



# The Good Food of Szechwan

Down-to-Earth Chinese Cooking

Robert A. Delfs

# Good Food Of Szechwan Down To Earth Chinese Cooking

**Food and Nutrition Information Center  
(U.S.)**



## **Good Food Of Szechwan Down To Earth Chinese Cooking:**

**The Good Food of Szechwan** Robert A. Delfs, 1978-04-01      **The Food of Sichuan** Fuchsia Dunlop, 2019-10-03 Winner of the Fortnum Mason Cookery Book Award 2020 Shortlisted for the Guild of Food Writers Award 2020 Shortlisted for the James Beard Award 2020 Cookbook of the year Allan Jenkins OFM No one explains the intricacies of Sichuan food like Fuchsia Dunlop This book remains my bible for the subject Jay Rayner A fully revised and updated edition of Fuchsia Dunlop's landmark book on Sichuan cookery Almost twenty years after the publication of *Sichuan Cookery* voted by the OFM as one of the greatest cookbooks of all time Fuchsia Dunlop revisits the region where her own culinary journey began adding more than 50 new recipes to the original repertoire and accompanying them with her incomparable knowledge of the dazzling tastes textures and sensations of Sichuanese cookery At home guided by Fuchsia's clear instructions and using just a few key Sichuanese storecupboard ingredients you will be able to recreate Sichuanese classics such as Mapo tofu Twice cooked pork and Gong Bao chicken or try your hand at a traditional spread of cold dishes comprising Bang bang chicken Numbing and hot dried beef Spiced cucumber salad and Green beans in ginger sauce With spellbinding writing on the culinary and cultural history of Sichuan and accompanied by gorgeous travel and food photography *The Food of Sichuan* is a captivating insight into one of the world's greatest cuisines This book offers an unmissable opportunity to utilise the wok and cleaver brave the fiery Mapo tofu and expand your technique with pot stickers and steamed buns Yotam Ottolenghi      **Asian Cuisines** E. N. Anderson, Paul D. Buell, Darra Goldstein, 2018-04-30 Sushi kimchi baklava and tofu once seemed exotic These Asian foods have made their way around the world But how representative are they of their home cuisines *Asian Cuisines Food Culture* from East Asia to Turkey and Afghanistan covers the food history food culture and food science of the world's largest and most diverse continent not only East Southeast and South Asia but also Central and West Asia including the countries that straddle Asia and the Middle East Contributors to *Asian Cuisines* include renowned scholars E N Anderson Paul D Buell and Darra Goldstein A glossary provides a quick overview of culinary terms specific to the cuisines Chapters discuss local ingredients and dishes and look at the connection between food and social political economic and cultural developments Each article comes with an easy to make recipe to give readers a taste of more than a dozen tantalizing and varied cuisines This compact volume will be valuable in food studies programs and fills a unique spot on the shelf of anyone who loves to explore the meanings and flavors of world cuisines      **Chow Chop Suey** Anne Mendelson, 2016-11-29 Chinese food first became popular in America under the shadow of violence against Chinese aliens a despised racial minority ineligible for United States citizenship The founding of late nineteenth century chop suey restaurants that pitched an altered version of Cantonese cuisine to white patrons despite a virulently anti Chinese climate is one of several pivotal events in Anne Mendelson's thoughtful history of American Chinese food *Chow Chop Suey* uses cooking to trace different stages of the Chinese community's footing in the larger white society Mendelson begins with the arrival of men from the poorest district of

Canton Province during the Gold Rush She describes the formation of American Chinatowns and examines the curious racial dynamic underlying the purposeful invention of hybridized Chinese American food historically prepared by Cantonese descended cooks for whites incapable of grasping Chinese culinary principles Mendelson then follows the eventual abolition of anti Chinese immigration laws and the many demographic changes that transformed the face of Chinese cooking in America during and after the Cold War Mendelson concludes with the post 1965 arrival of Chinese immigrants from Taiwan Southeast Asia and many regions of mainland China As she shows they have immeasurably enriched Chinese cooking in America but tend to form comparatively self sufficient enclaves in which they unlike their predecessors are not dependent on cooking for a white clientele

**The Cooking of China** Matthew Locricchio, 2012-01-15 Introduces the different culinary regions of China and presents many kinds of recipes for traditional Chinese dishes

**SJ's Winners** Serena Jutkovitz, 1982

**Books in Print** ,1982      **Subject Guide to Books in Print** ,1983      **Books in Print Supplement** ,1985

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