



Heavy Dancers

W. Michael Gear, Kathleen O'Neal Gear

Heavy Dancers:

Hot & Heavy Virgie Tovar, 2012-10-16 In this fun fresh fat positive anthology fat activist and sex educator Virgie Tovar brings together voices from an often marginalized community to talk about and celebrate their lives Hot Heavy rejects the idea that being thin is best instead embracing the many fabulous aspects of being fat building fat positive spaces putting together fat friendly wardrobes turning society's rules into personal politics and creating supportive inclusive communities Writers activists performers and poets including April Flores Alysia Angel Charlotte Cooper Jessica Judd Emily Anderson Genne Murphy and Tigress Osborn cover everything from fat go go dancing to queer dating to urban gardening in their essays exploring their experiences with the word fat pinpointing particular moments that have impacted the way they think and feel about their bodies and telling the story of how they each became fat revolutionaries Ground breaking and long overdue Hot Heavy is a fierce sassy thoughtful authentic and joyous collection of stories about unapologetically and unconditionally loving the body you're in

Body of a Dancer Renee D'Aoust, 2011-11-29 A remarkably clear eyed descent into New York's surreal world of modern dance peopled by the obsessed dispossessed sexy suicidal brutal broke and absurd Lance Olsen author of Nietzsche's Kisses The award winning writer Renee D'Aoust draws from her experiences as a modern dancer in New York during the nineties Her luminous prose spotlights this passionate often brutal world Trained at the prestigious Martha Graham Center D'Aoust intertwines accounts of her own and other dancers lives with essays on modern dance history A dancer's body scarred strained and tough bears witness to the discipline demanded by the art form Body of a Dancer provides a powerful acidly comic record of what it is to love and eventually leave a life centered on dance With exquisite description absolute honesty and a clear compelling voice Body of a Dancer offers an unforgettable account of one artist's bittersweet journey Dinty W Moore Renee D'Aoust's essays have been featured as notable essays in Best American Essays in 2006 2007 and 2009 Her nonfiction work has been included in the anthology Reading Dance edited by Robert Gottlieb and nominated for the Pushcart Prize D'Aoust is the recipient of an NEA Dance Criticism fellowship and grants from The Puffin Foundation and the Idaho Commission on the Arts

Dancing Across the Lifespan Pam Musil, Doug Risner, Karen Schupp, 2022-02-04 This book critically examines matters of age and aging in relation to dance As a novel collection of diverse authors voices this edited book traverses the human lifespan from early childhood to death as it negotiates a breadth of dance experiences and contexts The conversations ignited within each chapter invite readers to interrogate current disciplinary attitudes and dominant assumptions and serve as catalysts for changing and evolving long entrenched views among dancers regarding matters of age and aging The text is organized in three sections each representing a specific context within which dance exists Section titles include educational contexts social and cultural contexts and artistic contexts Within these broad categories each contributor's milieu of lived experiences illuminate age related factors and their many intersections While several contributing authors address and problematize the phenomenon of

aging in mid life and beyond other authors tackle important issues that impact young dancers and dance professionals

Dancing for Hathor Carolyn Graves-Brown, 2010-07-07 Ancient Egypt is renowned as a sophisticated and very distant civilization where the ancient Egyptians worshipped a vibrant pantheon of gods and built some of the most elaborate monuments in human history Yet at the same time ancient Egypt seems strangely familiar Women as well as men went to work made fun of those in authority drank too much and made fools of themselves Even the ancients thought Egypt and its women unusual Herodotus the Greek historian claimed that the Egyptians in their manners and customs seem to have reversed the ordinary practices of mankind For instance women attend market and are employed in trade while men stay at home and do the weaving The goddess Hathor the most important goddess of ancient Egypt in many ways exemplified contradictions in the way ancient Egyptian women were considered She was a goddess of love beauty and gentleness but at times she could also be a blood lusting monster Hathor was also a goddess of worlds not quite our own and perhaps the ancient Egyptians also saw their women as other worldly Carolyn Graves Brown tells the story of the women of ancient Egypt from goddesses to dancing girls queens to housewives and offers a reconstruction of this most exotic and intriguing yet oddly familiar society

The Kings of Dance Luis De Jesus, 2013-06-05 The Kings of Dance novel is an education of dance and how music evolved along with it As far back as I can remember which would be 1972 Rock the dance was born right before my eyes The first time author Luis De Jesus exclaims an education on how Rock was born and how from the Bronx dance roots the next level of dancing evolved The purest form of dance Rock THE BASICS THE FUNDAMENTALS A lot of people do not have knowledge and are blind to the real facts let this be your schooling This story is a time portal that takes you back to the different glamorous Disco s music and styles of clothes This book is so that the truth can be exposed Luis was there he is the proof in the pudding All of the people mentioned in this book deserve their title This is based on a true story It took place in the Bronx

Theory and History Gerard McCann, 2019-05-23 First published in 1997 the aim of this book is to look at the historical materialism of E P Thompson while introducing him as a political thinker of distinction The study examines many aspects of Thompson s life and work to give a comprehensive statement on his theory of historical change It surveys the intellectual background from which he emerged the core values of socialist humanism as understood by his generation of the Left his contribution to history from below his critique of structuralist Marxism and his practical input to political dissent The scope of this study covers fifty years of socialist polemics and offers an insight into the battles which were fought out between the old and new Left until the collapse of command economy communism in 1989 Throughout the work of Thompson is presented as a testimony to a lineage of social thinkers as well as to the ideal of the common weal much cherished by radical practitioners of the past

The Power of Looks Bonnie Berry, 2016-02-24 There is a saying that beauty is in the eye of the beholder implying that beauty is subjective But can it be said that better looking people have more social power This book provides a fascinating insight into the social stratification of people based on looks the artificial placement of people

into greater and lesser power strata based on physical appearance The author analyzes different aspects of physical appearance such as faces breasts eye shapes height and weight as they are related to social power and inequality For example tall people are often associated with power with tall people being seen publicly as more capable and thus more deserving of power than shorter people The author moreover assesses how people s physical appearance affects their chances of marriage employment education and other social and economic opportunities The book contributes to and differentiates itself from current literature by emphasizing sociological theory including constructionism and critical theory and research to understand the phenomenon of social aesthetics a term coined by the author to refer to the social reaction to physical appearance

Manhattan Transfer John Dos Passos,1925 *Manhattan Transfer* is an American novel by John Dos Passos published in 1925 It focuses on the development of urban life in New York City from the Gilded Age to the Jazz Age as told through a series of overlapping individual stories It is considered to be one of Dos Passos most important works

D. H. Lawrence: The Complete Novels (The Giants of Literature - Book 11) D. H. Lawrence,2023-12-25 In D H Lawrence *The Complete Novels* readers are presented with a comprehensive collection that encapsulates the breadth and depth of Lawrence s narrative artistry This anthology showcases the author s diverse literary style characterized by lush vivid descriptions and an intense exploration of human emotion Set against the backdrop of early 20th century sociocultural shifts the novels grapple with themes of sexuality personal freedom and the connection between humanity and the natural world exposing the complexities of relationships and the human psyche D H Lawrence an emblematic figure in modernist literature was born into a working class family in England experiencing the constraints of societal norms firsthand His tumultuous upbringing combined with a deep interest in psychology and philosophy fueled his desire to challenge conventional moralities through literature The socio political turbulence of his time further inspired his characters struggles for authenticity and self actualization making his works resonate with urgency and relevance This collection is a must read for those interested in the interplay between art and life as Lawrence s novels invite readers to confront their own understandings of existence Ideal for both seasoned scholars and newcomers this compilation serves as a gateway into the profound and often controversial insights of one of the 20th century s greatest literary figures

The Complete Works of D. H. Lawrence D. H. Lawrence,2023-12-09 D H Lawrence s *The Complete Works of D H Lawrence* offers an exhaustive collection of his multifaceted literary output encompassing novels poetry essays and short stories Characterized by its exploration of human relationships sensuality and the tension between nature and industrialization Lawrence s writing often embodies a lyrical intensity and psychological depth that reflects the complexities of life in the early 20th century His works are deeply rooted in modernist contexts confronting societal norms with candid examinations of gender sexuality and existential angst Born in 1885 in a coal mining town in England Lawrence s upbringing in a working class family significantly shaped his worldview and literary voice He experienced firsthand the struggles of industrial life which permeate his writings His passionate quest

for authenticity and emotional truth coupled with an interest in spirituality and the natural world led him to challenge contemporary literary conventions Lawrence s travels across Europe and encounters with diverse cultures further enriched his perspective allowing him to synthesize personal and universal themes This comprehensive collection is essential reading for anyone seeking to understand the evolution of modern literature Lawrence s ability to intertwine the personal with the political invites readers to reflect on their own lives and societies For scholars enthusiasts or newcomers to his work The Complete Works of D H Lawrence serves as an invaluable resource that illuminates the profound depth and resonance of his literary legacy

People of the Fire Kathleen O'Neal Gear,W. Michael Gear,2009-11-03 It is a time of fire A small band of pioneers struggle valiantly to keep their ancestors dreams alive in an unforgiving drought stricken land Driven by the promise of an awesome vision a heroic young dreamer and a fearless woman warrior unite to lead their people to a magnificent destiny A towering epic filled with tragedy and triumph courage and conflict People of the Fire is the second compelling novel in a majestic saga of America s first peoples At the Publisher s request this title is being sold without Digital Rights Management Software DRM applied

The Dancer's Way Linda H. Hamilton,New York City Ballet,2015-09-22 The official wellness program of the New York City Ballet an invaluable guide for dancers of any age Meredith Monk Dance Magazine In the world of contemporary dance performers contend with choreography that involves extreme dance multiple techniques and acrobatic moves The dilemma for aspiring professionals is that dance class no longer provides sufficient preparation for performing at this level Dancers who want to achieve their best avoid injury and perform at their peak will welcome the insight and advice in the pages of The Dancer s Way The world renowned New York City Ballet developed their proven wellness program to help dancers reach their potential without compromising their health As one of the key designers of this program former dancer and clinical psychologist Linda Hamilton Ph D provides the essential principles of wellness that will help you achieve your goals in all levels and forms of dance These include keeping yourself physically healthy nutritionally sound and mentally prepared as a dancer New York City Ballet s celebrated program here for the first time in book form highlights every tool you ll need to stay in great shape

Sonic Design Alexander Refsum Jensenius,2024-05-09 This open access book offers a historical context and an overview of the field s current artistic and scientific research Sonic design includes the construction and performance of acoustic instruments but also recording editing mixing and synthesizing sounds using analog and digital electronic devices This book explores sonic design from the perspectives of music theory music perception embodied cognition phenomenology soundscape studies acoustics new interfaces for musical expression sound and music computing and music information retrieval The chapters are selected contributions from an international seminar organized to celebrate the achievements of Professor Rolf Inge God y at the University of Oslo As a composer researcher teacher and supervisor Professor God y has been central in developing a holistic approach to sonic design from theory to practice This book offers a comprehensive overview of the field s current state making it essential reading for

students practitioners and researchers across a wide range of disciplines The Boy's Own Annual ,1915 **Dancing for the Fat Lady** Ray Drake,2013 This is the story of my journey from a university psychology department to public mental health and private practice and on to being a psychologist in Indian land It includes of course the many interesting people novel experiences and challenging ideas I encountered along the way It is a story of expanding spiritual awareness and growth as a human being and the part played in that by the Chippewa Ojibwa Indians whose own practice of faith clearly embodies Jesus teachings on how to live with reverence gratitude humility and grace The discovery of their faith was an immense surprise and an unexpected joy Eventually I was called in dreams to Sundance in Canada a calling that also included dancing in other ceremonies which like the Sundance required four days of fasting and prayer I attempt to convey to the reader some of the learning and growth that are inevitable when one dances in a sacred arbor filled with kind souls and the Creator s unconditional love and yet I know full well that words merely hint at what can be learned only through experience When I answered the call to Sundance who could have known that as a dancer helper and eventual leader I would spend the next eighteen years of my life in those sacred arbors I was fifty two when I first danced and a couple of weeks shy of seventy when last I dragged the buffalo skulls My dear wife pursued her own calling to teach children and wound up teaching many years in a nearby Indian school She made this journey ours by her loving constancy faith courage and support She was the first and best of the joy filled surprises the Creator had for me when He moved me out of the university world

Nine Nights of Power Ute Hüsken,Vasudha Narayanan,Astrid Zotter,2021-10-01 The autumnal Navar tri festival also called Durg P j Dassehra or Dasain is the most important Hindu festival in South Asia and wherever Hindus settle A nine night long celebration in honor of the goddess Durg it ends on the tenth day with a celebration called the victorious tenth vijayada am The rituals that take place in domestic royal and public spaces are closely connected with one s station in life and dependent on social status economic class caste and gender issues Exploring different aspects of the festival as celebrated in diverse regions of South Asia and in the South Asian diaspora this book addresses the following common questions What does this festival do What does it achieve and how Why and in what way does it sometimes fail How do mass communication and social media increase participation in and contribute to the changing nature of the festival The contributors address these questions from multiple perspectives and discuss issues of agency authority ritual efficacy change appropriation and adaptation Because of the festival s reach beyond its diverse celebrations in South Asia its influence can be seen in the rituals and dances in many parts of Western Europe and North America **The Plumed Serpent** D. H.

Lawrence,2022-01-05 *The Plumed Serpent* is a 1926 political novel by D H Lawrence The novel reflects his experiences in Mexico in 1923 The story tells about Kate Leslie an Irish tourist who visits Mexico after the Mexican Revolution There he gets acquainted with Don Cipriano a Mexican general who supports the Men of Quetzalcoatl a religious movement Both characters are driven into dangerous adventures political turmoil and a romantic affair Company Keepers: Dance

Ministry Daily , **The Secret Life of Fat: The Science Behind the Body's Least Understood Organ and What It Means for You** Sylvia Tara,2016-12-27 A biochemist shows how we can finally control our fat by understanding how it works Fat is not just excess weight but actually a dynamic smart and self sustaining organ that influences everything from aging and immunity to mood and fertility With cutting edge research and riveting case studies including the story of a girl who had no fat and that of a young woman who couldn't stop eating Dr Sylvia Tara reveals the surprising science behind our most misunderstood body part and its incredible ability to defend itself Exploring the unexpected ways viruses hormones sleep and genetics impact fat Tara uncovers the true secret to losing weight working with your fat not against it **People of the Fire** W. Michael Gear,Kathleen O'Neal Gear,2009-11-03 Thousands of years ago small hunting bands crossed the fragile land bridge linking the Eurasian continent to the Americas and discovered a land untouched by humankind Over the centuries that followed their descendents spread throughout this land Bestselling authors and award winning archaeologists W Michael Gear and Kathleen O Neal Gear bring the stories of these first North Americans to life in this magnificent multi volume saga Seven thousand years ago major climactic change was ushering in a 3 500 year drought For a small band of pioneers in what is now Wyoming and the Montana Mountains it was a time of fire As they struggled valiantly to keep their ancestors dreams alive in an unforgiving drought stricken land a heroic young dreamer and a fearless woman warrior united to lead their people to a magnificent destiny

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