

PIE DIABÉTICO

La prevalencia de la diabetes mellitus aumentó a un 20 % en Puerto Rico, indicó la **Dra. Leticia Hernández**, presidenta de la Sociedad Puertorriqueña de Endocrinología y Diabetología. Además, el 70% de los pacientes con amputación de extremidad inferior son diabéticos.

El descontrol de los niveles de azúcar en la sangre puede afectar la circulación sanguínea y el sistema nervioso (sensibilidad).



Estos problemas en los pies favorecen la aparición de úlceras e infecciones.

DATOS DE ALARMA DE PIE DIABÉTICO



- Hinchazón en las piernas o pies
- Hormigueos y calambres
- Cambios de color o temperatura
- Hongos en piel o uñas
- Piel seca y descamaciones
- Agrietamiento
- Humedad entre los dedos
- Ampollas
- Úlceras o callosidades
- Falta de sensibilidad



La pérdida de sensibilidad en las extremidades y los problemas de movilidad podrían provocar heridas graves que requieran la amputación.

Fuente: Revista MSP e INVDES

LA CLASIFICACIÓN WAGNER



0
Sin lesión: callos gruesos, algunas deformidades óseas.



1
Úlceras superficiales: destrucción del espesor total del pie.



2
Úlceras profundas e infectadas: penetración a la grasa y ligamentos.



3
Úlceras profundas y abscesos al hueso: heridas extensas con secreción y mal olor.



4
Gangrena limitada: afectación a una parte del pie, dedos, talón o planta.



5
Gangrena extensa: afectación a todo el pie con efectos en todo el organismo.

El Pie Diabetico

AN Whitehead



El Pie Diabetico:

Unveiling the Magic of Words: A Report on "**El Pie Diabetico**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**El Pie Diabetico**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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