

A Spiritual Guide to Healing the Planet

Levanah Shell Bdolak

Ecospirit A Spiritual Guide To Healing The Planet

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Ecospirit A Spiritual Guide To Healing The Planet:

Eco-Spirit Levanah Shell Bdolak, 1991-01-01 Healing Magic Levanah Shell Bdolak, 2010-06-30 BACK COVER OF BOOK Learn to heal yourself and others Are You a Healer Everyone has the ability to heal but most people do not pay attention to this wondrous skill To heal with energy is to believe the spiritual truism that energy comes first and all else stems from it Most people believe in the world that they see with their eyes but not the internal world that they feel with their hearts and spirit It is your energy that creates who you are and what happens to you Who can be a healer Everyone is a healer All of us are Light Beings Each one of us holds the magical key of reaching the healer within the part of you that is whole and always in touch with the oneness of the universe which is what we call your Higher Self Healing is the art of bringing a person s energy back to a true balance We all have the ability to heal ourselves and others Energetic Healing introduces you to the skills of being able to diagnose to heal to understand the nature of Karma and Free Will to heal without taking on the other person s pain energy or problem and to heal from a place of neutral cosmic love Healing is a very powerful skill It is the type of skill you will get to practice more than any other skill since people seem always to be encountering one healing problem or another in life You do not have to become a professional Healer or a full time healer to practice the art of healing There is always some type of healing to be done Sometimes it is a healing of a physical problem but it can also be a healing of an emotional mental or spiritual nature too What the Healer learns from Healing Healing is the ability to change or shift energy If you can shift your own energy or someone else s to heal yourself of a physical problem you can also shift your energy to heal yourself of an emotional mental financial or spiritual problem too Many people study Energetic Medicine and go on in life to use these skills to improve their financial situation to create better relationships with spouses and family members to change outmoded rigid or stuck ways of thinking to clear old emotional patterns and feelings and to release physical pain and trauma in their bodies Energetic Medicine is the art of moving energy Once you understand that energy comes first and is the cause of all of your experiences you can use your skills to move the energy and learn to create your own reality The author Levanah Shell Bdolak has taught this form of energy healing for thirty years In this book she gives you step by step instructions to practice energetic healing as if you are attending a class in person The Five Basic Truths Levanah Shell Bdolak, 2009-07-13 Who am I Where do I come from Why am I here Why did I choose these parents this country this body Why do I suffer This book is to remind you of the basic truths that govern you life If you wake up to your energy spiritual self then you will be capable of knowing who you truly are why you are here and what you came here to do You will be an integrated human being with a beautiful and wondrous purpose in your life And you will be able to find your joy and your happiness life force and your zest your will to be and your will to accomplish You will find your true potential and be able to actualize it No one is lost on the path of life You just do not realize that your answers are right there within you This has been told to you for centuries by every spiritual path on this planet But hearing it and knowing it are two

different animals People read many self help and spiritual books telling them how to find their way in life but rarely do they know how to put this precious information into action This is a book of the simple basic truths you and your ancestors have heard since the very beginning of time If you take the time to connect these truths with your inner self you may never need to search You might realize the essence of life force has been with you all along Searching is a worthy pursuit but finding leads to the road of enlightenment I wish you the best on your first step towards the truth within you The ABC's of Chakra Therapy Deedre Diemer, 2000 The workbook approach of this text should prove useful as an introduction for readers who have some knowledge but need guidance in the area of chakra therapy This book focuses not just on one method of energy clearing but incorporates a variety of therapies to choose from Learn to combine powerful healing techniques to enable healing on all levels physical mental and spiritual My Secret Clairvoyant Life Levanah Shell Bdolak, 2007-04-19 MY SECRET CLAIRVOYANT LIFE are the stories of a clairvoyant Reader Healer Enter the world of the Inner Sighted as you read these vignettes of clairvoyant experiences See into the clairvoyant realm where healing miracles are an everyday occurrence and auras are a wonderment of color to behold 6 Steps to a Better Life Levanah Shell Bdolak, 2007-07-25 You can change your feelings release your emotions change the script of your life and once more be on top of the world by using 6 easy skills You can have the power to change everything right away if you want to You can leave the pain behind and reach a level of happiness and peacefulness with these easy to use skills These skills are not miracle skills but they are very powerful skills They are simply put commonsense basic skills that teach you one step at a time to release what you hold onto and to allow yourself to change easily and to create the scenario in life that you want to have These 6 skills enable you to feel safe and secure within yourself to release emotion and old baggage to find your self esteem to give yourself permission to take the right risks to find what you want instead of dwelling on what you do not want how to focus at will and to be in a state of oneness within yourself no matter what happens in the outer world These six skills should have been taught to you in kindergarten but your teachers only knew them in pieces Put together in a logical do able order they give you the key to success and the secret of being in the moment In the moment all of our problems have solutions 6 STEPS TO A BETTER LIFE is the result of 25 years of exploration and experience in showing people skills to change and transform their lives on a practical level The skills presented in this book are new innovative methods easily used in our modern hectic lifestyles There is no one who could not benefit from using these skills These skills can really change anyones life who uses them consistently Levanah Shell Bdolak the author of this book has many testimonials from clients and seminar attendees who have Be-a-ba Da Chakraterapia, O, successfully used these skills **Freedom from the Inside Out** Nathalie Goldrain.1999 New Age Journal ,1992-06 Subject Guide to Books in Print ,1993 **American Book Publishing Record** .2007 Bibliographic Guide to the Environment ,1992 Publishers Directory, 1994 Forthcomina Books Rose Arny, 1992 Mother Jones, 1992 The Cumulative Book Index ,1992 A world list of books in the English language

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