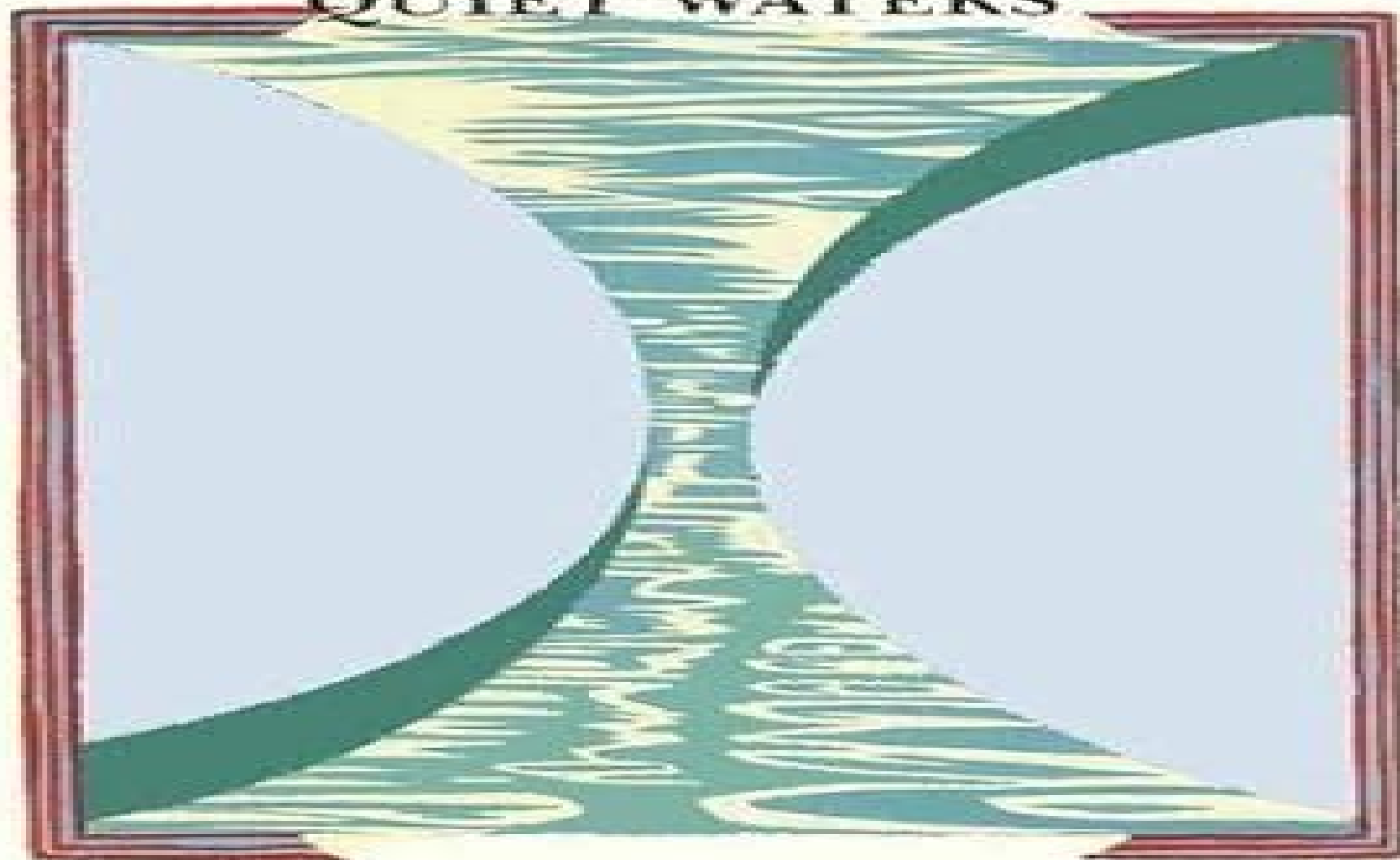


# FLOWING BRIDGES, QUIET WATERS



Japanese Psychotherapies,  
Morita and Naikan

DAVID K. REYNOLDS

# Flowing Bridges Quiet Water Japanese Psychotherapies Morita And Naikan

**David K. Reynolds**



### **Flowing Bridges Quiet Water Japanese Psychotherapies Morita And Naikan:**

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Sheikh, Katherina S. Sheikh, 1996-10-09 This book explores Eastern approaches to therapy and psychological healing and covers such techniques as relaxation hypnosis transcendental meditation and acupuncture It takes a psychological and medical approach to the process of healing and examines the fundamental differences between Eastern and Western philosophies and approaches to health care Describes how to integrate Eastern and Western healing traditions to produce an effective treatment strategy Amazon com     **A Thousand Waves** David K. Reynolds, 1990     *Forthcoming Books* Rose Arny, 1989     **Paperbound Books in Print** , 1992     [Subject Guide to Books in Print](#) , 1991     **The Quiet Therapies** David K. Reynolds, 1982-03-01 A provocative but balanced book that will be of great interest for all concerned with Japan religiously based therapies and the cure of nervous disorders it may challenge one's assumptions about such notions as the nature of self as well as provide insight into life suffering and happiness Religious Studies Review The descriptions of the various therapies are informative vivid and engaging Contemporary Psychology The penetrating account given in an afterword by George DeVos delineates the important psychological differences between Americans and Japanese that render Western psychoanalysis inapplicable to the Japanese scene Journal of the American Medical Association Will undoubtedly become a landmark in comparative psychiatry and social anthropology American Journal of Psychiatry     **Japanese Psychotherapies** Velizara Chervenкова, 2017-12-26 The book presents three Japanese psychotherapeutic approaches Morita Naikan and Dohsa-hou in the chronological order of their development giving a thorough account of both their underlying concepts and practical applications In addition to describing their idiosyncrasies a major focus of the book is also to elucidate as to how the deeply imprinted cultural specificities of these approaches emanating from their common cultural ground converge to two focal points silence and body mind interconnectedness that vest the approaches with their therapeutic power In so doing the book gives an insight into the intrinsic dynamics of the methods and emphasizes on their potential for universal applicability notwithstanding their indisputable cultural peculiarities This self contained and well structured book fills the gap in the yet scarce English language literature on Japanese psychotherapies     **Water Bears No Scars** David K. Reynolds, 1987 David K Reynolds third volume of instruction in the Japanese way to a happier life Water Bears No Scars is a positive pragmatic approach to overcoming neuroses through a focus on the here and now and the acceptance that we are responsible for our actions but not our feelings

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