Elements of Ergonomics

Ergonomics consists of two major elements, namely:

- A technical part concerning the practical aspects of optimizing workplaces, machines, tools, etc., often called 'Applied Ergonomics'
- A human part concerning the description and knowledge of physical and psychological characteristics of man, e.g. in terms of measures, reactions, needs, capacities and limitations



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Alexander L. Cohen

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Elements of Ergonomics Delmar Thomson Learning, Mastery, 2000-10-01 For all management and supervisory personnel involved in the development and maintenance of an ergonomics program This course teaches the how to of establishing an ergonomics program from the initial organization through the ongoing program monitoring and support For all management and supervisory personnel involved in the development and maintenance of an ergonomics program This course teaches the how to of establishing an ergonomics program from the initial organization through the ongoing program monitoring and support Elements of Ergonomics Programs: A Primer Based on Workplace Evaluations of Musculoskeletal Disorders Alexander L. Cohen, 1997 This primer describes the basic elements of a workplace program aimed at preventing work related musculoskeletal disorders WMSDs Management commitment worker participation and training are addressed along with procedures for identifying evaluating and controlling risk factors for WMSDs The text cites NIOSH ergonomic investigations to illustrate practical ways for meeting program needs The primer includes a toolbox which is a collection of techniques methods reference materials and sources for other information that can help in program development

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