

Healing Anxiety and Depression

Based on cutting-edge brain-imaging science, this book:

- Reveals **7** types of anxiety and depression
- Provides proven-effective treatment plans for each type
- Explains the source of anxiety and depression through brain images
- Includes a type-determining self-diagnostic test

Daniel G. Amen, M.D.

author of Healing ADD

and Lisa C. Routh, M.D.

Healing Anxiety And Depression The Revolutionary Brain Based Program That Allows You To See

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