

PIE DIABÉTICO

La prevalencia de la diabetes mellitus aumentó a un 20 % en Puerto Rico, indicó la **Dra. Leticia Hernández**, presidenta de la Sociedad Puertorriqueña de Endocrinología y Diabetología. Además, el 70% de los pacientes con amputación de extremidad inferior son diabéticos.

El descontrol de los niveles de azúcar en la sangre puede afectar la circulación sanguínea y el sistema nervioso (sensibilidad).



Estos problemas en los pies favorecen la aparición de úlceras e infecciones.

DATOS DE ALARMA DE PIE DIABÉTICO



- Hinchazón en las piernas o pies
- Hormigueos y calambres
- Cambios de color o temperatura
- Hongos en piel o uñas
- Piel seca y descamaciones
- Agrietamiento
- Humedad entre los dedos
- Ampollas
- Úlceras o callosidades
- Falta de sensibilidad



La pérdida de sensibilidad en las extremidades y los problemas de movilidad podrían provocar heridas graves que requieran la amputación.

Fuente: Revista MSP e INVDES

LA CLASIFICACIÓN WAGNER



0
Sin lesión: callos gruesos, algunas deformidades óseas.



1
Úlceras superficiales: destrucción del espesor total del pie.



2
Úlceras profundas e infectadas: penetración a la grasa y ligamentos.



3
Úlceras profundas y abscesos al hueso: heridas extensas con secreción y mal olor.



4
Gangrena limitada: afectación a una parte del pie, dedos, talón o planta.



5
Gangrena extensa: afectación a todo el pie con efectos en todo el organismo.

El Pie Diabetico

SA Dillow



El Pie Diabetico:

El Pie Diabetico F. Javier Aragón Sánchez, Pedro Pablo Ortiz Remacha, 2001 **Guía de práctica clínica en el pie diabético** Rosa-Ana del Castillo Tirado, Juan Antonio Fernández López, Francisco Javier del Castillo Tirado, 2015-03-24 Un pie diabético es un pie con heridas o lceras en una persona que padece de diabetes El pie diabético se produce debido a la disfunción de los nervios periféricos en estos pacientes En España la diabetes mellitus afecta a más del 13% de la población adulta mayor de 18 años y su prevalencia sigue aumentando año tras año Enfermera es la encargada de realizar las curas a dichos pacientes Este trabajo trata sobre una revisión bibliográfica sobre el pie diabético en la que consiste los cuidados que requiere su tratamiento y su relación con la labor actual de enfermera en dicho campo *Manejo integral del pie diabético. Cómo evitar amputaciones* Jorge Alberto Rodríguez García, César Ochoa Martínez, Alma Nelly Rodríguez Alcocer, 2024-12-03 El pie diabético es un problema de salud común complejo y costoso Es considerado un problema complejo debido a la heterogeneidad que incluye el determinante social de la salud el cual tiene un impacto significativo en la prestación de atención de cuidados de salud Es importante comprender el impacto que la heterogeneidad tiene en el cumplimiento y la adherencia por parte tanto del paciente como de los profesionales de la salud involucrados en su manejo Para impactar el cambio es imperativo que el médico de atención primaria integre los sistemas de clasificación de riesgos de pies y heridas en la salud de la población sistemas de prestación de servicios para mejorar la calidad disminuir los costos y mejorar el valor dentro del sistema de atención médica La evidencia apoya cuando los sistemas se utilizan en un enfoque de equipo que los resultados se mejoran y las tasas de amputación morbilidad y mortalidad por complicaciones del pie diabético disminuyen [Pie Diabético. Guía práctica para la prevención, evaluación y tratamiento](#) Julia Viadé, 2006 [Diagnóstico y tratamiento de las infecciones del Pie Diabético](#) Diego de Alcalá Martínez Gómez, 2010 **Pie diabético** Tomás Céspedes Céspedes, Adelina Dorca, 1996-11

Levin y o'Neal. el Pie Diabético John H. Bowker, Michael A. Pfeifer, 2008 Séptima edición de esta obra de referencia totalmente actualizada y a todo color que continúa con su objetivo tradicional de proporcionar la información más completa y actualizada sobre el diagnóstico y el tratamiento lo que contribuye a que el especialista pueda manejar más eficazmente los problemas que padecen los pacientes con pie diabético Las más de 650 páginas se dividen en 33 capítulos escritos por 58 autores de los cuales 23 han sido completamente actualizados por sus autores mientras que ocho son de nueva autoría Han sido organizados en seis secciones la última dedicada a los aspectos médicos legales Destaca la presencia de cuadros al final de la mayoría de capítulos que contienen Claves y Dilemas un instrumento muy útil para destacar los puntos críticos Proporciona perspectivas multidisciplinarias a los diferentes profesionales que participan en el abordaje de los pacientes diabéticos con estas complicaciones lo que incluye ortopedas endocrinólogos cirujanos vasculares podólogos y enfermeras entre otros Tanto los editores como los autores que han participado en esta edición esperan que la información presentada sea de utilidad para reducir el alarmante índice de amputaciones asociadas a la diabetes mellitus Obra de referencia totalmente actualizada y a

todo color que en su s ptima edici n contin a con su objetivo tradicional de proporcionar la informaci n m s completa y actualizada sobre el diagn stico y el tratamiento de los pacientes con pie diab tico Destaca la presencia de cuadros al final de la mayor a de cap tulos que contienen Claves y Dilemas un instrumento muy til para destacar los puntos cr ticos Proporciona perspectivas multidisciplinarias a los diferentes profesionales que participan en el abordaje de los pacientes diab ticos con estas complicaciones *La Diabetes en la Práctica Clínica* Francisco Javier Tébar Massó,2014-07-17 El lector va a encontrar suficientes datos para una buena pr ctica cl nica Para ello esta obra refleja la mayor parte de problemas de esta enfermedad y que estos problemas sean analizados y expuestos por expertos en las diferentes reas **CUIDADOS DEL PIE**

DIABETICO VICTOR MANUEL AYALA MILLA,2012-09-20 Con esta gua pretendemos darle la importancia que se merece la higiene particular de los pies as como de seguir una gua espec fica pero muy sencilla de realizar **La Revista Chilena de Cirugía** ,1994-10 Transtornos Circulatorios en Cirugía Enrique Martínez Rodríguez,José Paz Jiménez,1994 **Úlceras de la extremidad inferior** Josep Marinello Roura,2005 The Diabetic Foot: Preventing Loss and Amputation A Pictorial Approach / El Pie Diabético: Prevenir la Pérdida Y la Amputación Un Enfoque Michael J. Marcus,2021 The book presents vital information on how diabetes affects the foot ankle and aims to reduce the extent frequency of limb loss It is presented in both English Spanish *El pie diabético* David Grinfeld,Jorge Salvioli,Roberto Castelletto,1974 Manual para la revisión del pie en el paciente con diabetes Carlos Gurrola Togasi,2024-12-09 Manual para la revisi n del pie en el paciente con diabetes es una obra bien documentada de f cil lectura y sobre todo sistematiza el procedimiento para la revisi n del pie El lector dispone de un acervo de conocimientos de anatom a fisiolog a y patolog a que le permiten orientar el plan terap utico de su paciente Aun cuando el t tulo hace referencia al paciente con diabetes los conceptos son aplicables para la exploraci n del pie sano Se estudia la valoraci n de problemas dermatol gicos vasculares y de neuropat a que por su frecuencia son hallazgos de la consulta general Queda de manifiesto la importancia del trabajo multidisciplinario en beneficio del paciente La cooperaci n y el intercambio de informaci n enriquecer n la interconsulta entre el equipo de salud y con ello la atenci n integral del paciente **Semiología Médica** Marcelo E. Álvarez, **Infecciones Quirúrgicas** Xavier Guirao Garriga,2006-12

Todo Sobre Diabetes Infantil Fermín E. Guerrero,2006-02 Presents information and advice for the parents of children with diabetes including general information about the disease advice for living with it an exercise plan diet recommendations and a collection of healthy recipes **APLICACIÓN CLÍNICA DE LAS TÉCNICAS NEUROMUSCULARES.**

Extremidades inferiores (Bicolor) Leon Chaitow,Judith Walker DeLany,2007-01-08 Este segundo volumen de la obra Aplicaci n cl nica de las t cnicas neuromusculares se dedica a la terapia en la parte inferior del cuerpo Las disfunciones musculoesquel ticas son tratadas de nuevo desde dos contextos que se entremezclan la relaci n de la zona disfuncional con el resto del organismo y las influencias externas a las que el organismo puede responder como la postura la marcha influencias ambientales deportes y estilo de vida Una correcta evaluaci n de los rasgos etiol gicos subyacentes es fundamental para

aplicar la terapia más adecuada por ello se presentan un gran número de métodos de evaluación y tratamiento provenientes tanto de la experiencia personal de los autores como de otros expertos clínicos que tratan muchos problemas y aportan soluciones El Dr Leon Chaitow es profesor de la Universidad de Westminster Londres Reino Unido y la Dra Judith Walker DeLany es profesora de Terapia Neuromuscular y directora del Centro de Terapia Neuromuscular NMT Center en San Petersburgo Florida EE UU The Diabetes Problem Solver Nancy Touchette,1999-06 People with diabetes can turn to this dictionary style reference for solutions to the most common problems Readers can use The Diabetes Problem Solver to look up problems under the key word and follow a flow chart of questions to find practical advice and solutions to most any diabetes self care problem

El Pie Diabetico Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has be much more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **El Pie Diabetico**, a literary masterpiece that delves deep into the significance of words and their affect our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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Table of Contents El Pie Diabetico

1. Understanding the eBook El Pie Diabetico
 - The Rise of Digital Reading El Pie Diabetico
 - Advantages of eBooks Over Traditional Books
2. Identifying El Pie Diabetico
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an El Pie Diabetico
 - User-Friendly Interface
4. Exploring eBook Recommendations from El Pie Diabetico
 - Personalized Recommendations
 - El Pie Diabetico User Reviews and Ratings
 - El Pie Diabetico and Bestseller Lists
5. Accessing El Pie Diabetico Free and Paid eBooks

- El Pie Diabetico Public Domain eBooks
 - El Pie Diabetico eBook Subscription Services
 - El Pie Diabetico Budget-Friendly Options
6. Navigating El Pie Diabetico eBook Formats
 - ePub, PDF, MOBI, and More
 - El Pie Diabetico Compatibility with Devices
 - El Pie Diabetico Enhanced eBook Features
 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of El Pie Diabetico
 - Highlighting and Note-Taking El Pie Diabetico
 - Interactive Elements El Pie Diabetico
 8. Staying Engaged with El Pie Diabetico
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers El Pie Diabetico
 9. Balancing eBooks and Physical Books El Pie Diabetico
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection El Pie Diabetico
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine El Pie Diabetico
 - Setting Reading Goals El Pie Diabetico
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of El Pie Diabetico
 - Fact-Checking eBook Content of El Pie Diabetico
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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