



Tingling or numbness.



Mood swings, irritability and anxiety.



Irritable bowel, painful bloating, gas, constipation and diarrhea.

Ending Fatigue And Depression A Patients Manual

**Theodore A. Stern, Timothy E.
Wilens, Maurizio Fava**



Ending Fatigue And Depression A Patients Manual:

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