

# Apprivoiser les écrans et grandir

3 - 6 - 9 - 12



## Avant 3 ans

*L'enfant a besoin de découvrir avec vous ses sensorialités, et ses repères*

**Jouez, parlez, arrêtez la télé**



## De 3 à 6 ans

*L'enfant a besoin de découvrir ses dons sensoriels et manuels*

**Limitez les écrans, partagez-les, parlez-en en famille**



## De 6 à 9 ans

*L'enfant a besoin de découvrir les règles du jeu social*

**Créez avec les écrans, expliquez-lui Internet**



## De 9 à 12 ans

*L'enfant a besoin d'explorer la complexité du monde*

**Apprenez-lui à se protéger et à protéger ses échanges**



## Après 12 ans

*Il s'affranchit de plus en plus des repères familiaux*

**Restez disponibles, il a encore besoin de vous !**

“ J'ai imaginé en 2008 les repères - 3-6-9-12 - comme une façon de répondre aux questions les plus pressantes des parents et des pédagogues. ” Serge Tisseron  
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# Ecrire Pour Le Petit Ecran

**Georges Dor, Bruno Roy**



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## **Table of Contents Ecrire Pour Le Petit Ecran**

1. Understanding the eBook Ecrire Pour Le Petit Ecran
  - The Rise of Digital Reading Ecrire Pour Le Petit Ecran
  - Advantages of eBooks Over Traditional Books
2. Identifying Ecrire Pour Le Petit Ecran
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Ecrire Pour Le Petit Ecran
  - User-Friendly Interface
4. Exploring eBook Recommendations from Ecrire Pour Le Petit Ecran
  - Personalized Recommendations
  - Ecrire Pour Le Petit Ecran User Reviews and Ratings
  - Ecrire Pour Le Petit Ecran and Bestseller Lists
5. Accessing Ecrire Pour Le Petit Ecran Free and Paid eBooks

- Ecrire Pour Le Petit Ecran Public Domain eBooks
- Ecrire Pour Le Petit Ecran eBook Subscription Services
- Ecrire Pour Le Petit Ecran Budget-Friendly Options
- 6. Navigating Ecrire Pour Le Petit Ecran eBook Formats
  - ePub, PDF, MOBI, and More
  - Ecrire Pour Le Petit Ecran Compatibility with Devices
  - Ecrire Pour Le Petit Ecran Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Ecrire Pour Le Petit Ecran
  - Highlighting and Note-Taking Ecrire Pour Le Petit Ecran
  - Interactive Elements Ecrire Pour Le Petit Ecran
- 8. Staying Engaged with Ecrire Pour Le Petit Ecran
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Ecrire Pour Le Petit Ecran
- 9. Balancing eBooks and Physical Books Ecrire Pour Le Petit Ecran
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Ecrire Pour Le Petit Ecran
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Ecrire Pour Le Petit Ecran
  - Setting Reading Goals Ecrire Pour Le Petit Ecran
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Ecrire Pour Le Petit Ecran
  - Fact-Checking eBook Content of Ecrire Pour Le Petit Ecran
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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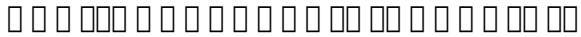
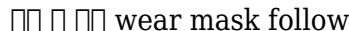
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