

marc summers
with eric hollander, m.d.

**Marc Summers, Eric Hollander** 

Everything in Its Place Marc Summers, Eric Hollander, 1999 Living successfully with obsessive compulsive disorder is the theme of this intimate and engaging account of the unusual life of a TV game and talk show host **Obsessive-Compulsive Disorder** Natalie Rompella, 2009-04-23 Obsessive Compulsive Disorder strikes one in fifty adults However the disorder often remains untreated in young adults despite advances in diagnostics Though so many people suffer from OCD very few seek professional help Obsessive Compulsive Disorder The Ultimate Teen Guide helps teens understand OCD in greater detail The guide explains different forms of OCD checking cleaning scrupulosity and related disorders such as Obsessive Compulsive Personality Disorder Tourette s Syndrome and Asperger s Disorder Author Natalie Rompella voices many common concerns teens have when confronted with OCD including how to deal with school work and friends The book also discusses uncomfortable topics such as obsessions with sexuality and other unwanted thoughts The book features insights from teens who suffer from OCD letting others know they are not alone The book also encourages teens to seek help through treatment and provides details of different treatment options The Everything Health Guide to OCD Chelsea Lowe, 2007-10-01 OCD sufferers have difficulty concentrating and often their compulsions make it difficult for them to lead their everyday lives Misdiagnosed or untreated OCD can become chronic and more severe Written by an OCD sufferer with a technical review by a licensed psychologist this practical guide covers diagnosis and identification of symptoms type of OCD current treatment options coping strategies and support groups People who suffer from the disorder can rest easy knowing they have the knowledge and medical information to help them recognise and cope with the symptoms and decide upon treatment

Everything in Its Place Marc Summers,1999 Obsessive Compulsive Disorder Leslie J. Shapiro,2020-07-23 A comprehensive introduction to one of the most common psychiatric disorders a condition that results in intrusive irrational thoughts and or repetitive illogical physical or mental actions Titles in this Health and Psychology Sourcebooks series address psychological physical or environmental conditions that threaten human health and wellbeing This book presents a comprehensive overview of OCD one of the five most common psychiatric disorders Obsessions range from those associated with contamination safety and order or symmetry to scrupulosity or the need the do the right thing Compulsions range from counting touching and tapping to excessive cleaning washing arranging or even hoarding Written by a therapist among the most experienced in the world in dealing with this disorder this book covers the incidence symptoms diagnosis history development and causes as well as the effects and costs of OCD It also addresses theory research and treatments and offers insight into and case studies illustrating how the disorder displays in society at work and in relationships A glossary of terms suggested further readings and resource websites and organizations listing are included The Complete Idiot's Guide to Conquering Obsessive Compulsive Behavior Bruce Mansbridge Ph.D.,2009-05-05 Practical help for the millions who suffer Over 6 million Americans and millions more around the world suffer from some degree of obsessive compulsive behavior For

the vast majority of these people this behavior impacts the quality of their lives However OC behavior can be difficult to understand and even harder to change The Complete Idiot's Guide to Conquering Obsessive Compulsive Behavior is a practical guide created specifically for middle range sufferers to help them overcome OC behavior and take back control of their lives Millions of people from teens to seniors suffer from OC behavior Written by a well respected and acknowledged author in this field Heightened awareness of the disorder thanks to the popular TV series Monk Obsessive-Compulsive Disorder Sandra Giddens, 2008-08-15 Most people think the disorder amounts to little more than a few cute guirks such as being a neat freak or a hand washing germophobe Yet obsessive compulsive disorder can be an incredibly debilitating and isolating condition characterized by persistent and irrational anxious thoughts and the creation of rigid rules and routines that seek to stave off these thoughts or otherwise prevent some dimly imagined pending catastrophe The thoughts and routines can take over someone s life to such an extent that he or she may not be able or willing to leave the house attend school hold down a job or cultivate and maintain friends This book seeks to promote understanding and offer a way out of the frightening isolation for those afflicted **The Hair-Pulling Problem** Fred Penzel, 2003-03-27 Trichotillomania one of the family of obsessive compulsive disorders may afflict as many as 6 to 8 million people in the United States Now a leading authority on obsessive compulsive disorders Dr Fred Penzel has written the most up to date comprehensive and authoritative guide to this syndrome available filled with reassuring advice for patients and their families Endorsed by the Trichotillomania Learning Center the leading advocate group for this disorder this superb handbook includes all the information a patient or relative would need to understand this illness and to cope with it Penzel provides a detailed discussion of causes and he reviews all the treatment options describing the most effective medications and their side effects as well as the recommended cognitive and behavioral treatments He shows patients how to design a self help program and gain control of their compulsive behavior how to prevent relapse describes trichotillomania and its treatment in children and suggests coping strategies for families at home and in public situations He also provides a guide to all the resources available including internet sites recommended books and videos and outlines ways to start a support group The appendix will include questionnaires clinical rating scales and the official DSM diagnostic criteria for the disorder so readers can decide if they need to seek behavioral and possibly medical treatment Dr Penzel has helped patients with OCD and trichotillomania for over twenty years and is one of America's leading authorities on these disorders Drawing on decades of hands on experience he has produced the most complete and scientifically accurate handbook available on this disorder a comforting guide packed with information to help people with trichotillomania get well and stay well Understanding OCD Leslie J. Shapiro, 2015-03-10 One of the most experienced therapists in the world for treatment resistant obsessive compulsive disorder OCD explains the disorder the treatments available and the skills needed to overcome and outsmart OCD This is an eye opening study of one of the most common psychiatric ailments diagnosed today obsessive compulsive disorder OCD

Written by Leslie I Shapiro a renowned therapist at one of the most well known OCD facilities in the world this reference shares effective treatment strategies and clinical factors for helping therapists mental health professionals psychology students clergy and others deal with patients coping with this illness. The author offers case examples from her 15 years of residential work with patients demonstrating how sufferers even the most treatment resistant can get control of the condition Organized into three sections this guidebook first reveals how OCD and guilt are intertwined and explores survival instincts cultural factors and the nature of thoughts The second section covers aspects of the obsessive conscience such as scrupulosity moralosity and obsessive quilt The book s conclusion describes effective exposure and response prevention strategies for these symptoms and examines methods of treatment that augment and help maintain recovery An in depth discussion on the differences between compulsive and impulsive behaviors as well as other treatment impediments is included The Thought that Counts Jared Kant, Martin Franklin, Linda Wasmer Andrews, 2008-03-04 For the more than 2 million Americans with obsessive compulsive disorder the intrusive thoughts and uncontrollable behaviors can take a harsh toll as author Jared Douglas Kant knows all too well Diagnosed with OCD at age 11 Jared became ruled by dread of deadly germs and diseases the unrelenting need to count and check things and a persistent nagging doubt that overshadowed his life In The Thought that Counts Jared shares his deeply personal account of trial tribulation and ultimately triumph Using anecdotes narratives and sidebars this book adds a human face to a complex disorder Jared's funny often touching sometimes harrowing tale makes for compelling reading Yet his memoir is only half the story With the help of psychologist Martin Franklin Ph D and veteran science writer Linda Wasmer Andrews Jared paints the big picture for other teens with OCD Drawing on the latest scientific and medical evidence he explains how to recognize warning signs where to find help and what treatments have proved effective Jared also offers practical suggestions on managing the symptoms of OCD at home at school and in relationships with family and friends The result is both an absorbing memoir and a useful guide that will help to ease the isolation caused by OCD assuring anyone recently diagnosed with the disease that with commitment and hard work they can overcome this illness Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults this volume offers hope to young people who are struggling with obsessive compulsive disorder helping them to overcome the challenges of this illness and go on to lead healthy productive lives **Obsession** Lennard J. Davis, 2009-05-15 We live in an age of obsession Not only are we hopelessly devoted to our work strangely addicted to our favorite television shows and desperately impassioned about our cars we admire obsession in others we demand that lovers be infatuated with one another in films we respond to the passion of single minded musicians we cheer on driven athletes To be obsessive is to be American to be obsessive is to be modern But obsession is not only a phenomenon of modern existence it is a medical category both a pathology and a goal Behind this paradox lies a fascinating history which Lennard J Davis tells in Obsession Beginning with the roots of the disease in demonic possession and its secular successors Davis traces the

evolution of obsessive behavior from a social and religious fact of life into a medical and psychiatric problem From obsessive aspects of professional specialization to obsessive compulsive disorder and nymphomania no variety of obsession eludes Davis s graceful analysis Getting Old Without Getting Anxious Peter Rabins, Lynn Lauber, 2006-03-16 Informative and full of hope Getting Old Without GettingAnxious assists older people and their caregivers in overcoming one of the more crippling and misunderstood human afflictions anxiety Geriatric psychiatrist and bestselling author of The 36 Hour Day Dr Peter V Rabins explains how the many changes that occur as a person ages can trigger severe andlife altering anxiety often destroying lives This valuable guide will help readers to learn how late life anxiety differs from anxiety in younger people identify the disorder a loved one may have and its causes and treat the affliction with the best remedy or combination of options available Anxiety is often dismissed as simply a by product of old age Yet Dr Rabins shows that experiencing life as an older person does not mean living in fear and he provides the tools to help people break free from the debilitating grasp of their disorders Stories from patients will encourage and motivate both those suffering from mental illness and their If Your Adolescent Has an Anxiety Disorder Edna B. Foa, Linda Wasmer Andrews, 2006 THE MOST UP TO caregivers DATE INFORMATION ON SOCIAL ANXIETY DISORDER GENERALIZED ANXIETY DISORDER OBSESSIVE COMPULSIVE DISORDER AND POST TRAUMATIC STRESS DISORDER **Reader's Block** Matthew Rubery, 2022-10-04 What does the term reading mean Matthew Rubery's exploration of the influence neurodivergence has on the ways individuals read asks us to consider that there may be no one definition This alternative history of reading tells the stories of atypical readers and the impact had on their lives by neurological conditions affecting their ability to make sense of the printed word from dyslexia hyperlexia and alexia to synesthesia hallucinations and dementia Rubery's focus on neurodiversity aims to transform our understanding of the very concept of reading Drawing on personal testimonies gathered from literature film life writing social media medical case studies and other sources to express how cognitive differences have shaped people s experiences both on and off the page Rubery contends that there is no single activity known as reading Instead there are multiple ways of reading and for that matter not reading despite the ease with which we use the term Pushing us to rethink what it means to read Reader's Block moves toward an understanding of reading as a spectrum that is capacious enough to accommodate the full range of activities documented in this fascinating and highly original book Read it from cover to cover out of sequence or piecemeal Read it upside down sideways or in a mirror For just as there is no right way to read there is no right way to read this book What matters is that you are doing something with it something that Rubery proposes should be called reading

<u>From Scratch</u> Allen Salkin,2014-10-07 Twenty Years of Dish from Flay and Fieri to Deen and DeLaurentiis Includes a New Afterword I don t want this shown I want the tapes of this whole series destroyed Martha Stewart In those days the main requirement to be on the Food Network was being able to get there by subway Bobby Flay She seems to suggest that you can make good food easily in minutes using Cheez Whiz and chopped up Pringles and packaged chili mix Anthony

Bourdain This is the definitive history of The Food Network from its earliest days as a long shot business gamble to its current status as a cable obsession for millions home along the way to such icons as Emeril Lagasse Rachael Ray Mario Batali Alton Brown and countless other celebrity chefs Using extensive inside access and interviews with hundreds of executives stars and employees From Scratch is a tantalizing delicious look at the intersection of business pop culture and food **INCLUDES PHOTOS** Invitation to Holistic Health Charlotte Eliopoulos, 2004 Provides solid principles and proven measures to promote optimal health and well being using a holistic approach **Welcoming Children with Special Needs** Sally Patton, 2004 Fundamentals of Abnormal Psychology Ronald J. Comer, 2004-04-23 This is a concise textbook on abnormal psychology that integrates various theoretical models sociocultural factors research clinical experiences and therapies The author encourages critical thinking about the science and study of mental disorders and also reveals the humanity behind them Obsessive-compulsive Disorder Mitzi Waltz, 2000 Obsessive compulsive disorder OCD is one of the most common psychiatric problems faced by children although frequently notdiagnosed or treated Many children diagnosed with OCD also turn out tohave other brain based disorders particularly ADD ADHD Childhood OCD can be a truly debilitating disability not just a minorproblem or personality quirk Children with OCD experience extremeanxiety and embarrassment Their OCD symptoms often prevent them frombuilding good relationships from achieving their best in school and from having a normal childhood The effects of this disruption can be ainful and lifelong The good news is that OCD is very treatable Obsessive CompulsiveDisorder helps parents Secure a diagnosisManage family lifeUnderstand medical interventionsExplore therapeutic and other interventions Get care with an existing health plan even with no coverage of mental disorders Author Mitzi Waltz an advocate for children's neurological issues hasincluded the stories of dozens of parents and adolescents

<u>Vegetarian Times</u>, 2001-10 To do what no other magazine does Deliver simple delicious food plus expert health and lifestyle information that s exclusively vegetarian but wrapped in a fresh stylish mainstream package that s inviting to all Because while vegetarians are a great vital passionate niche their healthy way of eating and the earth friendly values it inspires appeals to an increasingly large group of Americans VT s goal To embrace both

**Everything In Its Place My Trials And Triumphs With Obsessive Compulsive Disorder** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has be much more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "Everything In Its Place My Trials And Triumphs With Obsessive Compulsive Disorder," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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