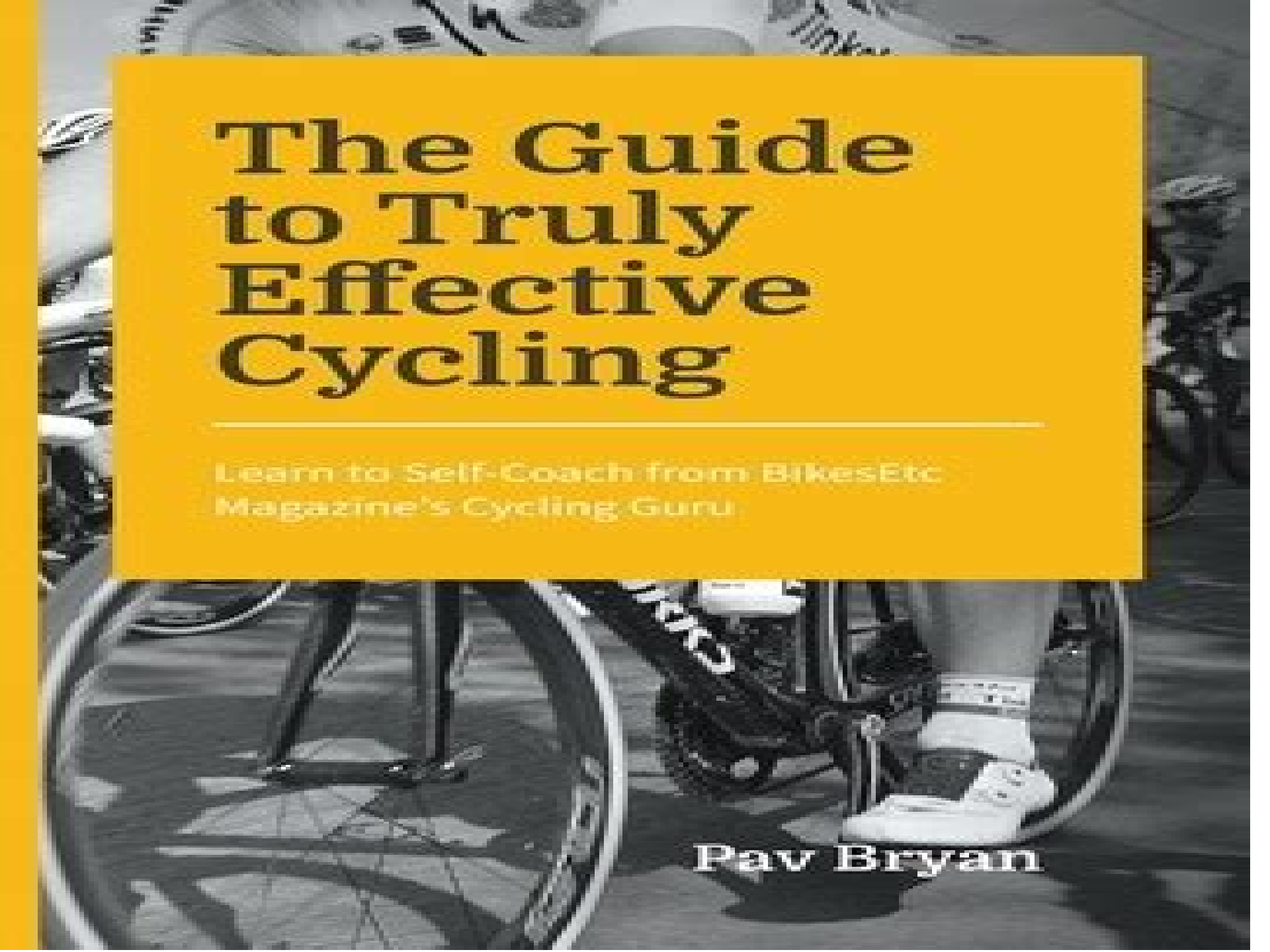




# The Guide to Truly Effective Cycling

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Pav Bryan

# Effective Cycling

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