Millionner.

Face Your Feelings

There are 43 muscles in your face! These muscles tense and relax in many ways that express feelings.

Some experts say it takes 17 muscles to smile and 43 to frown. So, save your energy and smile!

Draw a line from each word to the face that best matches that particular feeling.





















































Facing Your Feelings

JL Elias



Immerse yourself in heartwarming tales of love and emotion with is touching creation, Tender Moments: **Facing Your Feelings**. This emotionally charged ebook, available for download in a PDF format (*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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