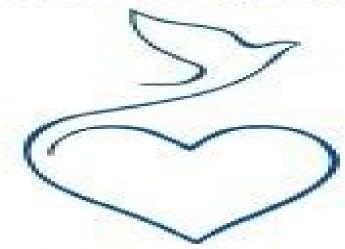
# Evidence-Based Palliative Care

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# **Evidence Based Palliative Care**

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Evidence-Based Practice of Palliative Medicine - E-Book Nathan E. Goldstein, Christopher D. Woodrell, R. Sean Morrison, 2023-11-07 Using a practical question and answer approach Evidence Based Practice of Palliative Medicine 2nd Edition helps you provide optimal care for patients and families who are dealing with serious illness This unique reference focuses on patient and family caregiver centered care highlighting the benefits of palliative care and best practices for delivery The highly practical user friendly format sets it apart from other texts in the field with concise readable chapters organized around clinical questions that you re most likely to encounter in everyday care Uniquely organized using a question and answer approach making it easy to find answers to common questions asked by practitioners and patients Up to date reader friendly chapters explore interventions assessment techniques treatment modalities recommendations and guidelines communication techniques and available resources for palliative care Expanded discussions on hospice in every chapter and a new emphasis on pediatrics with increased material on pediatric malignancies developmental delays cystic fibrosis and perinatal palliative care New chapters on wellness of the palliative care practitioner patients with opioid use disorders telehealth in palliative care health disparities rural palliative care caring for people with hematologic malignancies integrative and alternative therapies LGBTQ populations mobile health technologies and national palliative care implementation strategies High quality evidence gathered and reviewed by leading experts in palliative medicine including clinicians educators and researchers across a broad range of disciplines Numerous algorithms throughout help you make informed decisions and take home points in every chapter provide a quick summary of key content Evidence-Based Practice of Palliative Medicine Nathan E Goldstein, MD, Christopher D. Woodrell, R. Sean Morrison, 2023 Using a practical question and answer approach Evidence Based Practice of Palliative Medicine 2nd Edition helps you provide optimal care for patients and families who are dealing with serious illness This unique reference focuses on patient and family caregiver centered care highlighting the benefits of palliative care and best practices for delivery. The highly practical user friendly format sets it apart from other texts in the field with concise readable chapters organized around clinical questions that you re most likely to encounter in everyday care Uniquely organized using a question and answer approach making it easy to find answers to common questions asked by practitioners and patients Up to date reader friendly chapters explore interventions assessment techniques treatment modalities recommendations and guidelines communication techniques and available resources for palliative care Expanded discussions on hospice in every chapter and a new emphasis on pediatrics with increased material on pediatric malignancies developmental delays cystic fibrosis and perinatal palliative care New chapters on wellness of the palliative care practitioner patients with opioid use disorders telehealth in palliative care health disparities rural palliative care caring for people with hematologic malignancies integrative and alternative therapies LGBTQ populations mobile health technologies and national palliative care implementation strategies High quality evidence gathered

and reviewed by leading experts in palliative medicine including clinicians educators and researchers across a broad range of disciplines Numerous algorithms throughout help you make informed decisions and take home points in every chapter provide a guick summary of key content Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text and figures from the book on a variety of devices Evidence-Based Palliative Care H. H. Abu-Saad, 2008-04-15 This book describes the current state of the art in the field of palliative care in children and adults Special emphasis is placed on addressing the efficacy and effectiveness of palliative care models pain and symptom management and on measuring quality of life In addition the book evaluates current research methods in palliative care and suggests suitable alternatives Finally the book bridges the gap between science and practice by providing the reader with the **Compassionate Person-Centered Care for the** current evidence and how it can be applied in the practice setting **Dying** Bonnie Freeman, 2015-02-23 This groundbreaking reference for palliative care nurses is the first to provide realistic and achievable evidence based methods for incorporating compassionate and humanistic care of the dying into current standards of practice It builds on the author's research based CARES Tool a reference that synthesizes five key elements demonstrated to enable a peaceful death as free from suffering as possible Comfort Airway Management Management of Restlessness and Delirium Emotional and Spiritual Support and Self Care for Nurses The book describes step by step how nurses can easily implement the basic tenets of the CARES Tool into their end of life practice It provides a clearly defined plan that can be individualized for each patient and tailored to specific family needs and facilitates caring for the dying in the most respectful and humane way possible Hospital-Based Palliative Medicine Steven Z. Pantilat, Wendy Anderson, Matthew Gonzales, Eric Widera, 2014-12-01 The first comprehensive clinically focused guide to help hospitalists and other hospital based clinicians provide quality palliative care in the inpatient setting Written for practicing clinicians by a team of experts in the field of palliative care and hospital care Hospital Based Palliative Medicine A Practical Evidence Based Approach offers Comprehensive content over three domains of inpatient palliative care symptom management communication and decision making and practical skills Detailed information on assessment and management of symptoms commonly experienced by seriously ill patients Advise on the use of specific communication techniques to address sensitive topics such as prognosis goals of care code status advance care planning and family meetings in a patient and family centered manner Targeted content for specific scenarios including palliative care emergencies care at the end of life and an overview of post hospital palliative care options Self care strategies for resilience and clinician wellness which can be used to help maintain an empathic engaged workforce and high quality patient care A consistent chapter format with highlighted clinical pearls and pitfalls ensuring the material is easily accessible to the busy hospitalist and associated hospital staff This title will be of use to all hospital clinicians who care for seriously ill patients and their families Specialist trained palliative care clinicians will also find this title useful by outlining a framework for the delivery of palliative care by the patient s front

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Evidence-Based Practice of Palliative Medicine E-Book Nathan E Goldstein, R. Sean Morrison, 2012-12-03 Evidence Based Practice of Palliative Medicine is the only book that uses a practical question and answer approach to address evidence based decision making in palliative medicine Dr Nathan E Goldstein and Dr R Sean Morrison equip you to evaluate the available evidence alongside of current practice guidelines so you can provide optimal care for patients and families who are dealing with serious illness Consult this title on your favorite e reader with intuitive search tools and adjustable font sizes Elsevier eBooks provide instant portable access to your entire library no matter what device you re using or where you re located Confidently navigate clinical challenges with chapters that explore interventions assessment techniques treatment modalities recommendations guidelines and available resources all with a focus on patient and family centered care Build a context for best practices from high quality evidence gathered by multiple leading authorities Make informed decisions efficiently with treatment algorithms included throughout the book **Implementation of an Evidence-based Palliative Care Program in Long-term Care** Rachel L. Boyd, 2015 Although palliative care has become a staple in the provision of quality care on the inpatient side palliative care remains underutilized in the long term care setting The lack of facility based palliative care programs in the long term care setting has contributed greatly to this problem. The purpose of this clinical project was to improve palliative care utilization in the long term care setting through implementation of an evidence based palliative care program A program composed of nursing education prognostic screening and an advance care planning algorithm was developed and implemented at one long term care facility The Stetler model was used to guide project implementation Project outcomes focused on increasing palliative care nursing knowledge and on increasing palliative care screening compliance Program education resulted in an increase in mean knowledge score by 38% from pre to first post testing as well as an increase of 33% from pre to second post testing Palliative care screening compliance which included prognostic screening and algorithm use increased to an average of 43% These outcomes suggest that through facility based program implementation palliative care can be integrated into the long term care setting ensuring quality of life and cost containment The following chapters will discuss the development implementation and evaluation of this program as well as discuss implications for future practice Key words Palliative care long term care quality of life prognostic screening advance care planning nursing education palliative care screening goals of care evidence based practice Abstract **Evidence Based** 

**Symptom Control in Palliative Care** Linda S. Tyler, 2000-09-05 Make your patients final days as comfortable as possible There are few situations more challenging and emotionally taxing to a medical professional than the care of the terminally ill Much has been learned in recent years about symptom control that can profoundly improve the quality of life in a patient s Compassionate Person-centered Care for the Dying ,2015 Evidence Based Symptom Control in Palliative Care Arthur G. Lipman, Linda S. Tyler, 2000-09-05 Co published simultaneously as Journal of Pharmaceutical Care in Pain and Symptom Control Vol 7 4 1999 and Vol 8 1 2000 Palliative Nursing Shaun Kinghorn, Sandra Gaines, 2007-11-14 This title is directed primarily towards health care professionals outside of the United States Content has been thoroughly revised and updated in line with changes in practice and policy both locally and internationally particularly the UK NICE quidance on Supportive and palliative care for people with cancer and the Care of the Dying Pathway It reflects the rapid development of palliative nursing as an emerging specialty It helps in the process of defining palliative nursing and how it interfaces with other disciplines within the specialty The text is divided into three sections and comprehensively yet sensitively covers all aspects of palliative nursing Key themes covered include pain control symptom control loss and grief and handling loss A strong emphasis is placed on the integration of theory and practice and evidence based care Reconciliation of the theory and practice is achieved by the use of case studies It addresses malignant and non malignant palliative care Research and extensive literature support each chapter Content has been thoroughly revised and updated in line with changes in practice and policy both locally and internationally particularly the UK NICE guidance on Supportive and palliative care for people with cancer and the Care of the Dying Pathway Three new chapters on Sexuality Care of the Dying Pathway Changing roles of the nurse in palliative care New appendix on North American drug names equivalents for the international market Evidence-Based Practice in Perioperative Cardiac Anesthesia and Surgery Davy C.H. Cheng, Janet Martin, Tirone David, 2020-11-06 This comprehensive yet concise book addresses current best practice in the combined areas of cardiac surgery and anesthesia interventional minimally invasive cardiac procedures perioperative management and monitoring and critical care recovery This book not only provides the latest best practices in the perioperative management of cardiac surgical patients but also it summarizes the current clinical guidelines and algorithms from leading cardiac programs and professional societies Contemporary best practice approaches are written by experts from leading cardiac surgical centers The preoperative intraoperative and postoperative management and recovery of surgical patients including medication monitoring techniques and innovative surgical procedures are presented by experts in the field of cardiac anesthesia and surgery Perioperative clinical care guidelines postoperative recovery pathways and models of care are presented with supporting protocols Evidence Based Practice in Perioperative Cardiac Anesthesia and Surgery is aimed at all cardiac anesthesiology consultants fellows and trainees all cardiac surgery consultants fellows and trainees nurses in perioperative care and those involved in patient recovery management cardiac program administrative professionals and all

critical care consultants and trainees looking after cardiovascular surgical patients in the modern era **Palliative Care** Nursing: Principles and Evidence for Practice Catherine Walshe, Nancy Preston, Bridget Johnston, 2018-05-18 What can nurses do to support those receiving palliative care How do you ensure clear communication and maintain patients and families preferences Palliative Care Nursing is essential reading for nursing students professional nurses and other health and social care professionals providing supportive and palliative care to those with advanced illness or who are towards the end of life This third edition of the acclaimed textbook has been extensively revised and examines important research studies key debates around care and strategies to advance palliative care nursing In four sections the book covers key elements of nursing practice towards the end of life Defining the palliative care patient Providing palliative nursing care Caring around the time of death Challenging issues in palliative care nursing Leading authors address contemporary issues and explore how to provide high quality person centred palliative care encouraging application to practice through exercises and case studies Chapters completely reworked or new for this edition include those on communication living with uncertainty bereavement care the costs of caring nurses decision making and capacity and palliative care worldwide The clarity of evidence presented and coverage of a diverse range of topics make this the foundational textbook for all studying palliative care at pre registration level postgraduate level or as part of CPD study With a foreword by last edition editor Professor Sheila Payne Lancaster University UK I welcome this third edition of Palliative Care Nursing and congratulations to the new team who have provided us with a dynamic and innovative development of a core text for palliative nursing practice As the largest workforce in palliative care and given the changing face of clinical practice for nurses including increased educational opportunity and expanding roles and responsibilities this book is timely in its focus on critical issues which frame and scope the reality of palliative care and the nursing contribution to that discipline The learning exercises in particular offer tools for educators and clinicians to reflect on practice and understand new ways of knowing in palliative care It will be an excellent resource for nursing both in the UK and Ireland and to the wider international audience having drawn on the breadth of global nursing expertise to bring this book together Philip Larkin Professor of Clinical Nursing Palliative Care University College Dublin and Our Lady's Hospice and Care Services Dublin Ireland President European Association for Palliative Care This is a book of substance that captures the current status of palliative nursing including the values and research evidence that underpin it The changing nature of palliative nursing as an evidence based specialism is balanced with practical skills and insights from experts and also considers the needs of those working with or concerned about the dying person s well being It covers a range of challenging issues as well as drawing on the wisdom of those who actually undertake this work on a daily basis I hope that students and practitioners from all disciplines will find this a useful resource to understand the art and craft of good palliative nursing Professor Daniel Kelly Fellow of the Royal College of Nursing and Royal College of Nursing Chair of Nursing Research Cardiff University UK Evidence-based Practice - Modernising the Knowledge Base of

Social Work? Hans-Uwe Otto, Andreas Polutta, Holger Ziegler, 2009-06-04 The quest to create an evidence based Social Work practice is emerging strongly in different fields of Social Work and social policy In this volume internationally renowned proponents and opponents of this approach deliver profound analyses of the meaning and implications of an evidence based perspective which clearly challenges the nature of the knowledge base of the established Social Work practice and apparently reevaluates and reshapes the character of welfare professionalism Aus dem Inhalt What Knowledge Evidence based Practice Profession and Users Organising Measuring and Implementing Evidence Towards an Evidence based Palliative Care Nursing Deborah Witt Sherman, 2010 This textbook has introduced concepts and methods of education which help to move palliative nursing forward as an evidenced based practice of whole person care Betty Ferrell PhD FAAN Research Scientist From the Foreword In this comprehensive textbook on palliative care nursing editors Marianne Matzo and Deborah Witt Sherman succeed in bringing together the heart of nursing and the true meaning of palliative care with the most current evidence based practice GeriPal Palliative care is a philosophy of caregiving that integrates disease modification with supportive compassionate therapies for patients at the end of life Palliative care nurses are responsible for alleviating pain and other physical symptoms along with satisfying the emotional social cultural and spiritual needs of patients who are facing life threatening illness This third edition of Palliative Care Nursing provides more comprehensive newly updated content knowledge attitudes skills and cutting edge teaching and learning strategies to achieve the AACN End of Life nursing competencies providing a lifespan approach Now in its third edition this book continues to emphasize the value of complementary holistic modalities in promoting health wholeness and wellness even as death approaches Key topics discussed Ethical aspects of palliative care Legal aspects of end of life decision making Loss suffering grief and bereavement on the part of patients and their families Symptom specific nursing management of pain anxiety depression fatigue malnutrition and dehydration all common to palliative care How to communicate with the seriously ill and dying patients their families and their health care providers Disease specific aspects of palliative care for those battling cancer heart disease lung disease HIV AIDS end stage renal and liver disease neurological and other disorders

Behavioral Intervention Research in Hospice and Palliative Care George Demiris, Debra Parker Oliver, Karla T. Washington, 2018-10-12 Behavioral Intervention Research in Hospice and Palliative Care Building an Evidence Base sets forth research considerations and guidelines to build evidence based interventions to improve end of life care It is an in depth introduction to implementation research and showcases how a clinical need is identified to inform an intervention The book extensively examines the various phases of intervention research including design implementation evaluation dissemination and translation The book focuses on methodological ethical and practical issues The science behind the quality of hospice and palliative care lags behind that of traditional medical practice despite the continuous growth of palliative care interdisciplinary teams Researching developing and testing strategies is essential to advancing the effectiveness and value of

this care Informs readers how to conduct intervention research toward identifying best care Advises readers on design implementation and evaluation of research Provides step by step templates to develop an intervention study Includes mock protocols from successful intervention trials Synthesizes lessons learned by established intervention researchers in hospice Care at the Close of Life: Evidence and Experience Stephen J. McPhee, Margaret A. Winker, Michael W. Rabow, Steven Z. Pantilat, Amy J. Markowitz, 2010-12-31 The world's leading source of evidence based guidance on caring for patients at the end of life Featuirng the content of the world's most widely read medical journal plus completely new never before published content Perfect for medical students trainees and clinicians alike Market Audience Medical students 18000 yr US 250 000 global NP and PA students 25 000 yr US 50 000 global IM and FP residents 30 000 US 60 000 global IM and FP clinicians 140 000 US 300 000 global Palliative medicine 3000 US Oncology 20 000 US 60 000 global Social workers About the Book In the tradition of the User's Guides to the Medical Literature and The Rational Clinical Examination JAMA Care at the Close of Life is based on a widely successful series of articles appearing over the course of the last ten years in JAMA the world's most widely read medical journal The series is directed by Stephen McPhee a leading authority of end of life care and the chief editor of our market leading Current Medical Diagnosis and Treatment text The articles in the series cover fundamental topics and challenges in caring for patients who have been given a terminal diagnosis Featuring a strong focus on evidence based medicine and organized by clinical cases the articles are widely read by faculty medical students and clinicians who frankly have not been given a solid educational experience on this very important medical issue The book will be physically modeled after The Rational Clinical Examination in a full color format that highlights the clinical cases It will be well suited for use as an required or recommended textbook for medical PA and NO students and as a clinical reference text for trainees and practicing physicians and nurses Key Selling Features Based on highy regarded content from the world's most widely read medical journal All content is completely updated and extensive new never before published content has been added Case based and evidence based so its a perfect fit for the way medical students and residents like to learn Focuses on practical real world issues for primary care physicians and avoids esoteric issues of interest only to specialists in palliative care Full color format modeled after the highly regarded Rational Clinical Examination Includes multimedia materials available on line Power Point slides for teaching and video interviews with patients in end of life care so that faculty and students get supplemental resources for learning the art and science of care at the end of life Evidence based guidance from the world's leading medical journal on a critical topic that has been neglected in medical education and training until recently Author Profile JAMA is the world's most widely read medical journal and has a reputation for excellence in evidence based medicine Stephen McPhee has high visbility on account of his editorship of CMDT and for his driving role in enhancing end of life care in medical education and training programs He is Professor of Oxford Textbook of Palliative Nursing Betty Rolling Ferrell, Judith Medicine UCSF School of Medicine San Francisco CA

A. Paice, 2019-02-15 The Oxford Textbook of Palliative Nursing remains the most comprehensive treatise on the art and science of palliative care nursing available Dr Betty Rolling Ferrell and Dr Judith A Paice have invited 162 nursing experts to contribute 76 chapters addressing the physical psychological social and spiritual needs pertinent to the successful palliative care team Organized within 7 Sections this new edition covers the gamut of principles of care from the time of initial diagnosis of a serious illness to the end of a patient s life and beyond This fifth edition features several new chapters including chapters on advance care planning organ donation self care global palliative care and the ethos of palliative nursing Each chapter is rich with tables and figures case examples for improved learning and a strong evidence based practice to support the highest quality of care The book offers a valuable and practical resource for students and clinicians across all settings of care The content is relevant for specialty hospice agencies and palliative care programs as well as generalist knowledge for schools of nursing oncology critical care and pediatric Developed with the intention of emphasizing the need to extend palliative care beyond the specialty to be integrated in all settings and by all clinicians caring for the seriously ill this new edition will continue to serve as the cornerstone of palliative care education Research for Nursing and the Health Sciences Sharon Andrew, Elizabeth J. Halcomb, 2009-09-24 Mixed methods research combines quantitative and qualitative research methods in a single study. The use of mixed methods research is increasingly popular in nursing and health sciences research This growth in popularity has been driven by the increasing complexity of research problems relating to human health and wellbeing Mixed Method Research for Nursing and the Health Sciences is an accessible practical guide to the design conduct and reporting of mixed method research in nursing or the health sciences Each chapter stands alone describing the various steps of the research process but contains links to other chapters Within the text real life examples from the published literature doctoral theses and the unpublished work of the authors illustrate the concepts being discussed Places mixed methods research within its contemporary context Includes international contributions from UK Australia NZ and USA Provides an accessible introduction to theoretical and philosophical underpinnings Demystifies strategies for analysing mixed methods data Examines strategies for publishing mixed methods research Includes learning objectives and exemplars in each chapter Final chapters provide real life examples of applied research About the Authors Sharon Andrew is Head of Program Postgraduate and Elizabeth J Halcomb is Senior Lecturer School of Nursing Midwifery University of Western Sydney Also of Interest The Research Process in Nursing Fifth Edition Edited by Kate Gerrish and Anne Lacey 978 14051 3013 4 Research Handbook for Healthcare Professionals Mary Hickson 978 14051 7737 5 Real World Research A Resource for Social Scientists and Practitioner Researchers Second edition Colin Robson 978 0631 21305 5 Reviewing Research Evidence for Nursing Practice Systematic Reviews Edited by Christine Webb and Brenda Roe 978 14051 4423 0 Oxford Textbook of Palliative Medicine Nathan I. Cherny, Marie Fallon, Stein Kaasa, Russell K. Portenoy, David Currow, 2015 Emphasising the multi disciplinary nature of palliative care the fourth edition

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