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Efficiency of Human Movement

Broer, Marion R.

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Efficiency Of Human Movement

B. van Gheluwe, J. Atha



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Current Research in Sports Biomechanics B. van Gheluwe,J. Atha,1988-01-04 **The Mantra of Efficiency** Jennifer Karns Alexander,2008-03-03 Winner 2010 Edelstein Prize Society for the History of Technology Efficiency associated with individual discipline superior management and increased profits or productivity often counts as one of the highest virtues in Western culture But what does it mean exactly to be efficient How did this concept evolve from a means for evaluating simple machines to the mantra of progress and a prerequisite for success In this provocative and ambitious study Jennifer Karns Alexander explores the growing power of efficiency in the post industrial West Examining the ways the concept has appeared in modern history from a benign measure of the thermal economy of a machine to its widespread application to personal behaviors like chewing habits spending choices and shop floor movements to its controversial use as a measure of the business success of American slavery she argues that beneath efficiency s seemingly endless variety lies a common theme the pursuit of mastery through techniques of surveillance discipline and control Six historical case studies two from Britain one each from France and Germany and two from the United States illustrate the concept s fascinating development and provide context for the meanings of and uses for efficiency today and in the future *Biomechanics of Dance* Melanie Lott,2023-09-05 This book provides a detailed analysis of human movement building from simple physical models to more complex analyses and biomechanical models including forces internal to the body The book integrates principles of Physics with the functioning of the nervous and musculoskeletal systems to understand how movement in general and dance movements specifically can be executed to enhance performance and reduce injury risk

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nicht von anderen diätformen 4 bei diabetikern muss der blutzucker während des fastens gut kontrolliert

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