

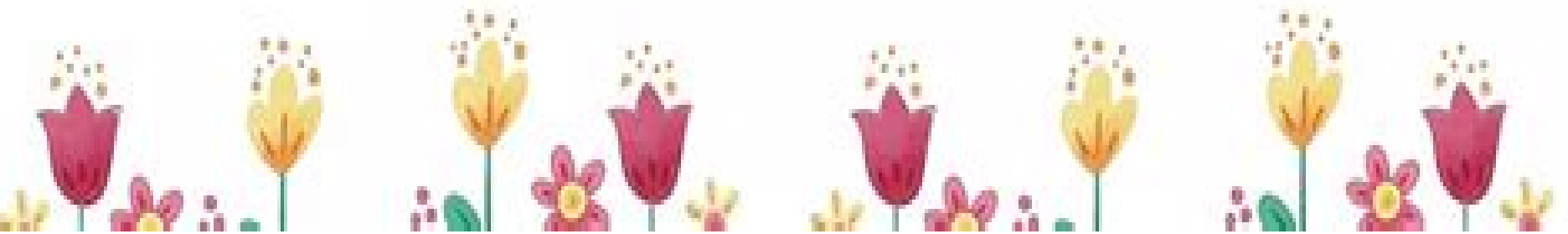


Serenity Preschool and Kindergarten



# Five Finger Exercise

- MINDFULNESS SERIES -



# Five Finger Exercise A Play

**S Ashworth**



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